# TEMPE Opportunities

Winter 2025

tempe.gov/play



Classes Held Jan. - March Registration Begins

Tempe Residents: Dec. 9 Non-Tempe Residents: Dec. 16



PLAY LEARN LIVE GROW



#### **Fare Facts**

Valley Metro's new Smart Fare system makes paying your fare more convenient and will save you money the more you ride. Choose between paying with the Valley Metro app OR a Copper card and load money to your account before you ride. You don't have to pay the full cost of a pass upfront and you only pay for the trips you take! NOTE: The price of fares is not changing. The price for one ride remains \$2 for full fare, \$1 reduced fare.

For Local service, you will never be charged more than the fares shown below.

	full fare maximum	reduced fare* maximum
Daily	\$4	\$2
Weekly (Monday – Sunday)	\$20	\$10
Monthly (Calendar)	\$64	\$32

\*For more information on the new Smart Fare system, go to **valleymetro.org/fares**.

People ages 6 to 18 or 65 and older, people with disabilities, and Medicare card holders are eligible for reduced fares. Children under 6 ride free with a farepaying adult. Passengers must have valid proof of eligibility to use reduced fares.

#### **Tempe Transit Store**

The Tempe Transit Store is located at 200 E. Fifth Street, 1st floor of the Tempe Transportation Center. The hours of operation are Monday to Friday, excluding holidays, from 8 a.m. to 5 p.m. Transit-related services and fare purchases are available during these business hours.

#### **Free Youth Transit Pass**

The Tempe Youth Transit Pass Program allows Tempe and Guadalupe kids aged 6 to 18 to ride all Valley Metro bus routes and light rail for free. Passes are available at the Tempe Transit Store, 200 E. Fifth St., from 8 a.m. to 4:30 p.m., Monday through Friday, excluding holidays. You can get your transit pass at the school if you attend Tempe, Marcos de Niza, or McClintock high schools AND LIVE IN TEMPE OR GUADALUPE. For more information, please visit **tempe.gov/YouthPass**.

#### **Bus Routes**

Tempe has 13 local bus routes and two express routes.

Bus service operates daily, with most buses running every 15-20 minutes during rush hour and every 30-60 minutes all other times.

Bus stops are typically located every quarter mile. All buses are wheelchair accessible and have bicycle racks.

Express routes operate during rush hour on weekdays.

#### **Light Rail**

The 30-mile light rail line connects Phoenix, Tempe and Mesa, including six miles through the heart of Tempe.

The light rail operates daily, with 15-minute service during weekday rush hour.

#### **Tempe Streetcar**

Tempe Streetcar is 3.1 miles long with 14 stops. It operates daily, with 15 to 20-minute service. Streetcar continues to be free for riders in 2024. When the freefare period ends, Streetcar fare will be \$1 per ride, or \$0.50 with Reduced Fare ID.

#### **Orbit and FLASH**

Tempe has one free FLASH route and six free Orbit neighborhood circulator routes.

Tempe's FLASH (Free Local Area Shuttle) serves downtown Tempe and ASU with 15-minute weekday service.

Orbit operates daily, with 15-minute weekday and Saturday service and 30-minute Sunday service. Orbit Saturn operates every 30 minutes daily.

#### Paratransit and RideChoice

Paratransit provides Transportation for ADA-certified passengers. for trip scheduling, call 602-716-2200. for TTY-TDD (hearing and speech impaired), call 602-251-2039.

RideChoice provides transportation for those 65 and older, people with disabilities and ADA-certified passengers. For trip scheduling, call 602-716-2111.

For eligibility, contact the Valley Metro Mobility Center at 602-716-2100.

**Tempe Transit Store:** 480-858-2350

Valley Metro Routes & Schedules: 602-253-5000

tempe.gov/TempeinMotion valleymetro.org



Activities for Tots (0-5 yrs)	
Arts & Crafts	7-8
Dance, Music & Theater	
Health & Fitness	
Special Interest	
Sports	
οροι ο	10
Activities for Youth (5-12 yrs)	
Arts & Crafts	11-12
Boating	12
Health & Fitness	
Special Interest	
Sports	
Sports	13-10
Activities for Teens (12-18 yrs)	
Arts & Crafts	17
Boating	
Health & Fitness	
Sports	
Oports	10
Activities for Adults (18 yrs+)	
Arts & Crafts	26-28
Boating	
Health & Fitness	
Special Interest	
Sports	
Sports	33-30
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#### Registration

Tempe Residents: December 9

Non-Residents: December 16

#### **City of Tempe, Health & Wellness Practices**

- o Stay home if you are sick
- o Practice hand hygiene such as washing with soap and water or using sanitizer
- o Bring your own water bottles and water

## Connect with Tempe



facebook.com/TempeRecreation



@TempeParksandRec



tempe.gov/newsroom



twitter@tempegov

**₽** YouTube

YouTube.com/Tempe11video

#### **Corrections and Updates**

The City of Tempe makes every effort to ensure that each Opportunities Brochure is free of error. To view the web version of the Opportunities Brochure online, visit tempe.gov/play.



Clark Park Community Center 1730 S. Roosevelt St. 480-350-5208 • tempe.gov/clark



Edna Vihel Arts Center 3340 S. Rural Road 480-350-5287 • tempe.gov/ednaarts



Escalante Community Center 2150 E. Orange Street 480-350-5800 • tempe.gov/escalante



Kiwanis Park Recreation Center 6111 S. All-America Way 480-350-5201 • tempe.gov/kiwanis



Pyle Adult Recreation Center 655 E. Southern Avenue 480-350-5211 • tempe.gov/pyle



North Tempe Multi-Generational Center 1555 N. Bridalwreath Street 480-858-6500 • tempe.gov/northtempe



Petersen House Museum 1414 W. Southern Avenue 480-350-5151 • tempe.gov/museum



SRP Town Lake Marina 550 E. Tempe Town Lake 480-350-8069 • tempe.gov/boating



Tempe Center for the Arts 700 W. Rio Salado Parkway 480-350-2822 • tempecenterforthearts.com



Tempe History Museum 809 E. Southern Avenue 480-350-5100 • tempe.gov/museum



Tempe Public Library 3500 S. Rural Road 480-350-5500 • tempepubliclibrary.org



Westside Community Center/ Cahill Senior Center 715 W. 5th Street 480-858-2466• tempe.gov/westside

#### **Code of Location Abbreviations**

BEN	Benedict Sports Complex	Kyrene & Guadalupe Roads	KTWB	Kiwanis Park Ballfields	6005 S. All-America Way
CLRK	Clark Park Community Center	1730 S. Roosevelt St.	KRC	Kiwanis Park Recreation Center	6111 S. All-America Way
CSC	Dennis J. Cahill Senior Center	715 W. Fifth St.	NCC	North Tempe Multi-Gen.Center	1555 N. Bridalwreath St.
DAL	Daley Park	Encanto Dr. & College Ave.	PAC	Pyle Adult Recreation Center	655 E. Southern Ave.
EDNA	Edna Vihel Arts Center	3340 S. Rural Rd.	PDP	Papago Dog Park	Curry Road & College Ave.
ESCA	Escalante Community Center	2150 E. Orange St.	SBMTF	Sunshine's Boxing Muay Thai Fi	tness 8154 S. Priest Dr.
GMG	Gold Medal Gym	1700 E. Elliot Rd. #9	TBP	Tempe Bouldering Project	2626 S. Hardy Dr.
HOLLIS	Hollis Park	3421 S. Kenneth Place	TSC	Tempe Sports Complex	8401 S. Hardy Dr.
HSN	Hitsquad Ninja	1275 W. Elliot Rd.	TTLM	SRP Town Lake Marina	550 E. Tempe Town Lake
KMGC	Ken McDonald Golf Course	800 E. Divot Dr.	WCC	Westside Community Center	715 W. 5th St.



#### **Tempe City Council**



Councilmember Randy Keating, Councilmember Berdetta Hodge, Vice-Mayor Doreen Garlid, Mayor Corey D. Woods, Councilmember Arlene Chin, Councilmember Jennifer Adams, Councilmember Nikki Amberg



#### Come out and play!

It is that time of year we have all been waiting for-when we get to enjoy Tempe's annual PlayDay!

The wildly popular event returns on Saturday, Feb. 22 with plenty of fun play for kids of all ages.

From 10 a.m.-2 p.m., families can enjoy a variety of free activities that will get their legs moving and their heart pounding, including an agility course, rock climbing wall, sports and kayaking. Other programs will encourage them to expand their minds and creativity, such as art, STEM, literary and gardening activities.

PlayDay is a collaboration between Tempe Parks & Recreation, Tempe Public Library, Tempe Community Arts and Kid Zone Enrichment Program. PlayDay is sponsored in part by the Tempe Diablos.

For information, visit tempe.gov/FamilyFun or call 480-350-5200.

#### **City Manager**

Rosa Inchausti

## **Community Services Director**

Craig Hayton

#### **Deputy Directors**

Alex Jovanovic, Parks Deputy Director Shawn Wagner, Recreation Deputy Director Brendan Ross, Arts & Culture Deputy Director Jessica Jupitus, Library Deputy Director

#### **City of Tempe Citizens Groups**

#### **Desert Conservation Commission**

Laura Stewart, Chair Kelli Cholieu, Vice-Chair Donald Burt, Kimberly Gaffney-Loza, Dushawn John-Armenta, Ricardo Leonard, Shereen Lerner, Jane Neuheisel and Elba Quintero

#### **Library Advisory Board**

Chris Sar, Chair Marie Brown, Vice-Chair Jessica Brown, Dr. Felicia Durden, Shari Laster, Jesse Shank and Teri Metros

## Parks, Recreation, Golf and Double Butte Cemetery Advisory Board

Susan Carlson, Chair Elizabeth Hatch, Vice-Chair Sharon Doyle, Mary Farmer, Thomas Klabunde, Shereen Lerner, Gerardo Lopez, Cory Pechtl, Regina Ponder, Lane Waddell and Lisa Zyriek

#### **Arts and Culture Commission**

Maureen Kobierowski, Chair Jacqueline Bernatt, Vice-Chair Kevin Godfrey-Chevalier, Andrea Hanley, Will Lucht, Haylee Mills, Lisa Roach, Teresa Robinette, Jennifer Song, Justin Stewart and Virginia Sylvester

## 4 Easy Ways to Register!

#### **Online Registration**

Log-on to: tempe.gov/play

- Set up an account on your first visit.
  Create your login name and password.
- Forgot your login or password? Call 480-350-5200

#### Mail-In Registration

Mail Registration Form to: Tempe Class Registration 3500 S. Rural Road, Suite 201 Tempe, AZ 85282

#### **Fax-In Registration**

Fax Registration Form to: 480-350-5058
\* Phone-In Registration is not available

#### Walk-In/Drop-Off Registration

Clark Park Community Center, 1730 S. Roosevelt St.

Escalante Community Center, 2150 E. Orange St.

Kiwanis Recreation Center, 6111 S. All-America Way

North Tempe Multi-Gen Center, 1555 N. Bridalwreath St.

Pyle Adult Recreation Center, 655 E. Southern Ave.

Westside Multigenerational Center, 715 W. Fifth St.









#### **Payments**

Payment must accompany the registration form. Credit cards (Visa, MasterCard, Discover and American Express), checks and debit cards are acceped. Credit and debit cards will only be charged when class enrollment is secured.

Overpayment by cash or check will be credited toward future class enrollments. Placement on a waiting list will only result in a fee if the patron is enrolled in the class.

#### Refunds/Cancellations/Withdrawals

No cash refunds. In the event the class is cancelled or the participant withdraws, a credit will be applied to the family account. The participant may request a refund instead of a credit on account. If the payment was made with a credit card, the amount will be refunded to the credit card. If the payment was made with cash or check, a check will be issued from the City for the refund amount to the individual that made the initial payment. Withdrawal requests made after the class begins may be subject to an administrative fee. Please allow up to 10 business days for refund processing.

#### **Registration Informaton**

- Tempe resident registration begins December 9. Non-resident registration begins December 16. Registration cannot be processed before this time.
- Online Registration begins at 9 a.m. on December 9.
- Use a separate registration form for participants with different addresses.
- Participants will be placed on waiting lists only if an alternate choice is not listed.
- Waiver of Liability Signature is required at the bottom of form.
   Those under 18 years of age must be signed for by a parent or guardian.
- City of Tempe is not responsible for lost or misdirected mail or faxes
- Due to the large volume of registrations received, staff cannot confirm receipt of registration requests over the phone.

#### Resident/Non-Resident Policy

A Tempe Resident is any person living within the corporate limits of the City of Tempe. A Post Office Box is not considered a Tempe residential address.

Individuals residing outside of the City of Tempe and attending Tempe schools, or who own property in Tempe, are considered Non-Tempe Residents. Random address checks will be made to confirm residency. Non-Tempe Residents with false addresses will be dropped from activities with no refund.

#### **Registration Confirmation**

Online Registration: Is processed in real time and the system will indicate class availability, then confirm enrollment or waitlist status. Confirmation of enrollment will not be mailed.

#### Mail-In, Drop-Off & Fax

A registration confirmation will be mailed to the participant indicating class status. If you have not received notice within two weeks, please call 480-350-5200 to confirm address on file.

#### Faas

Scholarship Assistance for various programs is available for Tempe and Guadalupe Residents ages 0-17 years, or for Non-Tempe Resident youth enrolled in a Tempe Public School only. For additional information, call 480-350-5200. Fees charged for classes/activities are to off-set the cost of instruction and materials.

#### **Notice to Participants**

All programs and facilities are open to all citizens regardless of race, religion, age, country of origin, gender, sexual orientation or disabilities.

The City of Tempe Community Services Department is dedicated to providing qualified staff, safe facilities and equipment for all participants. All classes/activities of a physical nature involve some risk. By registering for the class/activity of this nature, there is an assumption of risk by the participant.

City of Tempe carries no medical insurance and assumes no liability for personal injuries or loss of personal property of persons participating in or attending City of Tempe classes/activities. Participant's family policy must cover any medical costs incurred.

It is the responsibility of individuals or guardians of individuals participating in a City of Tempe class/activity to notify the City of Tempe of any physical limitations that impair their activity in the program for which they are registered.

Tempe Resident Registration begins December 9. Non-resident registration begins December 16.

Online: tempe.gov/play Fax: 480-350-5058 Mail: Class Registration, 3500 S. Rural Rd, Suite 201, Tempe, AZ 85282 General Information: 480-350-5277 TTY 480-350-5050 Drop Off Locations:
Clark Park Community Center North Tempe Multi-generational Center Pyle Adult Recreation Center Westside Multi-Generational Center

Head of Househol	d Informa	tion	(Please Print	t)				
ADULT CONTACT Last Name			First Name	-,	MI	Home Phone		
						Work Phone		
Street Address			A	Apartm	ent/Unit.No.			
						Additional Phor		
City		State		Zip C	ode	Additional Phor		
						□ Cell □ Spou		
Birth date	Male or Fema	le	E-mail Address					
In case of Name emergency notify:					Phone		Relationship	
Registration Request	: >> Ma	rk box i	f Course # is alte	ernate	choice.			
Last Name MI First Na	me	M/F	Date of Birth		Class/Acti	vity Name	Class/Activity Code	Fee
							☐ CHECK if alternate	
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						TOTAL AMO	OUNT DUE: \$	6
			Waive	r of I	iability	-	,	
■ With knowledge and appreciatic ■ I understand the City of Tempe ■ I understand that all reasonable ■ If the Class/Activity includes any ■ I fully understand the nature of members, and sponsors for ar members, and sponsors for pr Class/Activity. ■ I agree, without any right of pa reproductions, by the City of Te ■ I agree to look to my private ph might need to the Class/Activity.  I have read and clearly underst- sign it of my own free will.	does not carry a e efforts will be every y physical exertic this Class/Activity and all rights ersonal injury, dayment or of edi mpe for dissemir ysician for medic v. I will require the	ccident, stended to an I agreed, and claime eath, or atting, to the atting advice e following could be attingted and advice e following attingtion in a seal advice e	sh to participate in the sickness, or medica of insure my health are to perform the exemination and release are for damages of property damages on property damages and the use of images of all types of media for a read to nong accommodation	this Claal insural and safe ercise a and hole r costs suffered for me and roughly to particular to p	ss/Activity. I agree to noce for participants. et my own ability level. d harmless the City o I may have against t by me, or that I mand/or my children, incompleted in the relations purposes. teacher or instructor cipate:	f Tempe and any of in the City of Tempe, it ay cause to others, cluding reproductions of any physical limite	its agents, employees, offices agents, employees, offices as a result of my participals of photos, video, film, auditions I might have or modifi	ers, cound ers, cound ation in th
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Signature of Partion	cipant .	<u>X</u>	(Parent or Guar	rdian if	Participant is under	Da	at <u>e</u>	
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Credit Card Authorization Signature:

☐ Credit Card #



# **Inclusion Form**City of Tempe Community Services Programs

Complete and submit to the City of Tempe Community Services Department prior to the start of the class, program or activity the accommodation request pertains to. *All sections need to be completed.* For more information, visit tempe.gov/brochure and review the City of Tempe Inclusion Program.

	SECT	ON 1		
Name of Participant:		D	ate of Birth :	
Name of Parent/Legal Guardian:				
Address:				
City:	State:	Zip Code:	Tempe Resident?	YES/NO
Primary Phone Number:		Secondary Pho	one Number:	
Email Address:				
	SECT	ION 2		
Program, Class or Activity Name:				
Program, Class or Activity Code:				
Location:				
Dates of program, session or season				
Has the registrant previously partic	ipated in City of Ter	npe Programs be	efore? YES/NO	
Has the registrant previously partic	ipated in City of Ter	npe Adaptive Re	ecreation Programs before?	YES/NO
	SECT	ON 3		
What accommodations are you red	questing?			
Adaptation or modification of	finstruction	Vision or H	learing Impairment	
Adaptation or modification of		 Sign Langu		
Other [please explain]:				
	CF.071	ON 4		
	SECTI	ON 4		
Please share details that you feel ar	e important for us t	o know when re	eviewing this request.	
This	form may be submi	tted the following	ng ways:	
1	L. Email : samantha	mason@tempe	e.gov	

2. Mail: Tempe Adaptive Recreation, Attn: Samantha Mason, 3500 S. Rural Rd., Suite 201 Tempe, AZ 85282

Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for tots. Additional offerings for older tots may be viewed within the Activities for Youth (5-12 Years) section.

#### **Tots Class Guidelines**

For your child's safety, children 5-years-old and under must be accompanied to and from the classroom.

Children 5-years-old and under who are enrolled in back-to-back classes must be released to a parent between classes. Teachers and staff will not be responsible for making sure your child gets to his/her next class.

Classes are designed for the ages listed. Children must meet the age requirement as of the first class.

Children must be able to participate independently except in specified parent/child activities.

Children must be toilet-trained for all classes without parents.

Observers and non-registered individuals, including siblings, are not permitted in classes.



Art is a messy business. Please send children in old clothing. Although aprons are available, they may not protect all clothing. Non-toxic products are used, but may bond with some fabrics.

#### Arts & Crafts

## Art Explorers; Sky & Space Parent/Child

Explore new and exciting ways to create art with unique tools and materials while finding inspiration from book illustrations, photos and paintings of everything up above. This class will encourage the budding artist to experiment with found objects and fun painting tools. For more information, visit tempe.gov/EdnaArts. Fee: \$35. 480-350-5287

81871 2-5 yrs T 1/21-3/4 9-9:45 a.m. EDNA 81870 2-4 yrs T 1/21-3/4 10-10:45 a.m. EDNA

## Art Explorers for Minis; Sky & Space Parent/Child

Discover the magic of art using unique tools and materials while finding inspiration in picture books, photos, songs and paintings of the universe. Enjoy a creative playground for developing motor skills with music, movement and art while working with fun objects and new ways to paint. For more information, visit tempe.gov/EdnaArts. Fee: \$35. 480-350-5287 81872 1-2 yrs T 1/21-3/4 11-11:45 a.m. EDNA



## Art Through the Pages; Express Yourself; Parent/Child

Read along and celebrate you. Each week, enjoy a picture book about confidence and self-love, then create a piece of art based on the characters, theme or setting. You and your little one will learn art concepts while building early literacy skills and a love of reading. For more information, visit tempe.gov/EdnaArts. Fee: \$35. 480-350-5287

81873 3-5 yrs W 1/22-3/5 9-9:45 a.m. EDNA 81874 2-4 yrs W 1/22-3/5 10-10:45 a.m. EDNA

## Art Treasures; Glitters & Gold

Let your creativity sparkle in this enchanting world of glitter, gold and all things shiny. Experiment with texture, color and light to craft your very own art treasures. For more information, visit tempe.gov/EdnaArts. Fee: \$30. 480-350-5287

Parent/Child

81877 2-4 yrs Sa 2/1-3/8 9-9:45 a.m. EDNA 81875 3-5 yrs Sa 2/1-3/8 10-10:45 a.m. EDNA Independent 81876 4-6 yrs Sa 2/1-3/8 11-11:45 a.m. EDNA

## Bright Art Adventures; Under the Sea Parent/Child

Dive into a world of ocean-themed fun. Create colorful sea creatures, shimmering ocean scenes and take part in imaginative aquatic adventures. This class encourages creativity, development of art skills and social development through playful activities. For more information, visit tempe.gov/EdnaArts. Fee: \$35. 480-350-5287

81882 2-4 yrs Th 1/23-3/6 9-9:45 a.m. EDNA 81883 2-5 yrs Th 1/23-3/6 11-11:45 a.m. EDNA

Register for Classes Online! tempe.gov/play

#### **Activities for Tots (0-5 Years)**



#### Bright Art Adventures for Minis; Under the Sea: Parent/Child

Bring all your little fish to this colorful class that explores the joys of the underwater world. Find inspiration from songs and stories, then enjoy messy creation through painting, coloring, sculpting and creative play. Young explorers will develop motor skills, while discovering more about the sea.

For more information, visit tempe.gov/EdnaArts.

Fee: \$35. 480-350-5287

81881 1-2 yrs Th 1/23-3/6 10-10:45 a.m. **EDNA** 

#### Creative Crawlers; Parent/Child

Join a multi-sensory class that blends play, music, movement and art into a creative experience for your baby. From finger painting to exploring soft textures, squishy gels and gentle water play, you and your baby can create, move and play in a rich environment made for cognitive and sensory development. For more information, visit tempe.gov/EdnaArts.

Fee: \$35. 480-350-5287

81905 6-12 mos Th 1/23-3/6 11-11:45 a.m. **EDNA** 

#### **Elements of Art; Opposites**

See page 12 for a complete description and class times.

#### Messy Art for Minis; Twinkle & Glow Parent/Child

Your messy tot will love getting hands-on with art. Projects, based on fun songs and fingerplays, will allow your tot to wiggle, dance and sing, before getting messy. Children develop their fine and gross motor skills in this twinkling class. Come ready to turn messes into "mess-terpieces."

For more information, visit tempe.gov/EdnaArts.

Fee: \$35. 480-350-5287

81927 1-2 yrs Th 1/23-3/6 9-9:45 a.m. **EDNA** 81915 1-2 yrs Th 1/23-3/6 10-10:45 a.m. **EDNA** 

#### Precious Pottery; Light-Up Parent/Child

Work alongside your little one to learn the basics of pottery. from shaping clay to adding textures and designs. Transform clay into de-"light"-ful works of art to be kiln-fired, making durable keepsakes to cherish. This class is a perfect type of art for getting your hands dirty with your tot.

For more information, visit tempe.gov/EdnaArts.

No class 2/17. Fee: \$35. 480-350-5287

**EDNA** 81878 2-4 yrs M 1/27-3/3 10-10:45 a.m. 1/27-3/3 81879 2-5 yrs M **EDNA** 11-11:45 a.m.

#### Simply Sensory Art Time; Illuminated Imagination; Parent/Child

Excite curiosity, creativity and imagination through process-oriented, explorative art. This class provides you and your little artist with messy tools for illuminated discovery with a variety of sensory-rich projects and activities.

For more information, visit tempe.gov/EdnaArts.

No class 2/17. Fee: \$25. 480-350-5287 81933 2-4 yrs M 9-9:45 a.m. **EDNA** 1/27-3/3

#### Storytime Art for Minis; **Express Yourself; Parent/Child**

Enjoy the wonders of art with interactive storytelling and delightfully messy, expressive art activities. Join us for bonding experiences that spark early creativity and self-love in a nurturing, playful environment. For more information, visit tempe.gov/EdnaArts. Fee: \$35. 480-350-5287 81937 1-2 yrs W 1/22-3/5 11-11:45 a.m. **FDNA** 

#### Dance, Music & Theater

- · Tights/leotards and/or loose shorts/t-shirts recommended for dance/movement classes.
- Secure hair away from face for dance/movement classes.
- · Dance shoes or securely fastened shoes for dance and movement classes must be worn at all times.

#### Fingerplays and Action Songs Light & Shadow Play; Parent/Child

Move your fingers, arms and body as you use finger plays and action songs to improve language learning and motor skills. Each week will add new words to your child's vocabulary or strengthen ones they already know, while exploring the fun of light and shadows. For more information, visit tempe.gov/EdnaArts Fee: \$27. 480-350-5287 81928 1-2 yrs W 1/22-3/5 10-10:45 a.m. **EDNA** 

#### Imagination Theater; Bright Ideas Parent/Child

Enjoy a playful class where you can let your imagination soar. With theatric games, storytelling and simple performances, you will explore new ideas and bring characters to life. Build confidence, learn to express yourself and work together with friends while enjoying your favorite activity: play. No class 2/17. For more information, visit tempe.gov/EdnaArts.

Fee: \$19, 480-350-5287

81912 2-5 yrs M 1/27-3/3 10-10:45 a.m. **EDNA** 81913 2-4 yrs M 1/27-3/3 11-11:45 a.m. **EDNA** 

#### Music and Me; Sparkle and Shine Parent/Child

Enjoy brain-building experiences with familiar tunes and rhythmic jam sessions all about things that sparkle and shine, just like you. Music makers take part in imaginative play, rhythmic movement and sing-alongs while experimenting with new instruments. For more information, visit tempe.gov/EdnaArts. Fee: \$27. 480-350-5287 81936 2-5 yrs T 1/21-3/4 9-9:45 a.m. **EDNA** 

#### Mini Music Makers; Sparkle and Shine Parent/Child

Time to shake, rattle and roll while celebrating everything that makes you "you"-nique. Little ones can enjoy tummy time, snuggle up for a bounce song or get up and dance to fun tunes sure to get you moving to the beat. Participate at your own level: listen, vocalize, play, experiment and sing along. For more information, visit tempe.gov/EdnaArts.

Fee: \$27. 480-350-5287

81935 1-2 yrs T 1/21-3/4 10-10:45 a.m. **EDNA** 81934 6-12 mos T 1/21-3/4 11-11:45 a.m. **EDNA** 

## Playing Through the Pages; All Smiles Parent/Child

Read and get inspired by new stories each week, then see where your imagination takes you with creative movement, sensory activities and dramatic play based on the characters, setting or theme. Each session, there will be new books and activities to explore. For more information, visit tempe.gov/EdnaArts. Fee: \$19. 480-350-5287 81914 1-2 yrs M 1/27-3/3 9-9:45 a.m. EDNA

## Puppet Party; Light & Shadow Play Parent/Child

Bring your hands and imagination to this exciting class where fine motor skills take center stage. Create and explore a new type of puppet each week, then share your very own show. Learn to make puppets move, walk and talk through silly stories, games and songs. For more information, visit tempe.gov/EdnaArts. Fee: \$35. 480-350-5287

81931 2-4 yrs W 1/22-3/5 9-9:45 a.m. EDNA 81932 2-5 yrs W 1/22-3/5 11-11:45 a.m. EDNA

#### Health & Fitness

#### Classes at Gold Medal Gymnastics®

Founded by 1996 Olympic Gold Medalist, Amanda Borden, Gold Medal Gymnastics® provides a safe, positive place where gymnasts pursue goals, self-motivate and develop communication skills while building memories, relationships and confidence. Coaches are USA-certified to provide tools necessary to bring out the best in your gymnast. For gym information, visit goldmedalgym.com/tempe. 480-350-5200

#### **Gymnastics: Introduction to Gymnastics**

Learn the fundamentals of gymnastics at Gold Medal Gymnastics®. Students will be introduced to basic gymnastics skills using four Olympic events: bars, beam, floor and vault. Basic skills will be demonstrated using a Tumble Track trampoline. Classes are taught by USA-certified gymnastics staff members. Fee: \$54.

81808	3-4 yrs	W	1/8-1/29	10-10:45 a.m. GMG
81809	3-4 yrs	W	2/5-2/26	10-10:45 a.m. GMG
81811	3-4 yrs	W	3/5-3/26	10-10:45 a.m. GMG
81806	3-4 yrs	Sa	1/11-2/1	11:45 a.m12:30 p.m. GMG
81807	3-4 yrs	Sa	2/8-3/1	11:45 a.m12:30 p.m. GMG
81810	3-4 yrs	Sa	3/8-3/29	11:45 a.m12:30 p.m. GMG

#### Gymnastics; Parent/Tot

Work one-on-one with your child to improve coordination, balance and heighten concentration, while learning basic tumbling moves. Classes are taught by USA-certified gymnastics staff members. Prerequisite: Children must be able to walk. Parent participation is required. Fee: \$46.

81815	1-3 yrs	W	1/8-1/29	9-9:45 a.m.	GMG
81816	1-3 yrs	W	2/5-2/26	9-9:45 a.m.	GMG
81817	1-3 yrs	W	3/5-3/26	9-9:45 a.m.	GMG

#### **Preschool Program**





#### Kid Zone Preschool at Getz Preschool

Nationally accredited, Kid Zone's preschool follows Arizona Department of Education's Early Learning Standards. The diverse curriculum is taught by experienced and educated teachers.

#### Quality care

Low staff-to-student ratios • DHS licensed DES certified • Follows Arizona Quality Standards for out-of-school-time programs

#### Affordable prices

Flexible 2, 3 and 5 full-day plus ½ day options available Scholarships available to those that qualify

tempe.gov/KidZone 480-350-5405



#### Martial Arts: Little Tykes Lim Karate

Fun, physical, structured, positive and disciplined. Benefits include self-confidence, listening and how to follow directions. Self-defense is taught through fun drills and games. Uniform can be purchased from instructor \$60. Shoes required. Bring a water bottle. Email limkaratelfma@gmail.com or call 602-525-8472. Fee: \$70. 480-350-5208

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82003	3-5 yrs	W/Th	1/8-1/30	5-5:30 p.m.	CLRK
82004	3-5 yrs	W/Th	2/5-2/27	5-5:30 p.m.	CLRK
82005	3-5 yrs	W/Th	3/5-3/27	5-5:30 p.m.	CLRK

## Mini Mountaineers; Rock Climbing Parent/Child

Discover the excitement of climbing. Little climbers will strengthen their motor and emotional development through obstacle courses, falling exercises, games and climbing. Your little one's confidence and climbing abilities will soar. Parent participation required. Climbing shoes provided. Wear comfortable active wear and bring water. Fee: \$52. 480-350-5200

82222 18 mos-3 yrs Sa 1/4-1/25 9:15-9:45 a.m.

Keep a Good Class Going Register Early!

**TBP** 

#### **Activities for Tots (0-5 Years)**

#### Pebbles Climbing Club; Rock Climbing for Kids

A class for young climbers to channel their explosive, creative energy into climbing in a fun, safe environment. Kids will work on risk assessment, body awareness, teamwork, problem solving and more in an exciting social environment. Climbing shoes provided. Wear comfortable active wear and bring a water bottle. Fee: \$104. 480-350-5200

82221 4-6 yrs M 1/6-1/27 5:30-6:30 p.m.

#### Stretch-n-Grow All Star Sports

The class is designed to teach kids confidence, learn the basics of sports and build self-esteem in a team environment. Participants will be introduced to basketball, T-ball, kickball and football in a fun, non-competitive environment with an emphasis on sportsmanship and developing motor skills. T-Shirts provided. \*No class 1/20, 2/17, 3/10.

Fee: \$58, 480-350-5208

#### Independent

	81830	4-5 yrs	M	1/13-3/24*	10:45-11:15 a.m.	CLRK		
Parent/Child								
	81831	2-3 yrs	M	1/13-3/24*	11:30 a.m noon	CLRK		
	81833	2-3 yrs	W	1/15-3/5	9:45-10:15 a.m.	CLRK		
	81839	2-3 yrs	Sa	1/18-3/8	8:45-9:15 a.m.	CLRK		
	81835	2-3 yrs	Sa	1/18-3/8	2-2:30 p.m.	CLRK		

#### Stretch-n-Grow All Star Soccer Parent/Child

Jump into the game of soccer while developing the skills needed to excel in the sport. The class will include running, kicking, warm-up chants, socializing and soccer basics. It will also promote motor skill development and fitness, in a fun setting. T-shirts provided. Fee: \$58. 480-350-5208

81832	2-3 yrs	W	1/15-3/5	9-9:30 a.m.	CLRK
81837	2-3 yrs	Sa	1/18-3/8	9:30-10 a.m.	CLRK
81838	2-3 yrs	Sa	1/18-3/8	11:15-11:45 a.m.	CLRK
81834	2-3 vrs	Sa	1/18-3/8	2:45-3:15 p.m.	CLRK

#### Stretch-n-Grow All Star Soccer

Kick-start your child's love of soccer in a non-competitive environment. Learn proper warm-up, stretching and exercises techniques. The class will introduce ball control, dribbling, passing and shooting with an emphasis on teamwork and sportsmanship. Activities enhance directional sense, spatial awareness and motor skills. T-shirts provided.

Fee: \$66, 480-350-5208

81836 4-5 yrs Sa 1/18-3/8 10:15-11 a.m. **CLRK** 

### Stretch-n-Grow Tumble Time

Build confidence and have fun in our preschool introduction to level 1 tumbling class for little gymnasts. Class will introduce preschool tumbling basics helping kids develop strength, flexibility, balance, coordination and endurance.

Fee: \$66. 480-350-5208

82062 4-5 yrs Th 1/16-3/6 12:15-12:45 p.m. CLRK

### Stretch-n-Grow Tumble Time Parent/Tot

Build confidence in our pre-level I introduction to tumbling class for little gymnasts. Class will introduce tumbling basics helping kids develop strength, flexibility, balance, coordination and endurance. Help improve motor skills and have fun.

Fee: \$58. 480-350-5208

82063 2-3 yrs Th 1/16-3/6 11:30 a.m.-noon CLRK

#### **Special Interest**

#### **Early Childhood Education Program**

The program offers a variety of organized activities for preschool children ages 3-5. It focuses on developing social, motor and cognitive skills in a fun, safe and educational setting. Registration packets will be availabe online and at the Escalante Community Center on 11/20. Registration begins online and in-person on 12/9 at at 8 a.m.

No class 2/17. 3/17-3/21. 480-350-5402

Kinder-Readiness Fee: \$180

81865 4-5 yrs M/W/F 1/22-5/9 9 a.m.-noon **ESCA** 

Tiny Tots Fee: \$160

81866 3-4 yrs T/Th 1/21-5/8 **FSCA** 9 a.m.-noon

#### **Sports**



#### Hitsquad Ninia

Hitsquad Ninja is Arizona's first gym dedicated to Ninja Warrior training. Train with previous competitors from NBC's American Ninja Warrior competition. Learn how to tackle the most challenging obstacle courses from the very best instructors in the industry. Please note: You may only register for the introductory class once through Tempe Parks and Recreation. If you would like to continue taking classes after you have completed the 1-month class, you will need to purchase a membership through the Hitsquad Ninja Gym. (\$100/month)

#### Ninia Obstacle Course Training: Beginner

This introductory class is designed to teach kids how to start becoming independent from their parents, while learning entry level ninja skills, basic body control, how to fall and how to follow simple instructions while having fun.

Fee: \$80, 480-350-5208

76431	3-4 yrs	M	1/6-1/27	3:15-4 p.m.	HSN
76431	3-4 yrs	M	2/3-2/24	3:15-4 p.m.	HSN
76431	3-4 yrs	M	3/3-3/31	3:15-4 p.m.	HSN

#### **Escalante Outdoor Soccer Academy**

See page 16 for a complete description and class times.



#### **Activities for Youth (5-12 Years)**

Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for youth. Additional offerings for youth may be viewed in the Activities for Tots (0-5 Years) and Activities for Teens (12-18 Years) sections.

#### Youth Class Guidelines

For your child's safety, children 5-years-old and under must be accompanied to-and-from the classroom.

Children 5-years-old and under who are enrolled in back-to-back classes must be released to a parent between classes. Teachers and staff will not be responsible for making sure your child gets to his/her next class.

Classes are designed for the ages listed. Children must meet the age requirement as of the first class.

Children must be able to participate independently except in specified parent/child activities.

Children must be toilet-trained for all classes without parents.

Observers and non-registered individuals, including siblings, are not permitted in classes.



Art is a messy business. Please send children in old clothing. Although aprons are available, they may not protect all clothing. Non-toxic products are used, but may bond with some fabrics.

#### Arts & Crafts

#### Art Treasures; Glitters & Gold

See page 7 for a complete description and class times.

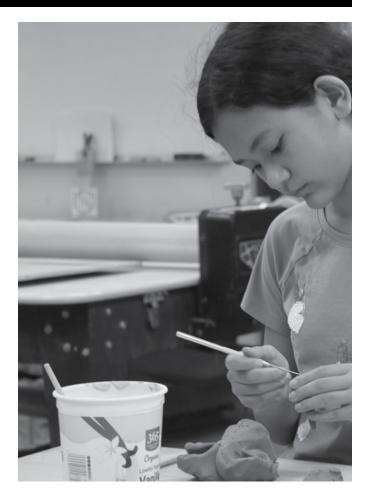
## Ceramics; Cozy Creations

It finally feels like wintertime in the desert, so get cozy with some hot chocolate and cookies on these cool winter nights. Join a class to create charming mugs and plates to enjoy your sweet treats. Other projects include a tea candle holder and a cookie magnet to personify the warm and cozy vibes. For more information, visit tempe.gov/EdnaArts.

\*No class 2/17. 480-350-5287

Parent/Child

81885	Gr. K-2	Т	1/21-3/4	4-5:30 p.m.	EDNA \$73					
Independent										
81884	Gr. K-2	W	1/22-3/5	4-5:30 p.m.	EDNA \$63					
81886	Gr K-3	NΛ	1/27_3/3*	12·30-2 n m	<b>ΕDNA \$45</b>					



#### Ceramics; Glow Up

Use both new and familiar hobbies and interests to construct personal themed creations in clay. Watch as your artwork glows up with engaging tools and processes throughout the class. Projects include luminaries, decorated vessels and abstract portraits. For more information, visit

tempe.gov/EdnaArts. \*No class 2/17. 480-350-5287 81888 Gr. 4-6 Th 1/23-3/6 4-5:30 p.m. EDNA \$63

81889 Gr. 4-6 M 1/27-3/3\* 12:30-2 p.m. EDNA \$45 81887 Gr. 4-6 M 1/27-3/3\* 4-5:30 p.m. EDNA \$45

## Ceramics; Fairytale Forms

Find inspiration from fanciful fairytales to create your own unique clay artwork. Projects include carving a fantastical figurine luminary, forming a fairy garden themed hanging tile and pinching a perfect gnome for your garden. For more information, visit tempe.gov/EdnaArts.

Fee: \$63. 480-350-5287

Parent/Child

81895 Gr. 1-3 W 1/22-3/5 4-5:30 p.m. EDNA **Independent** 81894 Gr. 1-3 T 1/21-3/4 4-5:30 p.m. EDNA

#### **Activities for Youth (5-12 Years)**



Ceramics; Pet Sculpture
Calling all pet-lovers. Join a hand building workshop with your young artist to make a unique ceramic art piece of your family's animal companion. Bring a photo of your pet and the teaching artist will help you create a 3D keepsake to embody your furry, feathered or scaly friend. Clay and materials provided. For more information, visit tempe.gov/EdnaArts.

Fee: \$25. 480-350-5287

Parent/Child

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82066	Gr. K-2	Sa	2/1	12:30-2:30 p.m.	EDNA
82067	Gr. 1-3	Sa	2/8	12:30-2:30 p.m.	EDNA
82068	Gr. 4-6	Sa	2/15	12:30-2:30 p.m.	EDNA
Indepe	ndent			•	
82056	Gr. K-2	Sa	2/22	12:30-2:30 p.m.	EDNA
82057	Gr. 1-3	Sa	3/1	12:30-2:30 p.m.	EDNA
82058	Gr. 4-6	Sa	3/8	12:30-2:30 p.m.	EDNA

#### **Elements of Art; Opposites**

Gain comfort in making artistic decisions as you learn fundamental art concepts inspired by famous artists around the world. Color, paint and sculpt your exploration of things both similar and different. This class is perfect for the budding artist, eager to try something new. For more information, visit tempe.gov/EdnaArts. No class 2/17. Fee: \$37. 480-350-5287 81910 Gr. PreK-K M 1/27-3/3 **EDNA** 3:30-4:15 p.m. 81911 Gr. K-1 M 1/27-3/3 **EDNA** 4:30-5:15 p.m.



## Mixed Media; Natural Glow

Explore plants and animals that create their own light and find inspiration for your art. Experiment with glow-in-the-dark paint, luminous inks and shiny materials to create glowing, ethereal creatures. Express your artistic vision while learning about the natural wonders of bioluminescence. For more information, visit tempe.gov/EdnaArts. Fee: \$51. 480-350-5287

81920 Gr. 1-3 Th 1/23-3/6

**EDNA** 



### Mixed Media; Cosmos

Travel through space to explore the wonders of the galaxy. Unearth unique colors and textures of different planets to inspire your dazzling art pieces. From the surface of Mars to the swirling atmosphere of Jupiter, this class will take you on a journey through the cosmos, inspiring creativity at every turn. For more information, visit tempe.gov/EdnaArts.

Fee: \$51. 480-350-5287

81918 Gr. 1-3 W 1/22-3/5 4-5:30 p.m.

**EDNA** 



### Printmaking; Dragons & Unicorns

Learn a variety of printmaking techniques, such as stamping, stenciling and foam printing to bring fantastical creatures to life. Design, carve and print mythical masterpieces on paper and fabric. For more information, visit tempe.gov/EdnaArts.

No class 2/17. Fee: \$37. 480-350-5287

81930 Gr. 1-3 M

**EDNA** 



### Textiles; Felting Frenzy

Transform felt into wonderful works of art. Create desk pets, fabric collage and decorative pieces. Use different textures and shapes to bring your creative felt ideas to life in this fun, frenzied class. For more information, visit tempe.gov/EdnaArts. Fee: \$51, 480-350-5287

81939 Gr. 4-6 T

1/21-3/4

4-5:30 p.m.

**EDNA** 



#### Textiles; Fashion Show

Bring your design dreams to life with the basics of fabric selection, no-sew techniques and finish off with embellishments. Create your own miniature clothing and accessories perfect for toys and stuffed animals. For more information, visit tempe.gov/EdnaArts.

Fee: \$51. 480-350-5287

81941 Gr. K-2 Th 1/23-3/6 4-5:30 p.m.

**EDNA** 

#### Boating

#### Glow Kayak

See page 29 for a complete description.

Introduction to Kayaking; Adult/Youth See page 29 for a complete description.

#### Introduction to Stand-Up Paddling; Adult/Youth

See page 29 for a complete description.

#### Junior Learn to Row

See page 17 for a complete description.

#### Junior Rowing-Novice

See page 18 for a complete description.

#### Junior Rowing-Varsity

See page 18 for a complete description.

#### Health & Fitness

#### Classes at Gold Medal Gymnastics®

See page 9 for a complete description.

#### Gymnastics: Level 1

Students will be introduced to basic gymnastic skills using four Olympic events: bars, beam, floor and vault. Basic skills will be demonstrated using a Tumble Track trampoline. Classes are taught by USA-certified gymnastics staff members.

For gym information, visit goldmedalgym.com/tempe. Fee: \$54, 480-350-5200

81812	5-12 yrs	M	1/6-1/27	4:45-5:45 p.m.	GMG
81813	5-12 yrs	M	2/3-2/24	4:45-5:45 p.m.	GMG
81814	5-12 yrs	M	3/10-3/31	4:45-5:45 p.m.	GMG

#### Martial Arts; Beginning Muay Thai for Kids

Build your child's confidence, self-esteem and improve their fitness. Class combines striking and clinching techniques combining the use of fists, elbows, knees and shins. Class starts with warm-ups and may include shadowboxing, skipping rope, drills, pad and bag work. Must purchase gloves, hand wraps and shin pads. Fee: \$75. 480-350-5200

81821	6-9 yrs	M/W	1/6-1/29	4:30-5:15 p.m.	SBMTF
81822	6-9 yrs	M/W	2/3-2/26	4:30-5:15 p.m.	SBMTF
81823	6-9 yrs	M/W	3/3-3/31	4:30-5:15 p.m.	SBMTF
81824	10-12 yrs	T/Th	1/2-1/30	5:15-6 p.m.	SBMTF
81825	10-12 yrs	T/Th	2/4-2/27	5:15-6 p.m.	SBMTF
81826	10-12 yrs	T/Th	3/4-3/27	5:15-6 p.m.	SBMTF

#### Martial Arts; Karate Lim Kenpo

Fun, physical, structured, positive and disciplined. Benefits include self-confidence, listening and learning to follow directions. Self-defense is taught through fun drills and games. Email limkaratelfma@gmail.com or 602-525-8472. Uniform can be purchased from instructor: \$60. Shoes required.

Bring a water bottle. Fee: \$70, 480-350-5208

_			1/8-1/30	5:30-6:30 p.m.	CLRK
82001	6-12 yrs	W/Th	2/5-2/27	5:30-6:30 p.m	CLRK
82002	6-12 yrs	W/Th	3/5-3/27	5:30-6:30 p.m.	CLRK





#### **Check out**

Kiwanis Recreation Center 6111 S. All-America Way

#### We have the perfect location to host your . . .

Birthday parties • Family reunions Corporate picnics. Baby showers. Special events

> tempe.gov/kiwanis 480-350-5201

#### **Special Interest**

#### **Beginning Crochet 101; Parent/Child**

Learn to crochet with your parent or grandparent. Learn about yarns, hook types and sizes, the most common stitches and making a beginner project. We will also talk about color combinations. You will need to work on your project outside of class. All supplies provided. Christy. Register child only. Supply Fee: \$20. Fee: \$48. 480-350-5208 81975 8 yrs+ Sa 1/11-2/8 10:45 a.m.-12:15 p.m. CLRK

#### **Dungeons and Dragons; Choose Your Own Adventure**

Prepare to go on an adventure with an experienced D&D Master in a magical land. This structured, role-playing game will present age-appropriate challenges while adventurers travel through mystical lands, fight monsters and expand their creative minds. All levels. Cienna. Fee: \$65. 480-350-5208 81977 9-16 yrs Th 1/9-1/30 4:30-7:30 p.m. CLRK 81978 9-16 yrs Th 4:30-7:30 p.m. 2/6-2/27

#### Play-Well TEKnologies® Pokémon Master **Engineering using LEGO® Workshop**

LEGO® Master, I choose you. In the race to be crowned the Ultimate Pokémon Champion, we need your help. Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions and come face to face with the current champion in an epic battle for the title. Fee: \$35. 480-350-5208 81944 7-12 yrs Sa CLRK 1-4 p.m.

#### **Activities for Youth (5-12 Years)**

#### **Tempe Spring Break Camps**

Quality spring break camp options to keep youth active and engaged. We offer a supervised camp lunch program at the Clark Park Community Center for campers registered for both the morning and afternoon camps. 480-350-5208

#### Arizona Science Center®; Camp Innovation

STEM is a revolutionary program that combines science and math with technology and engineering. Innovation drives the energy behind these hands-on camps, giving youth the opportunity to explore all subjects using skills learned during inquiry-based processes. Fee: \$140. 480-350-5208

**Ancient Archaeology Camp** 

81948 5-7 yrs 81949 7-12 yrs		3/10-3/14 3/10-3/14	9 a.mnoon 1-4 p.m.	CLRK CLRK			
Spellbound Camp							
81950 7-12 yrs	M-F	3/17-3/21	9 a.mnoon	CLRK			
Build It Camp							
81951 5-7 yrs	M-F	3/17-3/21	1-4 p.m.	CLRK			

#### **Crochet and Craft Camp**

Children will be introduced to crochet tools and terms as they learn basic stitches and create a project in camp. Campers will also create a fun arts and crafts project each day.

All materials provided. Fee: \$104. 480-350-5208

81952 10-14 yrs M-Th 3/17-3/20 1-4 p.m. CLRK

## Dungeons and Dragons Camp; Cottage Caverns

Prepare to go on an adventure with an experienced D & D Master in a magical land. This structured, role-playing game will present age-appropriate challenges while adventurers travel through mystical lands, fight monsters and expand their creative minds. All levels. Cienna. Fee: \$65. 480-350-5208 81953 9-16 yrs M-F 3/10-3/14 1-4 p.m. CLRK

#### Makers Lab; Create, Build, Innovate Camp

Dive into the world of engineering through interactive challenges and creative projects with Mr. C. Explore robotics, aerodynamics and soldering, while building real world skills. Focus on innovation and critical thinking while experimenting and having fun. Campers will leave with the confidence to keep building the future. Fee: \$150. 480-350-5208 81954 8-12 yrs M-F 3/10-3/14 9 a.m.-noon CLRK

## Play-Well TEKnologies®; Minecraft Engineering using LEGO®

Venture into Minecraft in our unique LEGO® experience. Build your base, craft your tools, use your Minecart to harvest raw resources and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor. Fee: \$168. 480-350-5208 81955 5-7 yrs M-F 3/17-3/21 9 a.m.-noon CLRK

## Play-Well TEKnologies®; Minecraft Master Engineering using LEGO®

Bring your Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, build shelters to keep out Creepers, craft mystical items that only true masters can wield and perfect our crossbow skills to stop the Wither from taking over. If you can imagine it, we can build it. Fee: \$168. 480-350-5208 81956 8-12 yrs M-F 3/10-3/14 9 a.m.-noon CLRK

## STEM Classes with Brian Calaway



"Mr. C" helps kids to see the world differently. After showing off his skills as a world-class competitor in robotics and creative engineering, Mr. C wanted to share his skills and knowledge. He's been working in after-school programs and parks and recreation centers around the east valley that encourages exploration, creativity and STEAM all while keeping it fun and kid focused for the last decade.

#### Engineer It, to Win It

We will foster students' engineering, competitive and creative edge as we challenge them to fulfill briefs given by a world class judge. Using everyday materials, kids will create the bridges, towers and vehicles of tomorrow. Challenges are different each session. Fee: \$27. 480-350-5208

82018	8-14 yrs	Sa	1/11	2-4 p.m.	CLRK
82019	8-14 yrs	Sa	2/8	2-4 p.m.	CLRK
82020	8-14 yrs	Sa	3/8	2-4 p.m.	CLRK

#### Launch It

Rocketeers will design and build a rocket that will keep their "eggstronaut" from cracking as it makes its way back to earth with a sunny side up landing. We will use STEAM skills to design, create and test their spacecraft. We will have a blast. Fee: \$33. 480-350-5208

81984 8-13 yrs Sa 3/1 2-4 p.m. CLRK

#### **LEGO®** Roboteering

Roboteers will build and program Classic LEGO® Mindstorm NXT Robots. Roboteers will program their robots to tackle fun, motor-churning challenges. We will put our heads together with a world-class roboteer and have fun while we explore and learn the ABC's of NXT coding. Challenges change every class.

Fee: \$42. 480-350-5208

81986 9-14 yrs Sa 1/25 2-4 p.m. CLRK 81987 9-14 yrs Sa 2/22 2-4 p.m. CLRK

#### Stark Solder Scientist

Become one of the circuit culprits and learn how to thwart your siblings and friends with an alarm that will go off whenever they open a drawer or door. Keep your things safe and secure, and while you're at it learn the basics of soldering and circuitry. Fee: \$42. 480-350-5208

82007 8-14 yrs Sa 2/1 2-4 p.m. CLRK

Register for Classes Online! tempe.gov/play

#### **Sports**

#### **Basketball**; Youth Hoops

Email angle garibay@tempe.gov or call 480-350-5222 for information, scholarship eligibility or to inquire about coaching.

#### Winter Youth Hoops Clinic; Co-Ed Gr. K-8

Develop and improve your child's basketball skills during our co-ed clinic. Fundamental/skill enhancement drills are tailored to assist all skill levels and athleticism in a fun and structured environment. Clinic shirt provided. Fee: \$60.

82342	Gr. K-1	Sa	1/11-1/25	10 a.mnoon	KRC
82343	Gr. 2-3	Sa	1/11-1/25	10 a.mnoon	KRC
82344	Gr. 4-5	Sa	1/11-1/25	12:30-2:30 p.m.	KRC
82345	Gr. 6-8	Sa	1/11-1/25	12:30-2:30 p.m.	KRC

#### Winter Speed & Agility Clinic; Co-Ed Gr. K-8

Tailored to assist all skill levels to develop and enhance athleticism. Drills will focus on stretching techniques, hand-eye coordination, speed and agility. Whether your young athlete is a beginner or you're looking to improve their mobility on the court or field, boys and girls of all skill levels and all sports backgrounds are welcome. Clinic shirt provided. Fee: \$85.

82346	Gr. K-1	Sa	2/8-2/22	10 a.mnoon	TSC
82347	Gr. 2-3	Sa	2/8-2/22	10 a.mnoon	TSC
82348	Gr. 4-5	Sa	2/8-2/22	12:30-2:30 p.m.	TSC
82349	Gr. 6-8	Sa	2/8-2/22	12:30-2:30 p.m.	TSC

#### Spring Small Ball Hoops; Co-Ed Gr. K-3

Learn the basics of offense, defense, dribbling, passing, shooting and rebounding. These fundamentals will be taught during the first two weeks of the program. The remaining weeks will include practice followed by a game. Scores will not be recorded. Jersey provided. Fee: \$108

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l	82352	Gr. K-1	Sa	3/22-5/10	8:30-9:45 a.m.	KRC
l	82350	Gr. 2	Sa	3/22-5/10	10-11:15 a.m.	KRC
l	82351	Gr. 3	Sa	3/22-5/10	11:30 a.m12:45 p.m.	KRC

#### Spring Youth Hoops; Gr. 4-8

Teams play games on Saturdays with 1 or 2 practices on weekday evenings. Players of all skill levels are welcome. Athletes will receive a reversible jersey. Times listed are tentative game times. Weekday practice times and locations will be determined by the player's coach. Fee: \$108.

Co-Ed		•			
82353	Gr. 4-5	Sa	3/15-5/17	1-5 p.m.	KRC
Boys				•	
82354	Gr. 6-8	Sa	3/15-5/17	9:30 a.m1:30 p.m.	ESCA
Girls				-	
82355	Gr. 6-8	Sa	3/15-5/17	1:30-4:30 p.m.	<b>ESCA</b>

#### Flag Football; 7 on 7

Email angie garibay@tempe.gov or call 480-350-5222 for information, scholarship eligibility or to inquire about coaching

#### Spring Flag Football; Co-Ed Gr.K-8

In partnership with the Arizona Cardinals and NFL Flag, athletes will learn basic skills with the opportunity to play all positions. In the first two weeks, learn fundamentals, strategic offensive and defensive plays, and about special teams and kick returns. Remaining weeks consist of practice followed by a game. Jerseys provided. Fee: \$108.

82359	Gr. K-1	M	3/17-5/5	6-7:30 p.m.	TSC
82356	Gr. 2-3	Т	3/18-5/6	6-7:30 p.m.	TSC
82357	Gr. 4-5	W	3/19-5/7	6-7:30 p.m.	TSC
82358	Gr. 6-8	Th	3/20-5/8	6-7:30 p.m.	TSC

#### Golf; Junior Golf

Beginner classes open to all levels. Includes putting, chipping, full swing, rules and etiquette. Intermediate/advanced sessions will build on these skills, introduce new skills and may include on-course practice. Bring your own junior golf clubs to class. Limited golf clubs/sizes are available for use during class if you don't have your own. Low student/instructor ratio.

Intermediate/advanced sessions require instructor approval. Contact michael bochenek@tempe.gov or call 480-350-5248

Beginn	ner		
82023	6-17 yrs Th	1/9-1/30	4-4:45 p.m. KMGC \$55
82024	6-17 yrs Th	1/9-1/30	5-5:45 p.m. KMGC \$55
82025	6-17 yrs Sa	1/11-2/1	9:15-10 a.m. KMGC \$55
82026	6-17 yrs Sa	1/11-2/1	10:15-11 a.m. KMGC \$55
82027	6-17 yrs Sa	1/11-2/1	11:15 a.mnoon KMGC \$55
82028	6-17 yrs Su	1/12-2/2	1:15-2 p.m. KMGC \$55
82029	6-17 yrs Su	1/12-2/2	2:15-3 p.m. KMGC \$55
82030	6-17 yrs Th	2/6-3/6	4:30-5:15 p.m. KMGC \$68
82031	6-17 yrs Th	2/6-3/6	5:30-6:15 p.m. KMGC \$68
82032	6-17 yrs Sa	2/8-3/8	9-9:45 a.m. KMGC \$68
82033	6-17 yrs Sa	2/8-3/8	10-10:45 a.m. KMGC \$68
82034	6-17 yrs Sa	2/8-3/8	11-11:45 a.m. KMGC \$68
82035	6-17 yrs Su	2/16-3/9	1:45-2:30 p.m. KMGC \$55
82036	6-17 yrs Su	2/16-3/9	2:45-3:30 p.m. KMGC \$55
82037	6-17 yrs Th	3/27-4/17	5-5:45 p.m. KMGC \$55
82038	6-17 yrs Th	3/27-4/17	6-6:45 p.m. KMGC \$55
82039	6-17 yrs Sa	3/29-4/19	7:15-8 a.m. KMGC \$55
82040	6-17 yrs Sa	3/29-4/19	8:15-9 a.m. KMGC \$55
82041	6-17 yrs Sa	3/29-4/19	9:15-10 a.m. KMGC \$55
82042	6-17 yrs Su	3/23-4/13	2:15-3 p.m. KMGC \$55
82043	6-17 yrs Su	3/23-4/13	3:15-4 p.m. KMGC \$55
Interm	ediate/Advanc	ha	
82044	9-17 yrs T	1/7-1/28	4:15-5:45 p.m. KMGC \$103
82045	9-17 yrs T	2/4-3/4	4:45-6:15 p.m. KMGC \$129
82046	9-17 yrs T	3/25-4/15	5:15-6:45 p.m. KMGC \$103
02040	0 17 y 10 1	0,20-7,10	σ. το σ. το ρ τανίσο φτοσ



4-5 p.m.

#### Hitsquad Ninja

See page 10 for a complete description.

#### Ninja Obstacle Course Training: Beginner

This introductory class is designed to teach kids entry level ninja skills, tumbling, parkour, basic body control, how to fall and how to follow simple instructions while having fun.

Fee: \$8	0. 480-350	0-5208
76431	5-13 yrs	F

76431	5-13 yrs	F	2/7-2/28	4-5 p.m.	HSN
76431	5-13 yrs	F	3/7-3/28	4-5 p.m.	HSN
76431	oner Pa 5-13 yrs 5-13 yrs 5-13 yrs	rkoui M M M	1/6-1/27 2/3-2/24 3/3-3/31	5-6 p.m. 5-6 p.m. 5-6 p.m.	HSN HSN HSN

1/10-1/31

**HSN** 

#### **Activities for Youth (5-12 Years)**

#### Soccer; Escalante Outdoor Academy

Introduce your child to the joys of the world's most popular sport. Participants will practice using their feet, develop a feel for the ball and will work collaboratively, through developmentally appropriate play. Fee: \$20, 480-350-5805 81726 3-6 yrs T/Th 1/7-2/27 5:30-6:15 p.m. ESCA 81727 7-10 yrs T/Th 1/7-2/27 6:30-7:15 p.m. ESCA

## Keep a Good Class Going Register Early!



#### Softball; LadyHawks Softball

Email bobbi jones@tempe.gov or call 480-350-5267

#### LadyHawks; Spring Training Softball Camp

Participate in a series of skills and drills lead by college players and coaches. The camp is the first practice for spring league. Each pre-registered participant will receive a camp t-shirt.

#### General Session; Fee: None

9-10:30 a.m. KTWB 82283 8U,10U Sa 82284 12U,14U Sa 1/25 10:45 a.m.-12:15 p.m. KTWB

Pitch Clinic; Fee: \$40

82285 Gr. 4-8 1/25 9-10:30 a.m. KTWB

Catch Clinic; Fee: \$40

82286 Gr. 4-8 Sa 1/25 8-9:15 a.m. KTWB

#### Jet Hawks; Baseball/Softball Co-Ed T-Ball

Boys and girls will learn the basics of throwing, hitting, fielding and base running. Meet at Kiwanis 2/5 at 5:30 p.m./6:30 p.m. to get your team assignment, meet your coach and have your first practice. No practice 3/17, 3/19. Fee: \$100.

82288 PreK-K M/W 2/5-4/9 5:30-6:30 p.m. DAL 82287 5-7 yrs M/W 2/5-4/9 6:30-7:30 p.m. DAL

#### LadyHawks;

#### Softball Boys & Girls, 8U Machine Pitch

Meet at Kiwanis field 2/5. The format will consist of 4 practices and a 7-game schedule. Your team will meet twice per week, with no additional practice. Participants will receive a hat and iersev. No practice 3/19, 3/22. Fee \$101.

82289 Gr. 2-3 W/Sa 2/5-4/12 6-7:30 p.m./8-9:30 a.m. DAL/KTWB

#### LadyHawks; Softball 10U, Free Agent Machine Pitch; Gr. 3, 4 and some 5.

Come as a team or be assigned to a team. You should be 8, 9 or 10 as of 1/1/25. Minors' division emphasizes skill development, defensive and base running skills. Practices held T/Th/Sa and begin on 2/6. No practice 3/18,3/20 & 3/22. Participants will receive a jersey. Fee: \$110.

82269 8-10 yrs T/Th/Sa 2/6-5/3 6 p.m./Sa a.m. DAL/KTWB

#### LadyHawks; Softball 10U/12U Team 10UTeam Division; Gr. 3, 4 and some 5.

Team only. Players should be 8, 9 or 10 for 10U. Games begin week of 2/22. Teams may have rosters up to 15 players. Emphasis on competitive team skill development and offense/ defense. 10-game schedule, double header format, with a 2-week double elimination tournament on, or before, 4/26.

#### **Team Registration without Practice Fields \$1.188**

2/4-5/10 6:30, 8 p.m. DAL/KTWB 82291 10U T/Th/Sa 12U M/W/Sa 2/3-5/10 6:30, 8 p.m. DAL/KTWB

Team Registration with Practice Fields \$1,320

82290 10U T/Th/Sa 2/4-5/10 6:30, 8 p.m. DAL/KTWB 12U M/W/Sa 2/3-5/10 6:30, 8 p.m. DAL/KTWB

#### LadyHawks; Softball, Girls 12U, Free Agent

Individual players only. Players should be 10, 11 or 12 as of 1/1/25. Games begin 2/22. Practices scheduled M/W/Sa, led by volunteer coaches. Emphasis on team skill development, pitching and catching. 10-game schedule, using a double header format, with a 2-week double elimination tournament starting on, or before, 4/26. Fee: \$110. 82271 10-12 yrs M/W/Sa 2/3-5/10 6:30, 8 p.m./Sa a.m.DAL/KTWB Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for teens. Additional offerings for teens may be viewed within the Adults (18+ Years) section.

#### **Arts & Crafts**

#### Ceramics: Hand Building

See page 26 for a complete description and class times.

#### Ceramics: Intermediate/Advanced Throwing

See page 26 for a complete description and class times.

#### Ceramics: Introduction to Throwing

See page 26 for a complete description and class times.

#### Ceramics; Sculptural Forms

See page 26 for a complete description and class times.

## Ceramics; Straight Fire

Elevate your aesthetic as you create usable art with clay. Projects include a ceramic phone speaker, reusable to-go cups and lidded boxes for storage or just vibes. Focus on hand building techniques with an option to throw on the wheel. All levels. All materials and clay provided. For more information, visit tempe.gov/EdnaArts. No class 2/17.

Fee: \$68. 480-350-5287

81903 Gr. 7-10 M 1/27-3/3 6-7:30 p.m. **EDNA** 

#### Ceramics; Teen Pottery

Refine your skills and create unique ceramic pieces as you experiment with forms, textures and finishing processes in this pottery class designed for teens. Learn about the stages of clay, wheel throwing and hand building techniques. All levels. All materials and clay provided. For more information, visit tempe.gov/EdnaArts. Fee: \$108. 480-350-5287 82330 Gr. 9-12 Sa 2/1-3/8 12:30-2:30 p.m. **FDNA** 

#### Ceramics; Surface Design

See page 26 for a complete description and class times.

#### Drawing: Anime, Manga Art & Cartooning

For anime lovers and cartoon enthusiasts. Learn the basics using shape and structure to design characters with attention to facial features, clothes and accessories. Learn how to pose a character and apply color using cell shading. All materials provided. For more information, visit tempe.gov/EdnaArts. Fee: \$45. 480-350-5287

82331 Gr. 6-11 Sa 2/1-3/8 9-10:30 a.m. **EDNA** 

#### Drawing; Basics

See page 27 for a complete description and class times.

#### Drawing; Colored Pencil

See page 27 for a complete description and class times.

#### Drawing & Painting; Fantasy Illustration

See page 27 for a complete description and class times.

#### Mixed Media: Art Journaling

See page 27 for a complete description and class times.

## Mixed Media; Artist Books

See page 27 for a complete description and class times.

## Mixed Media; Card Making

See page 27 for a complete description and class times.



## Mixed Media; Found Photo Embroidery

See page 27 for a complete description and class times.

### Painting; Gouache

See page 27 for a complete description and class times.

#### Painting; Watercolor

See page 28 for a complete description and class times.

#### Painting in Oils; Pet Portraits

See page 28 for a complete description and class times.

#### Printmaking; Relief

See page 28 for a complete description and class times.



See page 28 for a complete description and class times.

#### **Textiles: Functional Fashion**

See page 28 for a complete description and class times.

#### Textiles; Felting

See page 28 for a complete description and class times.

#### Boating

#### **Float Test**

All rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video (does not include stand-up paddling or kayaking). If you have rowing experience but are new to the Tempe Town Lake Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office at 480-350-8069.

#### Glow Kayak

See page 29 for a complete description.

#### Introduction to Kayaking; Adult/Youth

See page 29 for a complete description and class times.

#### Introduction to Stand-Up Paddling; Adult/Youth

See page 29 for a complete description and class times.

#### Junior Learn to Row

The learn to row program will give athletes a chance to find out if rowing is for them before they join the team. For those wishing to continue to Junior Rowing or Novice Junior Rowing. Class fee is applied to Junior Rowing or Novice Junior Rowing cost if participant registers for the current session. Float test required. Ask staff for details. Fee: \$20. 480-350-8069 82201 12 yrs+ W 1/8 TTLM

#### **Activities for Teens (12-18 Years)**

#### Junior Rowing-Novice

The novice is for rowers new to the sport or those not looking for as big of a commitment. Junior Learn to Row is required unless approval has been obtained from boating coordinator or assistant coordinator. We will be working up to a point where athletes will be able to compete with our varsity rowers. \*No class 1/20, 2/17, 3/31. 480-350-8069

82202 12 yrs+ M/W/F 1/8-5/8\* 4-6 p.m. TTLM \$285 82203 12 yrs+ T/Th 1/9-5/7 4-6 p.m. TTLM \$195

#### **Junior Rowing-Varsity**

The Varsity program is a competitive, focused program with training held five days per week in preparation for races held locally and nationally. We are always looking for high school athletes to join our team. Come join one of the most fun sports in the country. No class 1/20, 2/17, 3/31.

Fee: \$480. 480-350-8069

82204 12 yrs+ M-F 1/8-5/8 4-6 p.m. TTLM

#### Health & Fitness

#### **Exercise Classes**

See pages 29-30 for complete descriptions and class times.

#### **Martial Arts**

See pages 30-31 for complete descriptions and class times.

#### Yoga

See pages 31-32 for complete descriptions and class times.

#### **Sports**

Winter Youth Hoops Clinic; Co-Ed Gr. K-8 See page 15 for a complete description and schedule.

Winter Speed & Agility Clinic; Co-Ed Gr. K-8 See page 15 for a complete description and schedule.

Spring Youth Hoops; Gr. 4-8

See page 15 for a complete description and schedule.

Spring Flag Football; Co-Ed Gr.K-8

See page 15 for a complete description and schedule.

LadyHawks Spring Training Softball Camp See page 16 for a complete description.

## LadyHawks Softball 14U Team Division, Grades 7-8

Players' age eligibility is their age as of 1/1. Games begin week of 2/17. Teams may have rosters up to 15 players. Emphasis on competitive team skill development as well as offense/defense. 10-game schedule, double header format, with post season double elimination tournament.

Individual Registration Fee: \$111

82282 14U T/Th/Sa 2/4-5/10 6, 7:30 p.m. DAL/KTWB

Team Registration Fee, No Practice Fields: \$1,188

82291 14U T/Th/Sa 2/4-5/10 6, 7:30 p.m. DAL/KTWB

Team Registration Fee, With Practice Fields: \$1,320

#### 82290 14U T/Th/Sa 2/4-5/10 6, 7:30 p.m. DAL/KTWB

# Swing by for a good time!



#### **Kiwanis Batting Cages**

6005 S. All-America Way Tempe, AZ 85283

- Tokens \$1.25 each = 1 game / 14 pitches
- 10 baseball machines with speeds from 30-75 mph
- 6 slow-pitch softball machines
- 2 fast-pitch softball machine, 40 & 60 mph
- 3 cages with "Select-a-Pitch" baseball machines
- 1 cage with "Select-a-Pitch" fast-pitch softball machine
- T-ball area for the "little slugger"
- Walk in pro-shop offering batting gloves and accessories
- General concessions
- Group and Team Cage Rentals

#### **Facility Hours:**

Monday-Friday 4-7:30 p.m. Saturday & Sunday Noon-6 p.m.

Holiday Hours: Jan. 2-5;1-5 p.m.

**Holiday Closures:** 

Dec. 23 - Jan. 1

Jan. 20, MLK Day

Feb. 17, Presidents' Day

Beginning February 6, 2025:

Monday-Friday 5-9 p.m.

Noon-6 p.m.

Sunday

4-9 p.m.

#### Cage Reservations:

Saturday

- Exclusive for your team
- \$35 per hour for standard, \$45 for Select-A-Pitch cage
- · Minimum of eight players
- Reserve at least three days in advance

Call to reserve: 480-350-5727 tempe.gov/BattingCage





# Play Day

Come out and play!

Sports, Kayaking, Kid Zone Experience, Arts, Library, STEM Activities and More!

Saturday, Feb. 22 10 a.m. – 2 p.m. Kiwanis Park







tempe.gov/FamilyFun





# Family Bingo Night

Friday, March 7 I 5:30-7:30 p.m. I Free Bring your entire family, friends, and good luck charms and enjoy a fun-filled night with prizes, raffles and a snack concession stand. All ages welcome.

Reg # 82021

Escalante Center, 2150 E. Orange St., 480-350-5800



# Apply now for

- Full-day City of Tempe program
- Small classes, play-based learning
- Free and paid tuition options
- Free and reduced tuition for income-eligible Tempe residents, based on lottery
- DES childcare assistance accepted

tempe.gov/TempePRE





Conveniently Located at Fees, Connolly, McKemy, and Ward

Affordable Prices and Flexible Schedules

STEM Activities (Science, Technology, Engineering & Math)

Daily Homework Club, Sports, Cooking, Fine Arts & more included

DHS Licensed & DES Certified

tempe.gov/KidZone 480-350-5405



#### **Before & After School Enrichment Program**



#### Quality Care . . .

Low staff-to-student ratios • DHS licensed and DES certified 1st programs in state to be accredited by AzCase

#### Enriching Curriculum ...

Homework Club • STEM Programs • Cooking & Nutrition Sports activities • Arts & Crafts

#### Affordable Prices . . .

- Before School programs available at most school starting at 6:30 a.m.
- Flexible after school 1, 3, 5 day schedules available Scholarships available to those that qualify

tempe.gov/KidZone 480-350-5405



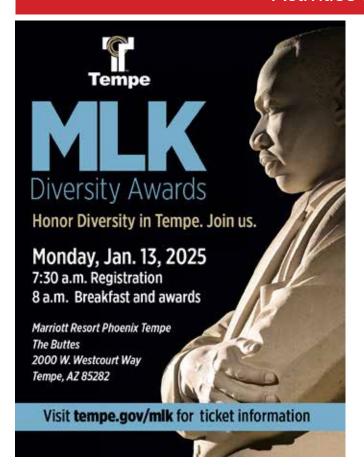


Friday, March 14 7 - 9 p.m.

\$20 for youth and \$35 for adults



tempe.gov/boating 480-350-8069









# Arts + Culture Connections





## New Exhibit "Tempe's Old West: It's Not What You Think"

#### **Through March 2025**

Our suburban veneer hides a town older than Tombstone. Find out more at Tempe History Museum's new featured exhibit.

tempe.gov/MuseumEvents



#### **Free Art Friday**

Explore and create together through monthly art, music and imaginative play activities for little ones ages 6 months to 5 years and their grown ups.

Dec. 13 - Gifts Galore

Feb. 14 - Friendship Party

March 28 - Under the Sea

April 11 - Bumblebee Ball

9 a.m. to Noon

Edna Vihel Arts Center 3340 S. Rural Road.

tempe.gov/FreeArtFriday

#### **Art Classes at Edna Arts**

Exciting classes and unique workshops for adults, youth and toddlers. Registration opens Dec. 9 for Tempe Residents, Dec. 16 for non-residents. Classes begin Jan. 21.

tempe.gov/EdnaArts

## Share Your Vision for Public Art

Tempe is creating a Public Art Plan and we want your feedback! Take our survey, let us know what you'd like to see in your community.

tempe.gov/PublicArtPlan

## Take the Survey





## **Experience Tempe Center for the Arts**

Art. Music. Dance. Theater. And More!

On the edge of Tempe Town Lake 700 W. Rio Salado Pkwy

Check out our schedule of events at **TempeCenterfortheArts.com** 

**Don't Miss These Great Events** tempe.gov/MuseumEvents

Free



Free

- Friday, Dec. 13 at 7 p.m. Tetra String Quartet | Holiday Show
- Friday, Jan. 17 at 7 p.m. Tindal Muzic
- Friday, Feb. 28 at 7 p.m. The Psychedelephants

#### Celebrate the Holidays at **Historic Petersen House**

Experience a Christmas tradition like no other! The Valley's Victorian jewel will be decorated in high style. Enjoy free self-guided tours, light

refreshments, and fun activities.



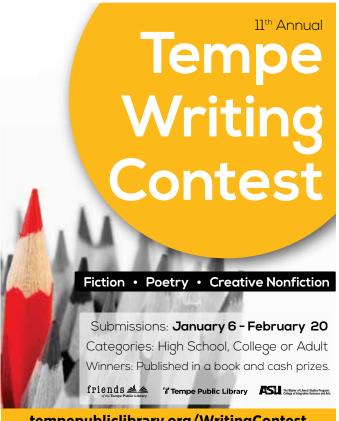




#### **Historic House Tours**

Experience the stories only Tempe Historic Houses can tell with docent guided tours.

Sign up to reserve dates & times tempe.gov/MuseumHistoricHouses



tempepubliclibrary.org/WritingContest







# Tempe Town Lake BOATING

Youth Boating • Adult Boating Team Building • Special Events



480-350-8069

tempe.gov/boating Tempe





# VOLUNTEER

Connect with your community and city government. The Tempe Volunteer program has a wide variety of service opportunities available for individuals and groups, from sixth-graders through golden-agers, from a few hours to years of service.







tempe.gov/volunteer 480-350-5190

## ZER® WASTE DAY

7 a.m. to 1 p.m. Saturday, Jan. 25, 2025 Tempe Fire Training Center 1340 E. University Drive





Residents may dispose of unwanted items properly for reuse, recycling or repurposing. For the full list of items accepted, visit **tempe.gov/ZeroWaste** 





Must live in Tempe or Guadalupe and provide proof of residency.

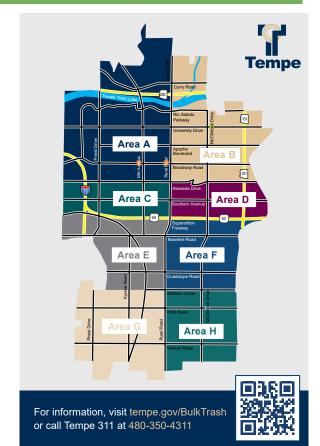
## **2025 BULK TRASH**

AND GREEN ORGANICS COLLECTION SCHEDULE

Residents must place items out for collection by 6 a.m. on Monday of their scheduled collection week, no earlier than 10 days prior. Holidays observed during the week will not affect your collection schedule.

- Trash and green organics must be separated into two distinct piles and placed four feet apart
- All materials must be four feet away from any solid waste container, fire hydrant, gas meter, telephone or other utility boxes. Do not place any items over manhole covers.
- The amount of material is limited to 10 cubic yards: the size of a small SUV.
- Landscapers cannot place green organic material for collection. Only homeowners who conduct their own yard work can place their own green organics for collection.

	Feb. 10-14		Dec. 30-Jan. 3, 2025		Jan. 13-17		Jan. 27-31
	April 14-18		Feb. 24- 28		March 10-14		March 31-April 4
_	June 16-20		April 28-May 2	E	May 12-16	C	June 2-6
A	Aug. 18-22	C	June 30-July 4		July 14-18	u	Aug. 4-8
	Oct. 20-24		Sept. 1-5		Sept. 15 -19		Oct. 6-10
	Dec. 22-26		Nov. 3-Nov 7		Nov. 17-21		Dec. 8-12
	Feb. 17-21		Jan. 6-10		Jan. 20-24		Feb. 3-7
	April 21-25		March 3-7		March 17-21		April 7-11
В	June 23-27	_	May 5-9	ш	May 19-23		June 9-13
	Aug. 25-29	D	July 7-11	Ш	July 21-25	Ш	Aug. 11-15
	Oct. 27-31		Sept. 8-12		Sept. 22-26		Oct. 13-17
	Dec. 29-Jan. 2, 2026		Nov. 10-14		Nov. 24-28		Dec. 15-19



Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for Adults (18+ Years). Additional offerings for adults may be viewed in the Adult (50+ Years) section.

#### Classes - Participants & Observation:

- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.
- Closed-toe shoes are required for ceramics and pottery classes.

#### **Arts & Crafts**

To view required materials visit tempe.gov/classmaterials Materials provided unless otherwise noted within class description.

#### Ceramics; Hand Building

Create expressive 3D clay artworks with your hands and a few simple tools. Gain familiarity with equipment like the slab roller and extruder, while honing your style. The teaching artist guides demonstrations including foundational methods of pinch, coil and slab. All levels. For more information, visit tempe.gov/EdnaArts. 480-350-5287

81891 16 yrs+ Th 1/23-3/6 6-8:50 p.m. EDNA \$158 82059 16 yrs+ Sa 2/1-3/8 9 a.m.-noon EDNA \$135

#### Ceramics: Intermediate/Advanced Throwing

Time to take your pottery wheel skills up a level. Work on the wheel as you advance in technique and scale with guidance of the teaching artist. Participants should be comfortable with centering, opening and pulling consistently on the wheel. For more information, visit tempe.gov/EdnaArts.

Fee: \$158. 480-350-5287

81896 16 yrs+ T 1/21-3/4 9 a.m.-noon EDNA 81897 16 yrs+ Th 12:30-3:30 p.m. EDNA 1/23-3/6

#### Ceramics: Introduction to Throwing

This class is an introduction to the pottery wheel and structured with true beginners in mind. Learn how to create beautiful bowls, cylinders and vessels in this hands-on class. Previous ceramics experience is not required. All spaces are reserved for first-time ceramics students. For more information, visit tempe.gov/EdnaArts. Fee: \$158. 480-350-5287

81898 16 yrs+ T 1/21-3/4 12:30-3:30 p.m. EDNA 81899 16 yrs+ W 1/22-3/5 6-8:50 p.m. EDNA 81900 16 yrs+ Th 1/23-3/6 9 a.m.-noon EDNA

Keep a Good Class Going Register Early!



#### **Ceramics; Sculptural Forms**

Explore techniques and tools to create altered forms on and off the wheel. The teaching artist will demonstrate new and reimagined techniques to inspire and support you in your individual project ideas. Participants should be comfortable on the wheel and consistent with centering, opening and pulling. For more information, visit tempe.gov/EdnaArts.

Fee: \$158. 480-350-5287

81890 16 yrs+ W 1/22-3/5 9 a.m.-noon EDNA

#### Ceramics; Surface Design

Learn different techniques using stains, slips and glazes to design and decorate your pieces. Application of surface design is the focus of this course, with your choice to hand build or work on the wheel to create the basic forms for your projects. Prior ceramics experience required. For more information, visit tempe.gov/EdnaArts. \*No class 2/17. 480-350-5287

81892 16 yrs+ T 1/21-3/4 6-8:50 p.m. EDNA \$158 81893 16 yrs+ W 1/22-3/5 12:30-3:30 p.m. EDNA \$158 81902 16 yrs+ M 1/27-3/3\* 9 a.m.-noon EDNA \$113



**Drawing; Basics** 

Capture what you see on paper. Through a variety of exercises, you will develop observational skills and drawing techniques through a range of drawing materials. Work from photos and the real world to create expressive and realistic drawings. All levels. For more information, visit tempe.gov/EdnaArts. \*No class 2/17. 480-350-5287 81908 16 yrs+ T 1/21-3/4 12:30-3 p.m. EDNA \$88 81917 16 yrs+ M 1/27-3/3\* 6-8:30 p.m. EDNA \$63

#### **Drawing; Colored Pencil**

Explore the vibrant world of colored pencils; draw from photos and your imagination to enrich your creative mind and see through an artist's eye. Gain confidence through fundamental techniques such as basic color theory, layering and blending while experimenting with texture, light and shadow. All levels. For more information, visit tempe.gov/EdnaArts.

No class 2/17. Fee: \$63. 480-350-5287

81906 16 yrs+ M 1/27-3/3 12:30-3 p.m. EDNA

**Drawing**; Life Drawing

Learn the basics of human figure and advance into drawing from life and self-portraiture. Hone your knowledge of how shading, mark-making and shapes influence the figure to develop your skills in observational drawing. Basic understanding of drawing recommended. Models clothed for all sessions. For more information, visit tempe.gov/EdnaArts. Fee: \$132. 480-350-5287

81909 18 yrs+ W 1/22-3/5

6-8:30 p.m. EDNA

#### **Drawing & Painting; Fantasy Illustration**

Get inspired by myths and legends to depict fantastical characters and scenes through distinctive art processes. You will learn how to create detailed and imaginative artworks in drawing and painting media including pencil, pen, markers and acrylic paint. All levels. For more information, visit tempe.gov/EdnaArts. Fee: \$100. 480-350-5287

81921 16 yrs+ T 1/21-3/4 6-8:30 p.m. EDNA

#### Mixed Media; Art Journaling

Embrace your creative brain with art journaling. The artist's journal provides a space for art making that is experimental, creative and informative. Learn techniques that utilize a variety of drawing and painting materials, collage techniques and activities to help you develop new ideas. For more information, visit tempe.gov/EdnaArts. No class 2/17. Fee: \$63. 480-350-5287

81916 16 yrs+ M 1/27-3/3 6-8:30 p.m. EDNA

## Mixed Media; Artist Books

The artist book is a direct representation of the experiences and style of the maker. Investigate the practice of book creation through basic book binding, collage processes, stencils and drawing exercises. The teaching artist will provide demonstrations to encourage your own artistic journey. For more information, visit tempe.gov/EdnaArts.

Fee: \$88. 480-350-5287

81907 16 yrs+ Th 1/23-3/6 12:30-3 p.m. EDNA

## Mixed Media; Card Making

Use watercolors, unique stamps and embellishments to create cards for celebrations, holidays or just for fun. Each workshop will introduce different processes so participants are welcome to sign up for both. All materials provided.

For more information, visit tempe.gov/EdnaArts.

Fee: \$35. 480-350-5287

81924 16 yrs+ Sa 2/1 11 a.m.-3 p.m. EDNA 81925 16 yrs+ Sa 2/8 11 a.m.-3 p.m. EDNA

## Mixed Media; Found Photo Embroidery

Ready for a workshop celebrating the unique mix of photography and textile art? Bring in your choice of photo or choose one at random to embellish with embroidery thread. The teaching artist will go over basic embroidery techniques and how to approach photos as a canvas to ensure success. All levels. For more information, visit tempe.gov/EdnaArts. Fee: \$25. 480-350-5287

81926 16 yrs+ Sa 2/22 11 a.m.-3 p.m. EDNA

## Painting; Gouache

Gouache is a medium with the aesthetic of oil painting and drying time of acrylics. It is water soluble, allowing artists of all backgrounds to play with color layering and texture. In this workshop, you will learn foundational and experimental techniques through the creation of a gouache still life. All levels. For more information, visit tempe.gov/EdnaArts.

Fee: \$40. 480-350-5287 82368 16 yrs+ Sa 2/15 11 a.m.-3 p.m. EDNA 82369 16 yrs+ Sa 3/1 11 a.m.-3 p.m. EDNA

#### Painting; Watercolor

Create striking artworks while focusing on basic watercolor techniques to emulate accurate color and lighting in your pieces. This class will focus on understanding the materials and how to control the watercolor medium to develop your skills. All levels. For more information, visit

tempe.gov/EdnaArts. Fee: \$88. 480-350-5287

12:30-3 p.m. EDNA 81923 16 yrs+ W 1/22-3/5

#### Painting in Oils; Pet Portraits

Embrace traditional and contemporary practices of oil painting as you create artwork from photos of your furry friend. The teaching artist will guide you through skills such as color mixing, the process of alla prima and brush techniques to help build your confidence and skillsets. All levels.

For more information, visit tempe.gov/EdnaArts.

Fee: \$100. 480-350-5287

81922 16 yrs+ Th 1/23-3/6 6-8:30 p.m. EDNA

#### Printmaking; Relief

Learn the process of relief printing and the magic of the multiple. The teaching artist will guide you from concept to finished print while exploring carving tools and varied surfaces for printing. Experiment with new techniques to develop your printmaking skills and style. All levels. For more information, visit tempe.gov/EdnaArts. Fee: \$88. 480-350-5287 81929 16 yrs+ W 1/22-3/5 6-8:30 p.m. EDNA

### Sculpture; Plaster

Explore the art of plaster in this all-level workshop to create a two-part mold from a found object and explore reductive sculptural techniques. Plaster is quick to produce with a fast-drying turnaround time, making this a fun, speedy art medium for artists and creatives of all kinds.

For more information, visit tempe.gov/EdnaArts.

Fee: \$40. 480-350-5287

81919 16 yrs+ Sa 3/8 11 a.m.-3 p.m. EDNA

#### Textiles; Functional Fashion

Welcome to the world of wearable art. Learn a variety of hand embroidery stitches, build an embroidery library and use these stitching skills to customize your wardrobe through visible mending. All levels. For more information, visit tempe.gov/EdnaArts. Fee: \$88. 480-350-5287 81938 16 yrs+ Th 1/23-3/6 6-8:30 p.m. EDNA

#### Textiles; Felting

Experiment with felting, a unique art process that can be loose or structured to produce two and three-dimensional fiber artworks to match your aesthetic. Using pre-dyed wool, you can explore texture building and fiber blending through agitation processes to create pieces that are decorative, functional or both. For more information, visit tempe.gov/EdnaArts. Fee: \$88. 480-350-5287 6-8:30 p.m. EDNA 81940 16 yrs+ T 1/21-3/4

Register for Classes Online! tempe.gov/play

#### **Boating**

#### Float Test; Rowing Classes Only

All rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video (does not include paddling and Adult Learn to Row Workshop participants classes). If you have rowing experience but are new to the City of Tempe Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office: 480-350-8069

#### Adult Learn to Row

Designed for first-time rowers, this course will introduce the basics of rowing safety and boat-handling. Proper rowing technique and fitness development are stressed. Participants must pass a 10-minute float test during the first class and have a basic level of fitness. The first three classes are mandatory. \*No class 1/19. \*\*No class 3/1, 3/2. 480-350-8069

82185 18 yrs+ T/Th 1/7-1/30 9-11 a.m. TTLM \$96 18 yrs+ Sa/Su 1/11-2/2\* 7:30-9:30 a.m. TTLM \$84 18 yrs+ Sa/Su 2/8-3/9\*\* 7:30-9:30 a.m. TTLM \$96

#### Adult Novice Open Rowing & Sculling

This class is designed to bridge the gap between Learn to Row and Open Rowing & Sculling. Rowers will have a chance to row in team boats with experienced athletes and take part in hybrid technical/racing practices. Class can be repeated until rower is ready to move to Open Rowing & Sculling. Prerequisite: Learn to Row.

\*No class 3/1. \*\*No class 1/19, 3/2. 480-350-8069

82205	18 yrs+	Т	1/21-3/25	9-11 a.m. TTLM \$110
82206	18 yrs+	Τ	1/7-3/25	5:45-7:45 p.m. TTLM \$132
82207	18 yrs+	Th	1/23-3/27	9-11 a.m. TTLM \$110
82208	18 yrs+	Sa	1/11-3/22*	7-9 a.m. TTLM \$121
82209	18 vrs+	Su	1/12-3/13*	* 7-9 a.m. TTLM \$110

#### Adult Open Rowing and Sculling

This program brings experienced rowers together. Sweep-rowers and scullers may try either discipline. It will feature cross-training and video analysis. It will focus on flexibility as well as a high level of rowing.

Prerequisite: Learn to Row and Novice Open Rowing or commensurate rowing experience.

\*No class 3/1. \*\*No class 1/19, 3/2. 480-350-8069

82210	18 yrs+	Τ	1/21-3/25	9-11 a.m. TTLM \$110
82211	18 yrs+	Т	1/7-3/25	5:45-7:45 p.m. TTLM \$120
82212	18 yrs+	Th	1/23-3/27	9-11 a.m. TTLM \$100
82213	18 yrs+	Sa	1/11-3/22*	7-9 a.m. TTLM \$110
82214	18 yrs+	Su	1/12-3/23*	* 7-9 a.m.TTLM \$100

#### Adult Rowing Fitness

Try our brand-new rowing machines. Low impact while still working over 75% of your muscles, you'll get a full body work out. Rowing will be mixed in with core, light weights and stretching. The instructor will work with you on your technique and push you to reach new heights on your fitness progression. Workouts are tailored to the individual.

Drop-In Fee: \$10. 480-350-8069

82188	18 yrs+	W	1/8-1/29	7-8 a.m.	TTLM \$32
82189	18 yrs+	W	2/5-2/26	7-8 a.m.	TTLM \$32
82190	18 yrs+	W	3/5-3/19	6:30-7:30 a.m.	TTLM \$24

#### **Essentials of Kayak Touring**

Developed and coached by ACA-certified kayak instructors, this class will refine your kayak touring skills and is perfect for all levels of experience. Instructors focus on basic and intermediate strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-inside" touring kayaks. Equipment provided. Prior experience not required. 480-350-8069

82192 18 yrs+ Sa 2/1-2/8 8-10 a.m. TTLM \$50 82193 18 yrs+ Sa 3/8-3/15 7-11 a.m. TTLM \$60

#### Glow Kayak

The wildest and brightest glow kayak on Tempe Town Lake. Join us for a night under the stars while we glow and glide across the water. In addition to all necessary kayaking equipment, participants will receive glow in the dark accessories. Feel free to wear glow in the dark clothing items which you won't mind getting wet. Adult Fee: \$35. Youth Fee (10-17): \$20. 480-350-8069 82195 10 yrs+ F 3/14 7-9 p.m. TTLM

Introduction to Kayaking

Developed and coached by ACA-certified kayak instructors, this is a perfect class for all levels of paddling experience. This class will focus on basic strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-on-top" kayaks. All necessary equipment provided. Prior experience not required. Fee: \$54, 480-350-8069

82196 18 yrs+ Sa 1/25 8-11 a.m. TTLM 82197 18 yrs+ Sa 2/15 7-11 a.m. TTLM

#### Introduction to Kayaking; Adult/Youth

Bring your son, daughter, nephew, niece, sibling or family friend to learn the basics of kayaking. Equipment provided. Prior experience not required. Youth participants must be accompanied by a registered adult. Adult Fee: \$30. Youth Fee (10-17): \$15. No more than 3 youths per adult. 480-350-8069

82199 10 yrs+ Sa 3/8 8-9:30 a.m. TTLM

Introduction to Stand-Up Paddling

Join the fastest-growing watersport in the country and learn the basics of Stand-Up Paddling. Equipment provided. Prior experience not required. Fee: \$30. 480-350-8069 82198 18 yrs+ Sa 3/8 7:30-9 a.m. TTLM

## Introduction to Stand-Up Paddling; Adult/Youth

Bring your son, daughter, nephew, niece, sibling or family friend to learn the basics of Stand-Up Paddling. Equipment provided. Prior experience not required. Youth participants must be accompanied by a registered adult. Adult Fee: \$30. Youth Fee (10-17): \$15.

No more than 3 youths per adult. 480-350-8069

82200 10 yrs+ Sa 3/8 9-10:30 a.m. TTLM

#### Stand-Up Paddling Fitness

Once you have learned the basics of SUP, stay in shape by taking SUP Fitness. This class will focus on fitness and advanced paddling technique. Prerequisite: Introduction to Stand-Up Paddling or commensurate experience. Class time is subject to change with each season.

No class 3/23. Fee: \$90. 480-350-8069

82215 18 yrs+ Su 3/9-5/18 7-8:30 a.m. TTLM



Stand-Up Paddling Yoga

Enjoy a short paddle on the lake. After attaching your paddleboard to the anchored yoga line, you will be guided through a 1-hour basic yoga class, which includes modified postures. You will be encouraged to stand up and try the full expression of the postures, but postures can be modified on hands and knees. Prerequisite Intro SUP or commensurate experience. Fee: \$30. 480-350-8069

82216 18 yrs+ Su 3/16 9-10:30 a.m. TTLM

#### Health & Fitness



Donna Cole is a multi-talented fitness instructor certified in both group fitness and personal training instruction for over 20 years and brings a wealth of experience to the City of Tempe. Donna's undeniable charisma and motivation keeps her students coming back for more. Using the latest techniques and trends, she has successfully taught at multiple studios across the valley specializing in Pilates, barre, step aerobics and body sculpting.

#### **Exercise: Barre Fit**

Barre Fit is one of the most effective ways to change the shape of your body for a total body workout. It blends ballet, strength training, yoga and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and floor glides will be used as props. Bring your own fitness mat. Medium intensity class. Donna. \*No class 1/20, 2/17. 480-350-5208 81980 16 yrs+ M 1/6-3/3\* 9:30-10:30 a.m. CLRK \$39 81751 16 yrs+ W 1/8-3/5 5-6 p.m. PAC \$54

#### Exercise; 20/20/20 Fitness Express

Complete an overall body core training workout which targets the three major components of fitness: 20 minutes of cardio, 20 minutes of strength training followed by 20 minutes of core work, flexibility and stretching. Class taught by a certified fitness trainer. Donna. Bring your own fitness mat. Fee: \$54. 480-350-5211

81750 16 yrs+ T 1/7-3/4 6-7 p.m. PAC

#### **Exercise**; Core Power-Virtual

Increase your core body strength to enhance your balance, stability, flexibility and overall health. Certified personal trainer, Joan, will guide you through standing, seated and floor based functional strength exercises using light hand weights, a small exercise ball and your own body weight. All levels.

\*No class 1/20, 2/17. 480-350-5208

81981 16 yrs+ M 1/6-3/3\* 9-10 a.m. Virtual \$39 81982 16 yrs+ W 1/8-3/5 9-10 a.m. Virtual \$50

#### Exercise; Dance Fitness: COMMIT

A dynamic, fun-filled HIIT (High Intensity Interval Training) style dance workout. Each routine focuses on essential fitness elements created to a variety of popular music, from all over the world, that will inspire everyone to get moving. All levels. Stacey. Fee: \$45. 480-350-5211

81752 16 yrs+ Th 1/9-3/6 6-7 p.m. PAC

#### **Exercise**; Functional Fitness-Virtual

Complete a total body workout which targets the three major components of fitness: cardio, strength and flexibility. Results include improved endurance, overall body strength, increased balance, stability and greater flexibility. Joan. All levels. Fee: \$50. 480-350-5208

81983 16 yrs+ T 9-10 a.m. Virtual

## Exercise; pyroPILATES This Pilates based, low-impact class combines core

strengthening exercises along with challenging High Intensity Interval Training (HIIT) for an intense, fun workout that increases strength, stamina and flexibility. Despite the name, this is a non-heated class and offers the option for additional hand weights. Medium intensity class. Fee: \$50. 480-350-5208

81979 16 yrs+ W CLRK 1/8-3/5 6-7 p.m.



## Exercise; Warrior Strength

WARRIOR Strength™ is a dynamic format including cardio and strength training, energizing playlists and a functional fitness focus. WARRIOR Strength includes super fun and original formulas that make time fly by. Sweat, feel the burn and enjoy an endorphin rush like no other while working on your heart health. No class 1/20, 2/17. Fee: \$35. 480-350-5211 81753 16 yrs+ M 1/6-3/3 PAC

#### Exercise; Zumba

Come join us for a fun and challenging full-body dance workout. Zumba can be a fun alternative to traditional fitness programs that promotes cardiovascular health, increased metabolism, improved mood and weight loss. Our classes are judgement free, performed at your ability level; with a centric focus on community, health and fun. Mari.

Fee: \$50. 480-350-5208

82335 18 yrs+ Th 1/9-3/6 6-7 p.m. **CLRK** 

#### Fit to Fight Circuit Training

Train like the professional fighters do. Keep your body guessing in this total body workout that will build your strength and cardiovascular endurance. This no-contact class teaches proper form and modifications using battle ropes, kettlebells, dumbbells and more, to get you in tip-top shape. All levels. Fee: \$85. 480-350-5200

81818 13 yrs+ M/W/F 1/3-1/31 5:30-6:15 p.m. **SBMTF** 81819 13 yrs+ M/W/F 2/3-2/28 5:30-6:15 p.m. **SBMTF** 81820 13 yrs+ M/W/F 3/3-3/31 5:30-6:15 p.m. SBMTF

#### Martial Arts; Aikido for Self-Defense

Aikido is a Japanese Martial Art involving throws and joint locks derived from Jujitsu and Kenjutsu (sword technique). Aikido focuses on using your opponent's energy to gain control or throw them away from you. Aikido does not focus on physical strength, but places great emphasis on motion and the dynamics of movement. All levels. Gi is not required. Fee: \$54. 480-858-6500

82326 13 yrs+ T 1/7-3/4 NCC 6:15-7:30 p.m.

#### Martial Arts; Beginning Muay Thai

Muay Thai, also known as Thai boxing, is a combat sport that uses striking and clinching techniques combining the use of fists, elbows, knees and shins. Learn proper stance, footwork and basic strikes including punches and kicks. This class uses a combination of bag work, partner drills and pad work to learn the basics. Suitable for beginners. Fee: \$75. 480-350-5200

**SBMTF** 81827 13 yrs+ T/Th 1/2-1/30 5-6 p.m. 81828 13 yrs+ T/Th 2/4-2/27 5-6 p.m. **SBMTF** 81829 13 yrs+ T/Th 3/4-3/27 **SBMTF** 5-6 p.m.

#### Martial Arts;

#### Goju Shorei Self Defense with Cane

Learn how to use a wooden cane as a legal and practical self-defense weapon. Students will learn basic strikes, blocks and footwork. Prior martial arts experience is recommended but not mandatory. Students may either purchase a cane (\$35) or borrow one for use during class. Kumar.

Fee: \$50. 480-350-5208

**CLRK** 81992 16 yrs+ Sa 1/11-3/8 9-10 a.m.

#### Martial Arts; Jujutsu

Learn traditional self-defense techniques such as joint locks, throws, chokes, strikes, blocks, ground fighting, pins and pressure point attacks as practiced by the Doshin (Samurai policeman). Taught by licensed instructors of the Otake Han Doshin Ryu system of Jujutsu. All levels. Prior martial arts training is not required. Fee: \$55. 480-350-5208

81993	16 yrs+	T/Th 1/7-1/30	7:45-9 p.m.	CLRK
81994	16 yrs+	T/Th 2/4-2/27	7:45-9 p.m.	CLRK
81995	16 yrs+	T/Th 3/4-3/27	7:45-9 p.m.	CLRK

#### Martial Arts; Karate

82327 12 yrs+ Th

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch followed by basic kick-punch-block drills.

Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Comfortable clothing is recommended. Kumar. Fee: \$54. 480-350-5208

81996 12 yrs+ Sa 1/11-3/8 10:15-11:40 a.m. CLRK

6:20-7:45 p.m.

NCC

#### Martial Arts; Karate Lim Kenpo

1/9-3/6

Learn self-defense through effective techniques, awareness and prevention. Benefits include self-confidence and improved physical fitness. Uniforms can be purchased through the instructor for \$60. Must wear shoes and bring a water bottle. For more information contact limkaratelfma@gmail.com or call 602-525-8472. Fee: \$70, 480-350-5208

81997	13 yrs+	W/Th 1/8-1/	30 6:30-7:30 p.m.	CLRK
81998	13 yrs+	W/Th 2/5-2/	27 6:30-7:30 p.m.	CLRK
81999	13 yrs+	W/Th 3/5-3/	27 6:30-7:30 p.m.	CLRK

#### Pilates; Stretch, Tone & Relax

This multi-level class combines Pilates exercises with effective stretching techniques to increase strength and flexibility for your entire body. Major areas of focus are the core, stability work, coordination and breathing. A brief relaxation period will conclude the class. Prior Pilates experience is not required. All levels. Diane. Fee: \$45. 480-350-5211 80948 16 yrs+ T 1/7-3/4 10:30 -11:30 a.m. PAC

#### Tai Chi-Beginning Level I

An introductory class in the Guang Ping Yang style of Tai Chi which involves deep breathing and slow, gentle movements. Students gain increased body balance, flexibility and improved posture. The benefits of Tai Chi practice include relaxation and rejuvenation and it is often described as moving meditation. Peggi. Fee: \$54. 480-350-5211

81765 14 yrs+ Sa 1/11-3/8 10:15-11:15 a.m. PAC

#### Tai Chi-Intermediate Level II

The Guang Ping Yang style of Tai Chi is a sequence of 64 movements. This class builds on the movements learned in Level I. Emphasis is placed on fluid movement and synchronizing breath with movement. Prerequisite Level I. Level II is for returning students or anyone familiar with Guang Ping Yang style of Tai Chi. Peggi. Fee: \$54. 480-350-5211 81766 14 yrs+ Sa 1/11-3/8 9:15-10:15 a.m. PAC

## Turn Up Dance Fitness

Turn Up Dance fitness is for any body. It is a combination of dance, strength training and HIIT (High Intensity Interval Training). This class is designed for all levels, with modifications provided for beginners. It's a dance party. Turn Up encourages you to live loudly, dance ruthlessly and evolve unapologetically. Melissa. Fee: \$54. 480-350-5211 82218 16 yrs+ W 1/8-3/5 6:15-7:15 p.m. PAC

#### Workshop;

#### The Science of Yoga; Part I, Who am I?

Yoga is an ancient science rooted in deep insights into the body and mind that light a path to the highest possible experience of being human. This class introduces core concepts and ways to use Yoga to live a life beyond the ordinary. In Part I, we will look at how Yoga defines what it means to be human. Caroline. Fee: \$19. 480-350-5208 82064 16 yrs+ Sa 2/1 1-3:30 p.m. CLRK

#### Workshop; The Science of Yoga, Part V An Introduction to Yogic Psychology

Yoga is an ancient science rooted in deep insights into the body and mind that light a path to the highest possible experience of being human. This class introduces core concepts and ways to use yoga to live a life beyond the ordinary. In Part V we look at how Yoga conceives of the human mind and its workings. Caroline.

Fee: \$19. 480-350-5208 82010 16 yrs+ Sa 1/25 1-3:30 p.m. CLRK

## Workshop; The Science of Yoga, Part VI – Why is Being Human so Hard?

Yoga is an ancient science rooted in deep insights into the body and mind that light a path to the highest possible experience of being human. This class introduces core concepts and ways to use Yoga to live a life beyond the ordinary. In Part VI we look at the nature of suffering and begin to see a way out. Caroline. Fee: \$19. 480-350-5208 82011 16 yrs+ Sa 2/8 1-3:30 p.m. CLRK

## Yin Yoga

Yin yoga is a slow, mindful practice of longer holds mostly done from seated or lying down. It releases the web of connective tissue in the body, soothing the nervous system and aiding the immune system. It calms the mind and opens an experience of deep inner awareness. You will leave feeling lighter and easier in your body and mind. All levels. Caroline.

Fee: \$50. 480-350-5208 82012 16 yrs+ W 1/8-3/5 1:30-2:30 p.m. CLRK

#### Yoga; Body, Breath and Mind

A complete yoga practice that will include equal focus on relaxing and stretching the body, dedicated focus on the breath/energy body and the practice of various meditation techniques. Caroline. \*No class 1/20, 2/17.



#### Yoga; Evening Wind Down

Let go of your day, calm your mind and body. This class is a wonderful and relaxing way to end the day by combining gentle movement using poses to calm nerves and prepare your body for a good night's sleep. Release tension with simple techniques including breathing, meditation and stretching. All levels. Caroline. Fee: \$54. 480-350-5211

81780 16 yrs+ T 1/7-3/4 7:15-8:45 p.m. PAC

#### Yoga; In the Park

Start your weekend with a relaxing outdoor yoga class while enjoying the fresh air. Emphasis on the basics of breathing, strengthening, alignment and primary poses. Practice is slow and modifications are offered. Bring your own yoga mat and equipment. Carol Ann. Drop-in Fee: \$7. Fee: \$54. 480-350-5200

82014 16 yrs+ Sa 1/11-3/8 9-10:15 a.m. HOLLIS

#### Yoga; Light and Balanced

Unwind, refresh and start your weekend with a positive feeling in body and mind. Practice both nurturing and rejuvenating yoga poses to release tension and restore your natural abundant flow of energy. Enjoy a practice that encourages physical and mental stability and flexibility. All levels. Caroline. Fee: \$50. 480-350-5208

82015 16 yrs+ Sa 1/11-3/8 9-10:15 a.m. **CLRK** 

### Yoga; Mindful Movement

This class is designed to help you unwind, reduce stress and rejuvenate your body and mind. Through Hatha-style yoga sequences that synchronize breath with movement, you will experience intentional poses, deep breathing exercises and calming meditation. Restores energy and enhances well-being. All levels. No class 1/28, 2/18. Fee: \$33. 480-350-5208 82016 16 yrs+ T 1/14-3/4 6-7 p.m. CLRK

#### Yoga; Slow and Gentle

Perfect for beginners and those wanting a slow, meditative and gentle yoga class. Increase flexibility, joint mobility and agility. Incorporate breathing exercises along with visualization techniques for stress reduction. Poses are modified and may be done with props. No class 1/20, 2/17. Fee: \$42.

480-350-5211

81781 16 yrs+ M 1/6-3/3 10-11:30 a.m. PAC

#### Yoga; Slow Flow

This all-levels flow practice mindfully builds strength and flexibility, improves posture and concentration. Breath, mindful movement and posture alignment are integrated. Move in and out of poses in a slow, breath-centric rhythm, using focused transitions. Get a total-body workout at a slow pace. Caroline. No class 1/20, 2/17. Fee: \$42. 480-350-5211

1/6-3/3 81782 16 yrs+ M 6-7:30 p.m. PAC 81783 16 yrs+ M 1/6-3/3 6-7:30 p.m. Virtual

#### Yoga; Stretch and Relaxation-Virtual

A total-body, mat-based, stretching class with guided meditation. Stretch your body from head to toe using a variety of safe exercises. Increase your range of motion and flexibility, reduce back pain and improve posture. Positively transform the way your body looks, feels and performs. All levels. Joan. Fee: \$50. 480-350-5208

82017 16 yrs+ Th 1/9-3/6 9-10 a.m. Virtual

#### Yoga: Therapeutic

Learn to move with more confidence and ease, using simple, modified yoga poses and breath practices. Gently build strength and mobility. Practice with a slow, mindful pace. All levels. Caroline. No class 1/20, 2/17. Fee: \$42. 480-350-5211

81784 16 yrs+ M 1/6-3/3 4:45-5:45 p.m. PAC

#### Yoga; Tone and Core

A perfect way to refine your body from the inside out. Emphasis will be on strengthening the body from the deep center by using a variety of yoga postures as a guide. Target and challenge the muscles of the back, abdominals, hips and glutes. Caroline. Fee: \$54. 480-350-5211

81785 16 yrs+ T 1/7-3/4 6-7 p.m. PAC 81786 16 yrs+ W 1/8-3/5 10:15-11:30 a.m. PAC

#### Yoga; Workday Reprieve

Unwind from your busy workday through simple yoga poses and focused breathing to help relax your head, neck, shoulders and back. This class will flow at a slower pace. All levels. Kim. Fee: \$49. 480-858-6500

82328 16 yrs+ W 1/8-3/5 6:15-7:15 p.m. NCC

### Yogilates

Yogilates combines Yoga and Pilates practices offering the best of both worlds. Exercises will cultivate proper breath use, strength, stamina, stability and flexibility while also emphasizing the deep muscles of the core. Bring your own yoga mat. Prior experience is not required.

Certified Yoga/Pilates instructor: Diane.

Fee: \$45. 480-350-5211

81787 16 yrs+ T 1/7-3/4 PAC 9-10:15 a.m.

#### Special Interest

#### Adult CPR/AED with Basic First Aid

Learn the basics needed to help save a life. Discern between heart attacks, strokes and airway obstruction. Learn to care for burns, cuts, injuries and more. Meets OSHA Guidelines for First Aid Programs and combines lecture, interactive video demonstrations and hands-on training. Students will earn a combo certificate for CPR/AED and Basic FA.

Fee: \$52. 480-350-5208

81797 16 yrs+ Sa 2/15 11 a.m-2:30 p.m. **CLRK** 

## Beginner Bouldering;

#### **Technique for Adults**

Whether you've tried climbing once or are brand new, this class is for you. Learn basic climbing techniques, skills and strategies necessary to unlock new movements and challenges. Class will cover mental strategies and novel techniques that will give you climbing confidence.

Climbing shoes provided. Wear comfortable activewear.

	480-350-5200

82302	18 yrs+	Τ	1/21	7-8:30 p.m.	TBP
82304	18 yrs+	Τ	2/11	7-8:30 p.m.	TBP
82306	18 yrs+	Т	3/4	7-8:30 p.m.	TBP
82308	18 yrs+	Τ	3/18	7-8:30 p.m.	TBP
82220	18 yrs+	Th	1/9	5:30-7 p.m.	TBP
82301	18 yrs+	Th	1/16	5:30-7 p.m.	TBP
82303	18 yrs+	Th	2/6	5:30-7 p.m.	TBP
82305	18 yrs+	Th	2/20	5:30-7 p.m.	TBP
82307	18 yrs+	Th	3/13	5:30-7 p.m.	TBP



#### Intro to Climbing for Adults

Learn the fundamentals needed to begin climbing. Instructor will cover basics like climbing safety, etiquette and techniques. Become familiar with climbing equipment, proper footwork, body positioning and safety. Goal for class is to make sure you are comfortable in the gym and feel safe climbing. Climbing shoes available for use. Wear comfortable activewear. Fee: \$20. 480-350-5200

82219	18 yrs+	Sa	1/11	9:30-10:15 a.m.	TBP
82293	18 yrs+	Sa	1/18	9:30-10:15 a.m.	TBP
82294	18 yrs+	Sa	1/25	9:30-10:15 a.m.	TBP
82295	18 yrs+	Sa	2/8	9:30-10:15 a.m.	TBP
82296	18 yrs+	Sa	2/15	9:30-10:15 a.m.	TBP
82297	18 yrs+	Sa	2/22	9:30-10:15 a.m.	TBP
82298	18 yrs+	Sa	3/8	9:30-10:15 a.m.	TBP
82299	18 yrs+	Sa	3/15	9:30-10:15 a.m.	TBP
82300	18 yrs+	Sa	3/22	9:30-10:15 a.m.	TBP

#### Crochet 101

Learn the foundations of crochet; whether you are new or need a refresher. You will be introduced to crochet tools and terms such as: hook sizes, types/sizes of yarn and the importance of tension. Learn basic stitches and you will create a scarf in class. Small class size, with individual instruction available. Supply list will print on receipt. No class 1/20. Fee: \$66. 480-350-5208

81974 16 yrs+ M 1/6-2/10 **CLRK** 6:30-8:30 p.m.

#### Crochet 201

Create a special project to showcase your skill. An intermediate level class, participants need to complete Crochet 101 or have previous crochet experience. Small class size, with individual instruction available. Bring your own pattern and all the supplies needed to class. No class 2/11. Fee: \$66. 480-350-5208

81976 16 yrs+ T 1/21-2/25 6:30-8:30 p.m. **CLRK** 

#### **Crochet Circle**

Socialize and learn from others in the crochet community and exchange patterns, ideas and techniques. Bring your current crochet project to work on, or a new project with a pattern that you are interested in starting. The instructor will be available to help you with any questions. Prior crochet experience is recommended. Drop-in Fee: \$5. 480-350-5208. 1/14, 2/11, 3/11 6:30-8:30 p.m. CLRK No Code 16 yrs+ T

#### **DSLR Photography**

You will never shoot in auto again after learning how to best use concepts like Aperture, Speed and ISO and exploring your camera's buttons and settings. Mix-in discussions about composition and photo reviews and you will leave with a renewed confidence in your photography. Bring DSLR camera and manual to class. Fee: \$48. 480-350-5208 81947 14 yrs+ Sa 1/25-3/1 9-10:30 a.m. **CLRK** 

## Introduction to Knitting

Learn the basics of knitting, whether you are a beginner or need a refresher. You will be guided through essential techniques such as the foundational knit and purl stitch, casting on, styles of yarns and needles, the importance of tension and binding off to finish any project. Using these techniques you will create a scarf in class. Supply Fee: \$12. Fee: \$66. 480-350-5208

81957 18 yrs+ T 1/14-2/11 **CLRK** 11 a.m.-1 p.m.

#### Mandala Meditation

Discover the art of mindfulness in the mandala meditation class. Participants will engage in a guided mandala experience, blending the therapeutic practice of breathwork with the creation of mandalas using paper and ink. Join us as the simple act of drawing becomes a tool for cultivating mindfulness and inner peace. All levels.

Supply Fee: \$3. Fee: \$14. 480-350-5208

81989	18 yrs+	Sa	1/11	2:30-4:30 p.m.	CLRK
81990	18 yrs+	Sa	2/1	2:30-4:30 p.m.	CLRK
81991	18 yrs+	Sa	3/1	2:30-4:30 p.m.	CLRK

#### Pets: Basic Dog Obedience (6 mos+)

Teach your dog how to follow basic commands. The class focuses on socialization, working with distractions and addresses nuisance behaviors like barking and jumping. No dogs week one; first class includes paperwork, vaccination verification and Q & As. Training by Perfect Pooch, perfectpoochaz.com. Instructor Fee: \$100; due at first class. Fee: \$27. 480-350-5200

81943 16 yrs+ T 1/28-3/4 **TSC** 6:30-7:30 p.m. 81942 16 yrs+ Sa 1/25-3/1 8:30-9:30 a.m. PDP

#### Spanish; Passport to Spanish

An interactive introduction to Spanish. Learn basics of reading, speaking and writing. Prepare for travels as you build your vocabulary through pronunciation and reading. Required Book: "Complete Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-1260463132. Instruction by Mi Escuela Spanish Academy. No class 1/22. Fee: \$85. 480-350-5208 81798 14 yrs+ W CLRK 1/8-3/5 5:30-6:45 p.m.

#### Spanish; Level 2

Build on the fundamentals learned in Passport to Spanish with every day, informal conversation. Move beyond basics to explore verb conjugation, tenses, vocabulary and improve your reading and speaking skills. Required Book:

"Complete Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-1260463132. No class 1/22. Fee: \$85. 480-350-5208

81799 14 yrs+ W 1/8-3/5 7-8:15 p.m. **CLRK** 



#### Tempe History Museum

809 E. Southern Avenue 480-350-5100 Programs are free and open to the public.

Saturday 12/7, 12/14, 12/21 11 a.m.-3 p.m. Sunday 12/8, 12/15, 12/22 11 a.m.-3 p.m.

#### Christmas at Petersen House

Experience a Christmas tradition like no other. The valley's Victorian jewel will be decorated in high style, with an emphasis on its Danish heritage. Enjoy free self-guided historic house tours, light refreshments, entertainment and fun activities. We even have a pop-up museum store, so you can cross shopping off your holiday list. 1414 W. Southern Ave.

Friday, December 13, 7 p.m.

#### Performances at the Museum Tetra String Quartet Holiday Celebration

Join the Tetra String Quartet for their annual holiday celebration and silent auction. This festive event will include pre-show entertainment, a pre- and post-concert reception, a silent auction and a full concert performance. A holiday-themed program will be accompanied by an in-depth look at how Tetra is creating positive change in the community through their Play Out! initiative. This free event will be held in the museum's Community Room. Donations are welcome.

Saturday, December 14, 3 p.m.

#### Azure Family with Tetra String Quartet Featuring Deanna Rusnock, Accordion

Presented by the Tetra String Quartet, Azure Concerts are fun, friendly and engaging performances tailored to children and young adults who are on the autism spectrum or have similar challenges. Azure concerts are approximately 45 minutes. followed by an instrument petting zoo. Family members and caregivers of all ages are welcome. All behaviors welcome. Free tickets are available at www.tetraquartet.org/azure \*Partially funded by the City of Tempe Community Arts Grant.

Wednesday, January 8, 11:30 a.m.

#### Tempe History Society Lunch Talks Tempe's Tapestry of Parks; Mark Richwine

Tempe has 50 parks for recreation, picnics, places to walk the dogs, enjoy water features, biking, paddle boats and more. Hear how the network of parks was developed, how their amenities continue to be developed and why Tempe has earned national awards for setting aside these get-away places for its citizens. Mark Richwine, retired City of Tempe Parks and Recreation Director, spent 31 years in park management.

Saturday, January 11, 11 a.m. to 2 p.m.

#### **Eisendrath Open House**

Find out more about this Tempe landmark with a self-guided tour. Although Eisendrath House seemed isolated on a desert hillside, its residents maintained strong connections to Jewish culture, artistic accomplishment, and the wealthiest of social circles. Drop by to experience this intriguing historic home and its beautiful surroundings. 1400 N. College Ave., Parking is limited. tempe.gov/MuseumHistoricHouses

Friday, January 17, 7 p.m.

#### **Performances at the Museum Tindal Muzic**

Tindal Muzic is an alternative soul duo that met while teaching songwriting and instrumentation at a rock camp for youth. They were brought together by their shared love of musical influence such as Sade, Erykah Badu, the trip-hop/alternative movements of the 90's and soul music from the 70's and 80's.

Saturdays, February 1, 11 a.m.-2 p.m.

#### Petersen Open House

Find out more about this Tempe icon with your own self-guided tour. Petersen House was once the center of a bustling ranch, an elegant declaration of one family's status and influence in a growing town. Drop by to experience this charming historic home and unlock the stories it can tell. Donations welcome. 1414 W. Southern Ave. Parking is limited. tempe.gov/MuseumHistoricHouses

Wednesday, February 12, 11:30 a.m.

#### Tempe History Society Lunch Talks Arizona's African American Barbers by **Dallas Teat**

The history of Southwestern African American barbers is a complex spiderweb of interesting stories and facts having origins in Arizona's territorial days. The documentary 'Arizona's African American Barbers' examines the intricate relationship between barbers and the surrounding communities. For over twenty years Dallas has visually preserved portions of Arizona's rich African American history.

Saturday, February 15, 11 a.m.-2 p.m.

#### Elias-Rodriguez Open House

Explore this quintessential Sonoran residence with a self-quided tour. Nestled in one of the most historically rich areas of Tempe, Elias-Rodriguez House tells the story of the strong, enterprising women who built a community and nurtured it with the products of their land and labor. Experience this enchanting historic home and appreciate Tempe's Mexican heritage. Donations welcome. 927 E. 8th St., Parking is limited. tempe.gov/MuseumHistoricHouses

Saturday, March 1, at 3 p.m.

#### Azure Family with Tetra String Quartet **Featuring Dominique Holley, Bass Clarinet**

Presented by the Tetra String Quartet, Azure Concerts are fun, friendly and engaging performances tailored to children and young adults who are on the autism spectrum or have similar challenges. Azure concerts are approximately 45 minutes in length, followed by an instrument petting zoo. Family members and caregivers of all ages are welcome to attend. All behaviors welcome. Free tickets available at www.tetraquartet.org/azure \*Partially funded by the City of Tempe Community Arts Grant.

# **Sports**

#### Adult Sports Leagues

City of Tempe Adult Sports offers a variety of sports leagues which can accommodate all play styles and competitive skill levels, whether you are looking for a fun, recreational experience, a competitive experience or maybe somewhere in the middle. For more information check out our upcoming leagues below. Visit tempe.gov/adultsports for additional information about the leagues, rules and the registration process, call 480-350-5249 or e-mail adultsports@tempe.gov.

#### **Soccer 11 vs. 11**

Join us on the pitch for a 7-week season of 11 vs. 11 soccer. Each season is followed by a single-elimination tournament. Multiple divisions are offered to appeal to different levels of play, from recreational to intermediate to competitive. Team Fee: \$765.

81705 18 yrs+ M 1/13-4/14 6:30, 8:15 p.m. TSC/BEN

#### Softball League

Whether you are just looking to have fun or a competitive experience, softball has a variety of options. We offer both Men's and Co-Rec divisions. Single game divisions follow their season with a single-elimination tournament; double-headers follow with a double-elimination tournament. Teams register to play on one specific day. Games played at KTWB and TSC.

#### Co-Rec Single Headers Fee: \$385

81710	18 yrs+ F	1/10-3/28	6:30, 7:30, 8:30, 9:30 p.m.
81711	18 yrs+ Su	1/12-3/30	6, 7, 8, 9 p.m.

#### Co-Rec Double-Headers Fee: \$605

81706	18 yrs+ F	1/10-3/28	6:30, 7:30, 8:30, 9:30 p.m.
81707	18 yrs+ Su	1/12-3/30	6, 7, 8, 9 p.m.

#### Co-Rec Lite Double-Headers; Fee: \$605

81708	18 yrs+	Μ	1/13-3/31	6:30, 7:30, 8:30, 9:30 p.m.
81709	18 yrs+	Т	1/14-4/1	6:30, 7:30, 8:30, 9:30 p.m.

#### Men's Double-Headers Fee: \$605

81712 18 yrs+ M 1/13-3/31 6:30, 7:30	, 8:30, 9:30 p.m.
l	'
l	, 8:30, 9:30 p.m.
81715	, 8:30, 9:30 p.m.
81713 18 yrs+ Th 1/16-4/3 6:30, 7:30	, 8:30, 9:30 p.m.

#### Basketball: Men's Winter League

5 v 5 full-court league for all levels. Regular season games will be played over the course of seven weeks, or more depending on the number of teams registered, followed by a single-elimination tournament. The league will follow high school rules, with a few modifications. For more information visit tempe.gov/escalante.

\*No games 1/20, 2/17. \*\*No games 2/9.

Fee: \$5	15. Admi	ninstra	ative Fee: S	\$8. 480-350-5805	
81721	18 yrs+	M	1/6-3/17*	6:30, 7:20, 8:10 p.m.	KRC
81719	18 yrs+	M	1/6-3/17*	6:30, 7:20, 8:10 p.m.	ESCA
81724	18 yrs+	Т	1/7-3/4	6:30, 7:20, 8:10 p.m.	WCC
81720	18 yrs+	W	1/8-3/5	6:30, 7:30, 8:30 p.m.	<b>ESCA</b>
81722	18 yrs+	Th	1/9-3/6	6:30, 7:30, 8:30 p.m.	NCC
81723	18 yrs+	Su	1/5-3/9**	9, 10, 11 a.m., noon	ESCA

Basketball: Women's Winter League, Westside Community Center

Registration: 11/4
Date: 1/8-3/5

Location: WCC Team Fee: \$300 Admin Fee: \$8

Team registration code: 81725 Contact: Jennifer Gall 480-350-5805

#### Golf; Golf 101-Beginner

Have you always wanted to learn how to play golf but never made the time? Learn the fundamentals of golf from a PGA professional. Students will learn the rules, proper etiquette of golf, stance, grip and swing technique. Participants are encouraged to bring their own clubs; clubs may also be borrowed from the instructor. Meet in the pro shop.

Fee: \$55. 480-350-5200

81800	18 yrs+	Su	1/5-1/26	9-10 a.m.	KMGC
81801	18 yrs+	Su	2/2-2/23	9-10 a.m.	KMGC
81802	18 yrs+	Su	3/9-3/30	9-10 a.m.	KMGC

#### Golf; Golf 102-Intermediate

Designed for those who have already taken Golf 101 or need to dust off their clubs and get back in the game. The class is taught by a PGA professional who will help you gain a better understanding of equipment, how to perfect your golf swing, as well as on-course management. Students are encouraged to bring their own clubs. Meet in clubhouse.

Fee: \$55. 480-350-5200

81803	18 vrs+	Su	1/5-1/26	10:30-11:30 a.m.	KMGC
		_		10:30-11:30 a.m.	KMGC
		_		10:30-11:30 a.m.	KMGC



#### Hitsquad Ninja

Hitsquad Ninja is Ārizona's first gym dedicated to Ninja Warrior training. Train with prior competitors from NBC's American Ninja Warrior competition. Learn how to tackle the most challenging obstacle courses from the very best instructors in the industry. Please note, you may only register for the introductory class once through Tempe Parks and Recreation. If you would like to continue taking classes after you have completed the 1-month class, you will need to purchase a membership through the Hitsquad Ninja Gym (\$100/month).

#### Ninia Obstacle Course Training: Beginner

This introductory class is designed to teach teens/adults entry level ninja skills, tumbling, parkour, basic body control, how to fall and OCR (obstacle course racing) techniques.

Fee: \$80. 480-350-5208

76431	14 yrs+ 14 yrs+	W	1/8-1/29	6:30-7:45 p.m.	HSN
76431	14 yrs+	W	2/5-2/26	6:30-7:45 p.m.	HSN
	14 yrs+		3/5-3/26	6:30-7:45 p.m.	HSN

#### **Beginner Parkour**

76431	14 yrs+ W	1/8-1/29	5-6 p.m.	HSN
76431	14 yrs+ W	2/5-2/26	5-6 p.m.	HSN
76431	14 yrs+ W	3/5-3/26	5-6 p.m.	HSN

# **Activities for Adults (18+ Years)**

Pickleball is a blend of ping pong, badminton and tennis. It's a super fun way to stay active and enjoy friendly competition.





Hone your pickleball skills in our quality classes offered at convenient times and affordable rates. All skill levels welcome.

tempe.gov/play Temp



#### Pickleball; Drop-In-North Tempe/Escalante

Indoor courts are available for recreational drop-in games. All levels. All players are required to have a facility membership. A photo ID is required on the first visit. Fee: \$1 per visit. (3-month pass \$10, annual pass \$25) NCC 480-858-6500 ESCA 480-350-5800

No Code 18 yrs+ M/T Ongoing 6-8 p.m. NCC NCC No Code 18 yrs+ Th Ongoing 8 a.m.-noon No Code 18 yrs+ M/W 12/2-5/21 8 a.m.-noon ESCA



Bring your friends for a fun game of volleyball. Players of all levels. All players are required to have a facility membership. A photo ID is required on the first visit. Fee: \$1 per visit. (3-month pass \$10, annual pass \$25). NCC 480-858-6500 ESCA 480-350-5800

No Code 16 yrs+ W Ongoing 6-8 p.m. NCC No Code 16 yrs+ Su Ongoing 1-4 p.m. ESCA

#### Volleyball Drop-In; Kiwanis

The Kiwanis Recreation Center offers coed drop-in volleyball for ages 16 yrs+. Teams are formed on-site. Rules will be shared during sign-up. Fee: \$4. 480-350-5201

No Code 16 yrs+ Su 9/1-11/24 NCC 2:45-5:30 p.m.

### **Volleyball**; League Information tempe.gov/kiwanis

#### **League Registration Dates**

Resident Teams: 12/9-12/30 Non-Residents Teams: 12/13-12/30 League Dates (T/W): 7/7-2/19 **Tournament Dates:** 2/25-3/5

Women's League: 81576 Co-Rec League: 81577

Cost: \$350 per team.

Individual registration will not be accepted. Each team is guaranteed 7 games plus one tournament.

For more information, visit tempe.gov/kiwanis or email Jessej\_Wright@tempe.gov.



Tempe offers recreation for your canine companions. Visit one or all of our off-leash activity areas!

















Tempe Sports Complex Carver Rd. & Hardy Dr.



For more information visit tempe.gov 480-350-5201

Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2.

# **Cahill Senior Center**

715 W. 5th St., 480-858-2420, tempe.gov/CahillSeniorCenter

The center offers computers with Internet access, educational, exercise, cooking and social classes for ages 50 yrs+. Join the RTA (Retirees of Tempe Advisory Group) for event discounts.

#### **Facility Hours**

Monday-Friday, 8:30 a.m.-2:30 p.m.

#### **Facility Closures**

December 25, January 1, 20 and February 17

Weekly Activities\*

Exercise Class	M	10:30 a.m.
Exercise Class	Th	10:15 a.m.
Lunch Program before Bingo	F	11:30 a.m.
Bingo*	F	12:30 p.m.
*Card sales begin at noon		

# **Escalante Senior Center**

2150 E. Orange St., 480-350-5867, tempe.gov/Escalante

The center offers programming T-F for Adults 50+. Programs include exercise, art, dance, special events and various classes. The center also offers a senior lunch program. Call, or visit, the center to make lunch reservations or to learn how to register for classes or special events,

#### **Facility Hours**

Tuesday-Friday, 8:30 a.m.-2:30 p.m.

#### **Facility Closures**

December 25, January 1

#### **Weekly Activities**

Dynamic Dance	T	10:30 a.m11:30 a.m.
Video Chair Fitness	T/Th	1-2 p.m.
Breakfast Club	T-F	8:30-10 a.m.
Lunch Program	T-F	11:30 a.mnoon
Yoga	W	10:30-11:30 a.m.
Lifelong Learning	W	noon-1 p.m.
Dance Fusion	Th	10-11 a.m.
Movies	F	noon-2:30 p.m.

Birthday Bingo Last Wednesday of each month 1-2 p.m.

# North Tempe Senior Center

1555 N. Bridalwreath, 480-858-6512, tempe.gov/NorthTempe

The center is operated through a partnership between the City of Tempe and the Tempe Community Action Agency. TCAA operates all meals services, while the City operates the day-to-day activities. The Center offers books, iPads, magazines, a Roku TV, a Nintendo Wii System, playing cards and a collection of board games. Programming includes lunch on Mondays and Wednesdays, art & crafts, games, special events, guest speakers and exercise programs.

#### **Facility Hours**

Monday-Friday, 8 a.m.-1 p.m.

#### **Facility Closures**

December 25, January 1, 20 and February 17

#### Weekly Activities

Mahjong	М	10:30 a.m.
Geri-Fit® Exercise	M/W	9:30-10:30 a.m.
TCAA Congregate Lunch	M/W	11:30 a.m.
Coffee, Conversation and Treats	M-F	8-11 a.m.
Pickleball	Т	6-8 p.m.
Pickleball	Th	8 a.mnoon
Card Games	Th	10-11:30 a.m.
Yoga	F	9-10 a.m.

#### **Home Delivered Meal Program**

Tempe Community Action Agency (TCAA) at the North Tempe Multi-Generational Center operates the Home Delivered Meal (HDM) program that serves meals to home bound elderly and disabled individuals in Tempe and South Scottsdale.

Participants can be referred to the program by the senior help line 602-264-4357. TCAA also offers a private pay option. Meals are delivered M-F, 9:30 a.m.-12:30 p.m. For more information, call 480-858-6510 or visit www.tempeaction.org.

#### **Volunteer Opportunities**

To volunteer for the Home Delivered Meal Program, call 480-858-6510 for more information.

# Pyle Adult Recreation Center

655 E. Southern Ave., 480-350-5211, tempe.gov/Pyle

The center is a recreation facility for adults, ages 18 yrs+. The facility has a multipurpose room, dance room, fitness room and seven meeting rooms.

#### **Facility Hours**

Monday-Thursday	8 a.m9 p.m.
Friday	8 a.m5 p.m.
Saturday	9 a.m4 p.m.

#### **Facility Closures**

December 25, January 1, 20 and February 17

#### Retirees of Tempe Advisory (RTA)

The RTA advises Pyle staff regarding programs and events. Membership is \$6/year and provides members with various discounts. Apply in person at the Pyle Center front desk.

#### **Weekly Activities**

Lunch Program	Т	11:30 a.m.
Needlewielders	T/Th	9 a.mnoon
Bingo	W	1 p.m.
Special Events-Call for details	Th	11:30 a.m.
Current Events Discussion Group	Th	1 p.m.
Various card groups throughout the week		Times Varv

# **Activities for Adults (50+ Years)**

# **Arts & Crafts**

#### Mixed Media and Dimensional Design

Dive into different materials and water-based media. You will be guided through exercises to get your own creativity flowing as you begin sketching the initial drawings for your art. Experiment with composition through the use of collage. RB Anderson. For a list of supplies, visit tempe.gov/pyle or the

Pyle Adult Center front desk. 480-350-5211

81759 50 yrs+ Th 1/9-3/6 10 a.m.-1 p.m. \$72 PAC

#### Oil Painting; Acrylic Accepted

This course includes instruction and demonstrations with an emphasis on oil painting-acrylic accepted. RB Anderson. For a list of supplies, visit tempe.gov/pyle or the Pyle Adult Center front desk. No class 1/20, 2/17. 480-350-5211 81760 50 yrs+ M 1/6-3/3 10 a.m.-1 p.m. \$56 PAC

#### Watercolor Painting; Intermediate/Advanced

Learn how to draw and paint a successful composition using the elements and principals of design and develop your style of painting. Prerequisite: Introduction to Watercolor. Please bring materials to the first class. RB Anderson. For a list of materials and supplies, visit tempe.gov/pyle or the Pyle Adult Center from desk. 480-350-5211

81777 50 yrs+ W 1/8-3/5 12:30-3:30 p.m. \$72 PAC

#### Watercolor Painting; Introduction/Continuing

Learn beginning watercolor techniques including how to mix colors without getting "mud", to make and use a color wheel, to "control" watercolor, to create texture and more. RB Anderson. Cost of materials: \$40-\$45. For a list of materials and supplies, visit tempe.gov/pyle or the Pyle Adult Center front desk. Bring materials to the first class. 480-350-5211

81778 50 yrs+ W 1/8-3/5 9 a.m.-noon \$72 PAC

# Dance, Music & Theater

#### **Ballroom Dance**

Learn the ballroom basics. Dances may include the waltz, salsa, foxtrot, tango, rumba, swing and more. A partner is not required. No class 1/20, 2/17. Jana. 480-350-5211 81737 50 yrs+ M 1/6-3/3 6-7 p.m. \$42 PAC

#### Line Dance

Line dance is a great way to have fun while exercising your body and your mind. Learn these dances and fend off dementia, improve memory, balance and cardiovascular health. Focus is on form, technique and terminology in a fun and friendly environment. A partner is not required. Fran. 480-350-5211

Beginning

81756 50 yrs+	Th	1/9-3/6	5-5:55 p.m.	\$45 PAC
Intermediate				
81757 50 yrs+	Τ	1/7-3/4	5-5:55 p.m.	\$45 PAC
Intermediate/A	dvar	iced		
81758 50 yrs+	Т	1/7-3/4	6-6:55 p.m.	\$45 PAC

#### Tap Dance; Beginning

This beginning level class will teach you the basic tap steps as you put them together to create a fun dance routine. It offers a lot of fun and great exercise. \*No class 1/20, 2/17.

Drop-in available: \$5. Jana. 480-350-5211

81771 50 yrs+ M/Th 1/6-3/6 \$64 PAC

M 10:40-11:35 a.m.\* Th 11:15 a.m.-12:10 p.m.

#### Tap Dance; Intermediate

Get fit while having fun. Learn fundamental tap technique and steps and then choreograph them for muscle memory. Start tapping your way to fitness. Jana. 480-350-5211 81772 50 yrs+ T/Th 1/7-3/6 9:10-10:05 a.m. \$72 PAC

#### Tap Dance; Performance

Take the fundamental tap dance technique and steps that you've learned and focus on formations and polishing-up routines for performances. Come prepared to have fun. Jana. 480-350-5211

81773 50 yrs+ T/Th 1/7-3/6 10:10-11:05 a.m. \$72 PAC

# Health & Fitness

#### Bones & Balance

This class alternates between seated strength training and standing exercises, using light weights and resistance bands. You will work on leg strength and balance using a chair for support. No floor work. F: Rebecca. 480-350-5211

81740	50 yrs+	Τ	1/7-3/4	9:30-10:15 a.m.	\$36	PAC
81739	50 yrs+	Т	1/7-3/4	10:30-11:15 a.m.	\$36	PAC
81738	50 yrs+	F	1/10-3/7	10:30-11:15 a.m.	\$36	PAC

#### **Bones & Balance II: Functional Fitness**

This class alternates between seated strength training and standing exercises, using light weights and resistance bands. You will work on balancing on one foot, using a chair for support if needed. No floor work. F: Rebecca.

\*No class 1/20, 2/17. 480-350-5211

#### In-Person

81743 50 yrs+ M 1/6-3/3\* 10:30-11:30 a.m. \$35 PAC 10:45-11:45 a.m. \$45 PAC 81742 50 yrs+ W 1/8-3/5 82329 50 yrs+ F 1/10-3/7 11:30 a.m.-12:30 p.m. \$45 PAC Virtual 81744 50 yrs+ M 1/6-3/3\* 10:30-11:30 a.m. \$35 Virtual

81745 50 yrs+ W 1/8-3/5 10:45-11:45 a.m. \$45 Virtual 81745 50 yrs+ F 1/10-3/7 11:30 a.m.-12:30 p.m. \$45 Virtual

#### Chair Fit and Fabulous-Virtual

All levels are welcome in this virtual exercise class. Exercise at your own pace and comfort level, using a chair or standing. Stay after class on Zoom to socialize. No class 1/20, 2/17. Fee: None. 480-858-2420

82309 50 yrs+ M 1/6-3/10 10:30-11:30 a.m. Virtual

#### Chair Fit and Extra Fabulous-Virtual

Exercise at your own pace and comfort level, using a chair or standing. Similar to Chair Fit and Fabulous with additional equipment and exercises. Fee: None. 480-858-2420 82310 50 yrs+ Th 1/9-3/13 10:15-11:15 a.m. Virtual

# **Activities for Adults (50+ Years)**

#### **Chair Yoga**

Are you unable to get up and down from the floor? You can still do Yoga. Learn to breathe slower and deeper, increase flexibility and strength, improve your memory, sleep better and boost your immune system. Some poses may be done either seated or standing with wall or chair as support.

W: Caroline, F: Rebecca. 480-350-5211

#### In-Person

0.00					
81746 50 yrs+	W	1/8-3/5	9:15-10:15 a.m.	\$36	PAC
81747 50 yrs+	F	1/10-3/7	9:15-10:15 a.m.	\$36	PAC
Virtual					
81748 50 yrs+	W	1/8-3/5	9:15-10:15 a.m.	\$36	Virtual
81749 50 yrs+	F	1/10-3/7	9:15-10:15 a.m.	\$36	Virtual

#### **Gentle Yoga**

This class will focus on breathing and relaxation techniques that will quiet the mind and relax the body. Students will practice the basic hatha yoga poses, focusing on those that stretch the muscles and improve balance and strength. Kim. 480-350-5211

81755 50 yrs+ T 1/7-3/4 12:30-1:30 p.m. \$45 PAC

#### North Tempe Geri-Fit® Exercise Program

This chair exercise program is provided by Area Agency on Aging. Geri-Fit® is a tier III evidence-based health promotion program and chronic disease self-management support program. Designed for older adults, it helps rebuild strength that's been lost through the aging process and helps to ensure a higher level of function. Registration is required. Fee: None. 480-858-6512

No Code 50 yrs+ M/W Ongoing 9:30-10:30 a.m. NCC

#### Seated Strength Training

Learn about things you can do with weights and bands, while sitting, to increase your strength. Th: Kim.

\*No class 1/20, 2/17. 480-350-5211

81762	50 yrs+	M	1/6-3/3*	9:30-10:15 a.m.	\$28	PAC
80950	50 yrs+	M	1/6-3/3*	9:30-10:15 a.m.	\$28	Virtual
81763	50 vrs+	Th	1/9-3/6	10:15 -11 a.m.	\$36	PAC

#### Tai Chi / Body Balance I

Use basic Tai Chi movements and Qigong breathing exercises to gently relax and exercise the body. Emphasis is on balance and stability, but you will also learn basic stretching exercises. A basic Tai Chi Short Form that uses five major movements to exercise the body will be learned. Barbara.

\*No class 1/20, 2/17. Drop-in available: \$5. 480-350-5211 81767 50 yrs+ M 1/6-3/3\* noon-1 p.m. \$28 PAC 81768 50 yrs+ W 1/8-3/5 noon-1 p.m. \$36 PAC

#### Tai Chi/Body Balance II

This is an introductory class in the Guang Ping Yang style of Tai Chi and will concentrate more on learning Tai Chi moves that will help you to gain balance and flexibility, while improving breathing and posture. Preferred prerequisite: Tai Chi/Body Balance I. Barbara. \* No class 1/20, 2/17. 480-350-5211 81769 50 yrs+ M 1/6-3/3\* 1:05-2:05 p.m. \$35 PAC 81770 50 yrs+ W 1/8-3/5\*\* 1:05-2:05 p.m. \$45 PAC

#### **Toners & Shapers**

Designed to strengthen and tone muscles and to increase flexibility. Includes a warm-up and stretch, strength-training exercise and a cool-down stretch and relaxation. Participants are encouraged to work at their own level and to provide their own weights upon instructor recommendation.

\*No class 1/20, 2/17. Jana. 480-350-5211

81775 50 yrs+ M	/l 1/6-3/3*	9:30-10:30 a.m.	\$35 PAC
81776 50 yrs+ V	V 1/8-3/5	9:30-10:30 a.m.	\$45 PAC
81774 50 yrs+ F	1/10-3/7	9:30-10:30 a.m.	\$45 PAC

#### Zumba

A fun workout that incorporates unique, Latin dance moves with up-beat Latin music. Zumba maximizes caloric output with fat-burning movements and adapts to your ability level with easy-to-follow dance steps so that you can have fun. Jana. Drop-in available: \$5. 480-350-5211

#### **Zumba Toning**

This Zumba class adds resistance by using lightweight maraca-like Toning Sticks which enhance a sense of rhythm and coordination, while toning target zones including arms, core and lower body. Jana. \* No class 1/20, 2/17.

Drop-in available: \$5. 480-350-5211

M	1/6-3/3*	8:15-9:10 a.m.	\$35	PAC
W	1/8-3/5	8:15-9:10 a.m.	\$45	PAC
F	1/10-3/7	8:15-9:10 a.m.	\$45	PAC
	W	M 1/6-3/3* W 1/8-3/5 F 1/10-3/7	W 1/8-3/5 8:15-9:10 a.m.	W 1/8-3/5 8:15-9:10 a.m. \$45

# **Social Activities**

For additional information on the following Cahill Senior Center special events, menus, craft classes or excursions, please refer to the monthly Cahill Chronicle or call 480-858-2420.

#### Birthday Bingo

Join us as we celebrate the month's birthdays. Play bingo for Prizes. Fee: \$3. 480-858-2420

82258	50 yrs+	Th	1/9	12:30-2 p.m.	CSC
82259	50 yrs+	Th	2/13	12:30-2 p.m.	CSC
82260	50 vrs+	Th	3/13	12·30-2 n m	CSC

#### Special Event: January Lunch

Join us in January for a delicious meal and entertainment. Theme for the month will be announced in the Cahill Chronicle Newsletter. Fee \$5 for RTA members; \$6 for non-members. For more information, call 480-858-2420.

82263 50 yrs+ F 1/17 11 a.m.-noon CSC

#### **Special Event: February Lunch**

Join us in February for a delicious meal and entertainment. Theme for the month will be announced in the Cahill Chronicle Newsletter. Fee \$5 for RTA members; \$6 for non-members. For more information, call 480-858-2420.

82264 50 yrs+ F 2/21 11 a.m.-noon CSC

# **Adaptive Recreation**

Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2.

Adaptive Recreation programs are designed for individuals with intellectual and developmental disabilities.

For more information, contact Samantha Mason, Adaptive Recreation Coordinator, at samantha\_mason@tempe.gov, call 480-858-2469 or visit tempe.gov/adaptive

If you require special accommodations for these, or other City of Tempe programs, please contact the Adaptive Recreation Coordinator, listed above, or complete and submit the Inclusion form, which can be found at tempe.gov/play.

#### **Adaptive Social Activities**

Social activities are programmed for individuals with intellectual and developmental disabilities. They promote socialization, fun and provide opportunities to get together with friends and to meet new people. Participants requiring direct supervision should come with a responsible adult and they must register as a support staff. Please ensure that participants have reliable forms of transportation to, and from, each activity and that they are picked up by the scheduled end time of the activity.

#### **Buddy Bowling League**

Buddy Bowling is a unified bowling league for individuals with intellectual and developmental disabilities (athletes) and without disabilities (partners). Buddy Bowling athletes and their partners will bowl together on teams in a fun, friendly league format. Athletes ages 8 and older are encouraged to join. Partners will participate as a bowler and teammate, while providing assistance to team members. Bowlers are welcome to register their own teams of up to 4 bowlers. If a bowler does not have a specific team they would like to join, they will be assigned to a team that has an opening.

Buddy Bowling is divided by bumpers and non-bumpers. Bowlers will bowl two games each Saturday. At the end of each season there will be an awards presentation.

#### L.E.A.P After-School Program

The Life Skills Enrichment After-School Program is a hybrid program available to middle/high school students with intellectual and developmental disabilities who are enrolled in Tempe Elementary and Tempe Union High School Districts.

It follows the school year calendar, taking place M-F, 2:30-6:30 p.m. Transportation is not provided to the program site from the student's school but can be arranged by guardian with the school district. Students participate in activities which promote physical exercise, social skills development and other benefits, while supervised in a 1:4 staff-to-student environment. We are an authorized DDD provider.



#### Camp Adventure-Break Program

Camp Adventure is a break camp for youth and young adults ages 5-21 with intellectual/developmental disabilities. Participants enjoy arts & crafts, games, music, and many other activities. Participants must be able to participate successfully in a 1:4 staff-to-participant environment.

#### Tempe Special Olympics

Team Tempe Special Olympics is for individuals, ages 8 through adult, with intellectual and developmental disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork, while achieving individual personal goals. Athletes of all skill levels are encouraged to participate.

A Special Olympics Medical Release Form, signed by a medical examiner and which is good for three years, is required for all athletes to participate, as well as a City of Tempe registration form. Visit tempe.gov/adaptive for information about registration or to download medical consent forms. Advance registration is required.

#### Tempe Special Interest Programs

Team Special Interest Programs are for individuals, ages 13 through adult, with intellectual and developmental disabilities are invited to join our programs to learn sportsmanship and teamwork, while achieving individual personal goals. Participants of all skill levels are encouraged to participate.

Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2.

# Kiwanis Park Wave Pool

6111 S. All-America Way • 480-350-5201

Come splash and play in Kiwanis' indoor, heated wave pool. There are a few safety rules for your visit. Children 7 years and younger must have an adult (16+ years) within arm's length reach at all times. Lifejackets must be U.S. Coast Guard approved and well-fitting. No toys, water wings or other floatation devices permitted. Swimsuits required; street clothes will not be permitted. Pool closed 1/1,1/20, 2/17.

#### **Holiday Wave Pool Hours**

December 27-29 1-5 p.m.

#### **Wave Pool Fees**

General (13 yrs+) \$5 Youth (2-12 yrs) \$4

# Lap Swim Hours\*

Effective 12/30-3/29

T/W/Th 7-10 a.m. M-Th 5-8 p.m. Sa 8-11 a.m.

#### Fitness & Fun Swim Hours\*

Effective 12/30-3/29

T/W/Th 7-10 a.m. M/W 5-8 p.m.

\*Except during private rentals

\*Lap Świm is for general admission, ages 13 yrs+, unless tested by the Aquatics staff.

\*Children must demonstrate the ability to swim continuously for 25 yards to participate in Lap Swim. Wave Pool is available for Family and Calm Water Swimming.

#### Fitness & Fun Swim Admission Fees

General (13 yrs+) \$4 Youth (2-12 yrs) \$3

#### **Kiwanis Fitness and Fun Swim Passes**

30 Day Unlimited \$39 10 admissions \$35

# Dive in! tempe.gov/pools

# **Adult Swim Lessons**

#### Adult Swim Lessons; Ages 15+ Sponsored by Tempe Diablos

Proof of Tempe residency required. This class is designed for the beginner and intermediate swimming levels.

No class 2/17. Fee: \$25.

82047 15 yrs+ T/Th 2/3-2/24 6-6:45 p.m. KRC 82048 15 yrs+ T/Th 2/3-2/24 7-7:45 p.m. KRC

# **Special Interest**

#### Starfish Aquatics Swim Lesson Instructor

Candidates receive training to teach courses in the SAI Starfish Swim Instructor Program and learn how to help students develop correct stroke technique; develop an understanding of how to teach students at different levels and water safety techniques. Must be 16 years old and have a basic knowledge of the swimming strokes. Attendance required for all days listed. Fee: \$140.

82049	16 yrs+	F	2/28	5-8:30 p.m.	KRC
	16 yrs+	Sa	3/1	8 a.m5 p.m.	KRC
	16 yrs+	Su	3/2	10 a.m5 p.m.	KRC
	16 yrs+	Τ	3/4	5-8:30 p.m.	KRC
	16 yrs+	Th	3/6	5-8:30 p.m.	KRC

# Adult Fitness

#### **Water Fitness Passes**

Looking for a more flexible schedule to take a water fitness class? Create your own schedule with our unlimited water fitness pass, which is valid for 30 days from the date of purchase. Valid for all water fitness classes.

No class 1/1,1/20, 2/17.

Passes can be purchased at the front desk.

30 Day Unlimited Water Fitness Pass	\$46
30 Day 8 Admission Pass	\$40
30 Day 4 Admission Pass	\$20
D . E 47	

Drop-in Fee: \$7

#### **Shallow Water Exercise**

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning and cool-down. \*No class 1/1,1/20, 2/17. Fee: None. No Code 15 yrs+ T-Th 1/2-3/27 8-9 a.m. KRC No Code 15 yrs+ M/W 12/30-3/26\* 5:30-6:30 p.m. KRC

# **Aquatics**

# Aquatics High Intensity Interval Training (H.I.I.T)

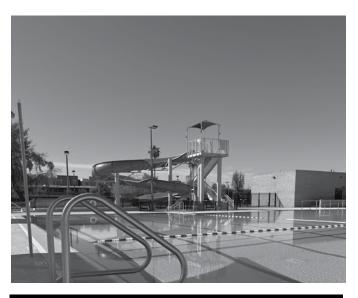
Class provides a high cardiovascular workout with low impact on joints. It's the ideal way to cross-train from your high impact/hard-hitting land workouts and still get a great cardio and strength session. Push through the water and not just float your way through it. So, get in and try some plyometric squats, round house kicks and speed bag punches.

No Code 15 yrs+ Sa 1/4-3/29 9-10 a.m. KRC

#### **Deep Water Fitness**

This is a water fitness class using deep water as its medium. Participants should be comfortable in deep water. The class will use floatation devices to exercise.

No Code 15 yrs+ Sa 1/4-3/29 10:15-11:15 a.m. CLRK



# Clark Pool

1730 S. Roosevelt St..

480-350-5203

Come splash and play in our newly renovated outdoor, heated pool. There are a few safety rules for your visit. Children 7 years and younger must have an adult (16+ years) within arm's length reach, at all times. Lifejackets must be U.S. Coast Guard approved and well-fitting. No toys, water wings or other floatation devices permitted. Swimsuits required; street clothes will not be permitted. Pool is closed 1/1,1/20, 2/17.

#### Admission Fees

General 13 yrs+ \$1.25 Youth 2-12 yrs \$ .75

# Lap\* and Open Swim Effective 12/9-3/29

M/F 11:30 a.m.- 2:30 p.m. T/Th 4:30-7:30 p.m. Sa 11:30 a.m.-2:30 p.m.

\*Lap Swim is for general admission, ages 13 yrs+, unless tested by the Aquatics staff.

\*Children must demonstrate the ability to swim continuously

for 25 yards to participate in lap swim.





Registration begins December 9. Most classes begin January 6. No class January 20, February 17.

To view Suggested Health and Wellness Practices, see page 1. To view the list of class location abbreviations, see page 2



**Kiwanis Tennis Center**, 6111 S. All-America Way 480-350-5201 tempe.gov/tennis

#### **Hours of Operation\***

\*Please visit tempe.gov/tennis for seasonal hours of operation.

 Monday-Thursday
 7 a.m.-10 p.m.

 Friday
 7 a.m.-7 p.m.

 Saturday
 8 a.m.-6 p.m.

 Sunday
 8 a.m.-6 p.m.

The Kiwanis Tennis Center (KTC) offers 15 LED lighted tennis courts with the Plexicushion Prestige playing surface which is the official surface of the Australian Open. All courts feature PlaySight technology. Each court is equipped with two high-definition cameras that connect to your mobile device through the internet. You can live stream your match or practice session in HD to a global tennis audience and record every serve, stroke, winner and review the video afterwards.

KTC has been recognized by the United States Tennis Association (USTA) as one of the outstanding public tennis facilities in the country for its programs and services. We offer a full range of instruction and playing opportunities for all ages and ability levels. Additional class times are offered that are not listed in this brochure. For a full listing instructional classes, visit tempe.gov/tennis, or contact dan bratetic@tempe.gov

Kiwanis Tennis Center offers a full range of programs and playing opportunities for all ages and ability levels. Additional class times are offered that are not listed within this brochure. For a full listing of all tennis instructional classes visit tempe.gov/tennis.

# Learn to Play Tennis

These beginner-only classes follow USTA Net Generation guidelines and are designed to introduce you to the basic elements of tennis. Our quality instructors will provide a positive, successful and fun experience.

#### Little Aces; 4-6 yrs

Classes meet for 45 minutes on our specially designed junior tennis courts. Smaller equipment is used to develop tennis skills quickly. Classes are monthly and meet once per week. A student may register for a maximum of (1) Little Aces class per month. \*No class 1/20. \*\*No class 2/17. Fee: \$40.

	4-6 yrs	T	1/7-1/28	5-5:45 p.m.	KRC
	4-6 yrs	Th	1/9-1/30	5-5:45 p.m.	KRC
	4-6 yrs	T	2/4-2/25	5-5:45 p.m.	KRC
	4-6 yrs	Th	2/6-2/27	5-5:45 p.m.	KRC
82151	4-6 yrs	T	3/4-3/25	5-5:45 p.m.	KRC
82227	4-6 yrs	Th	3/6-3/27	5-5:45 p.m.	KRC



#### Future Champs; 7-9 yrs

Beginner class meets twice per week for three (3) weeks. Develop a sound tennis foundation as you are introduced to the basic strokes, terminology, and game-based play. Age-appropriate equipment is used to develop tennis skills quickly. \*No class 1/20. \*\*No class 2/17. Fee: \$48.

	7-9 yrs 7-9 yrs	M/W T/Th	1/6-1/27* 1/7-1/23	5-6 p.m. 5-6 p.m.	KRC KRC
	7-9 yrs 7-9 yrs	M/W T/Th	2/3-2/24** 2/4-2/20	5-6 p.m. 5-6 p.m.	KRC KRC
	7-9 yrs 7-9 yrs	M/W T/Th	3/3-3/19 3/4-3/20	5-6 p.m. 5-6 p.m.	KRC KRC

# Hot Shots; 10-12 yrs

	10-12 yrs 10-12 yrs	1/6-1/27* 1/7-1/23	5-6 p.m. 5-6 p.m.	KRC
	10-12 yrs 10-12 yrs	2/3-2/24** 2/4-2/20	5-6 p.m. 5-6 p.m.	KRC KRC
82143 82144	10-12 yrs 10-12 yrs	3/3-3/19 3/4-3/20	5-6 p.m. 5-6 p.m.	KRC KRC

#### Teen Beginner: 13-17 vrs.

ieen	ieen Beginner; 13-17 yrs								
	13-17 yrs		1/6-1/27*	5-6 p.m.	KRC				
82152	13-17 yrs	T/Th	1/7-1/23	5-6 p.m.	KRC				
82153	13-17 yrs	M/W	2/3-2/24**	5-6 p.m.	KRC				
82154	13-17 yrs	T/Th	2/4-2/20	5-6 p.m.	KRC				
82155	13-17 yrs	M/W	3/3-3/19	5-6 p.m.	KRC				
82156	13-17 yrs	T/Th	3/4-3/20	5-6 p.m.	KRC				

#### Adults: 18 vrs+

Classes meet twice a week for three (3) weeks. Learn the fundamentals, have fun, and get a great workout.

*No cla	*No class 1/20. **No class 2/17. Fee: \$48.						
82091	18 yrs+	M/W	1/6-1/27*	7-8 p.m.	KRC		
82092	18 yrs+	T/Th	1/7-1/23	7-8 p.m.	KRC		
82093 82094	18 yrs+ 18 yrs+	M/W T/Th	2/3-2/24** 2/4-2/20	7-8 p.m. 7-8 p.m.	KRC KRC		
82095 82096	18 yrs+ 18 yrs+	M/W T/Th	3/3-3/19 3/4-3/20	7-8 p.m. 7-8 p.m.	KRC KRC		

# Junior Tennis Academy

The Junior Tennis Academy is for players ages 7-18, who have attended a Learn-to-Play class or similar beginner tennis program. The Academy program is offered M-Th, 6-7 p.m. Classes start every month and are ongoing throughout the year.

The Academy will prepare you for tournament competition and will utilize the latest teaching methods endorsed by the USTA. The emphasis of the program is for you to play points and games using age-appropriate equipment, scoring and court dimensions. Advanced players will develop more quickly in the Academy with a focus on point play and mental toughness.

You are encouraged to supplement the Academy program with private lessons from our certified professional staff to help improve your technical skills and to receive individual attention. \*No class 1/20. \*\*No class 2/17.

#### Red Academy: 7-8 vrs

82178 7-8 yrs M/W	1/6-1/29*	6-7 p.m. KRC	\$70/7 classes
82179 7-8 yrs T/Th		6-7 p.m. KRC	\$80/8 classes
82232 7-8 yrs M/W 82180 7-8 yrs T/Th		6-7 p.m. KRC 6-7 p.m. KRC	
82181 7-8 yrs M/W		6-7 p.m. KRC	\$80/8 classes
82182 7-8 yrs T/Th		6-7 p.m. KRC	\$80/8 classes

Orange Academy; 9-10 yrs						
82170 9-10 yrs M/W		6-7 p.m. KRC \$	70/7 classes			
82171 9-10 yrs T/Th	1/7-1/30	6-7 p.m. KRC \$8	80/8 classes			
82172 9-10 yrs M/W	2/3-2/26**	6-7 p.m. KRC \$	70/7 classes			
82173 9-10 yrs T/Th	2/4-2/27	6-7 p.m. KRC \$				
82174 9-10 yrs M/W	3/3-3/26	6-7 p.m. KRC \$8	80/8 classes			
82175 9-10 yrs T/Th		6-7 p.m. KRC \$8				

#### Green Academy: 11-12 vrs

82231 11-12 yrs M/W 1/6-1/29*	6-7 p.m. KRC\$70/7 classes
82163 11-12 yrs T/Th 1/7-1/30	6-7 p.m. KRC\$80/8 classes
82164 11-12 yrs M/W 2/3-2/26**	6-7 p.m. KRC\$70/7 classes
82165 11-12 yrs T/Th 2/4-2/27	6-7 p.m. KRC\$80/8 classes
82166 11-12 yrs M/W 3/3-3/26	6-7 p.m. KRC\$80/8 classes
82167 11-12 yrs T/Th 3/4-3/27	6-7 p.m. KRC\$80/8 classes



# Junior Advanced Academy

#### Junior Advanced Academy; 11-18 yrs

Our most advanced tennis class, this group is for players, 11-18 yrs, participating in tournament play or on their high school team. Our practice plan will focus on strategy, point construction, and stroke mechanics. Players must try out for or be invited to participate. For more information contact Dan Bratetic at 480-350-5721 or email dan\_bratetic@tempe.gov \*No class 1/20 \*\*No class 2/17

INO CIA	3SS 1/2U.	"INO Class	2/17.	
82159	M-Th	1/6-1/30*	4:30-6 p.m.	KRC \$225/15 classes
82160	M/W	1/6-1/29*	4:30-6 p.m.	KRC \$105/7 classes
82161	T/Th	1/7-1/30	4:30-6 p.m.	KRC \$120/8 classes
82162	M/W/Th	1/6-1/30*	4:30-6 p.m.	KRC \$165/11 classes
82233	M-Th	2/3-2/27**	4:30-6 p.m.	KRC 225/15 classes
82236	M/W	2/3-2/26**	4:30-6 p.m.	KRC \$105/7 classes
82240	T/Th	2/4-2/27	4:30-6 p.m.	KRC \$120/8 classes
82242	M/W/Th	2/3-2/27**	4:30-6 p.m.	KRC \$165/11 classes
			•	
82234	M-Th	3/3-3/27	4:30-6 p.m.	KRC \$240/16 classes
82237	M/W	3/3-3/26	4:30-6 p.m.	KRC \$120/8 classes
82239	T/Th	3/4-3/27	4:30-6 p.m.	KRC \$120/8 classes
82243	M/W/Th	3/3-3/27	4:30-6 p.m.	KRC \$180/12 classes
			•	

# Adult Tennis Academy Up to 3.0

The Adult Tennis Academy 3.0 and below is for the advanced-beginner to intermediate player looking to brush up on the basics. Review the fundamentals and improve your game. Practice strokes, serves and learn basic tennis strategy.

\*No class 1/20. \*\*No class 2/17

110 Class 1/20. 110	Class Z/ I / .	
82099 18 yrs+ M/W		7-8 p.m. KRC\$70/7 classes
82100 18 yrs+ T/Th	1/7-1/30	7-8 p.m. KRC\$80/8 classes
82101 18 yrs+ M/W	2/3-2/26**	7-8 p.m. KRC\$70/7 classes
82102 18 yrs+ T/Th	2/4-2/27	7-8 p.m. KRC\$80/8 classes
82103 18 yrs+ M/W	3/3-3/26	7-8 p.m. KRC\$80/8 classes
82104 18 yrs+ T/Th	3/4-3/27	7-8 p.m. KRC\$80/8 classes

# Adult Tennis Academy 3.5+

The Adult Tennis Academy 3.5 and higher is for the more advanced player looking to take their game to the next level. This class will focus on tactics and strategy as well as stroke production. Play and learn in a fun, competitive environment with other players your level. \*No class 1/20. \*\*No class 2/17.

			class 1/20. **No class 2/17.
82107 18 yrs+	M/W	1/6-1/29*	7-8 p.m. KRC\$70/7 classes
82108 18 yrs+	T/Th	1/7-1/30	7-8 p.m. KRC\$80/8 classes
82109 18 yrs+	M/W	2/3-2/26**	7-8 p.m. KRC\$70/7 classes
82110 18 yrs+	T/Th	2/4-2/27	7-8 p.m. KRC\$80/8 classes
82111 18 yrs+	M/W	3/3-3/26	7-8 p.m. KRC \$80/8 classes
82112 18 yrs+	I/Ih	3/4-3/27	7-8 p.m. KRC\$80/8 classes

# **Adult Specialty Clinics**

#### Cardio Tennis

This fast-paced, high-intensity tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the monthly sessions.

82083 18 yrs+ 82084 18 yrs+ 82445 18 yrs+ 82449 18 yrs+	Th T	1/7-1/28 1/2-1/30 1/7-1/28 1/9-1/30	9-10 a.m. 9-10 a.m. 7-8 p.m. 7-8 p.m.	KRC \$40 KRC \$50 KRC \$40 KRC \$40
82085 18 yrs+ 82086 18 yrs+ 82450 18 yrs+ 82451 18 yrs+	Th T	2/4-2/25 2/6-2/27 2/4-2/25 2/6-2/27	9-10 a.m. 9-10 a.m. 7-8 p.m. 7-8 p.m.	KRC \$40 KRC \$40 KRC \$40 KRC \$40
82087 18 yrs+ 82090 18 yrs+ 82452 18 yrs+ 82453 18 yrs+	Th T	3/4-3/25 3/6-3/27 3/4-3/25 3/6-3/27	9-10 a.m. 9-10 a.m. 7-8 p.m. 7-8 p.m.	KRC \$40 KRC \$40 KRC \$40 KRC \$40

#### **Ball Machine Drills**

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these one-hour drills clinic.

82115 18 yrs+	1/7-1/28	7-8 p.m.	KRC \$40
82116 18 yrs+	1/2-1/30	7-8 p.m.	KRC \$50
82117 18 yrs+	2/4-2/25	7-8 p.m.	KRC \$40
82118 18 yrs+	2/6-2/27	7-8 p.m.	KRC \$40
82119 18 yrs+	3/4-3/25	7-8 p.m.	KRC \$40
82120 18 yrs+	3/6-3/27	7-8 p.m.	KRC \$40

#### Starter League for Adults

This program is a beginning player's introduction to match play. The instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Sessions are monthly. \*No class 1/20. \*\*No class 2/17.

82123 18 yrs+ M	1/6-1/27*	8-9 p.m.	KRC \$30
82124 18 yrs+ W	1/8-1/29	8-9 p.m.	KRC \$40
82125 18 yrs+ M	2/3-2/24**	8-9 p.m.	KRC \$30
82126 18 yrs+ W	2/5-2/26	8-9 p.m.	KRC \$40
82127 18 yrs+ M	3/3-3/24	8-9 p.m.	KRC \$40
82128 18 yrs+ W	3/5-3/26	8-9 p.m.	KRC \$40

# **Drop-In Programs**

#### Impromptu Programs Adults 18 yrs+

Sign-in early to assure your spot; participation is limited to the number of courts available each day and may change based on other court programming needs. All players will need to sign-in at the KRC front desk to pay and receive a wristband.

#### Challenge Court Doubles

T/Th 6:30-9:30 p.m. Sa/Su 8:30-11:30 a.m.

Advanced players of 4.0-4.5 ability levels are encouraged to drop into this supervised round-robin doubles program anytime during the posted hours. The number of courts reserved for Challenge Court is based on previous participation and courts available. Fee per player: \$3 (daytime) and \$4 (evening).

#### **Drop-in Doubles**

Weekdays; M-F, 9-10:30 a.m. (7:30-9 a.m. mid-May thru Sept.) Supervised program featuring doubles match-ups for intermediate ability levels. Players may register betweem 8:30-8:55 a.m. Limited courts are available. Players are accepted on a first-come, first-served basis. Fee per player: \$3.50.

#### Mix & Match Doubles

Fridays from 6:30-8:30 p.m.

Supervised program featuring social round-robin doubles play for intermediate ability skill levels.

Fee per player: \$4. Players must register by 6:25 p.m.

# Private Lessons

Kiwanis Recreation Center has USPTA and PTR certified tennis professionals available for both adult and youth private lessons. From the beginner who wants to learn the basics fast or an advanced player who needs work on stroke technique. Our instructors can assist players of all ages to improve their game.

To arrange a private tennis lesson with any of our staff professionals contact Dan Bratetic at dan bratetic@tempe.gov

#### **Kiwanis Tennis Professionals**

Bill Beaubais, Eva Behlen, Morgan Busse, Jacqueline Cako, Billie Carey, Caliegh Carlos, Mia Heiser, Indi Jiminez, Cameron Khan, Joel Kielbowicz, Mike McDonald and Kaitlyn Rickaby

# Make Your Own Game

The Kiwanis Tennis Center is open to the public. Tennis court reservations may be made one day in advance by calling 480-350-5702. Court reservations are for guaranteed play and are for a maximum of  $1\frac{1}{2}$  hours. Courts are available during all hours of operation. M-Th evening court reservation start times are 5:30, 7 and 8:30 p.m.

Fees per Tennis Court for 11/2-Hr Reservations\*

Non-Prime Time: \$11

Prime Time:

\$14

M-F, 7-11 a.m. & 5-9 p.m.

Sa, 8 a.m.-noon

Su, 8 a.m.-noon.

All other operating hours are Non-Prime Time.

#### Rentals

Are you interested in renting tennis courts for group or team play? For more information call 480-350-5702 or contact dan\_bratetic@tempe.gov

#### **Hitting Wall**

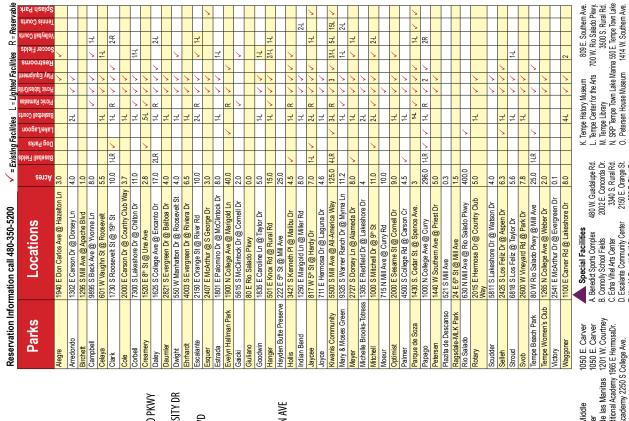
A \$4 per one-hour fee is required to reserve the hitting wall.

#### **Ball Basket or Racquet Rentals**

The Kiwanis Tennis Center offers the convenience of ball basket rentals and/or racquet rentals for \$2 each.



Tempe Community Services 3500 S. Rural Road Tempe, AZ 85282



8401 S. Hardy Dr. 8403 S. Hardy Dr. 715 W. 5<sup>th</sup> St.

P. Tempe Sports Complex 8401 S Q. TSC Skate Park 8403 S R. Westside Community Center 71. S. North Tempe Multi-Generational Center

2150 E. Orange St. 800 E. Divot Dr.

Escalante Community Center

E. Ken McDonald Golf Course

1555 N. Bridalwreath

G. Kwanis Park Recreation Center 61tl S. All-America Way
H. Pyle Adult Recreation Center 655 E. Southern Ave.
I. Rolling Hils Golf Course
J. Tempe Diablo Stadium Complex 2200 W. Alameda Dr. F. Kiwanis Park Batting Range 6005 S. All-America Way

