



# Roadrunner Chronicle

PYLE EDITION

JANUARY 2025

**PYLE  
ADULT  
RECREATION  
CENTER**

655 E. Southern Ave.  
Tempe, AZ 85282

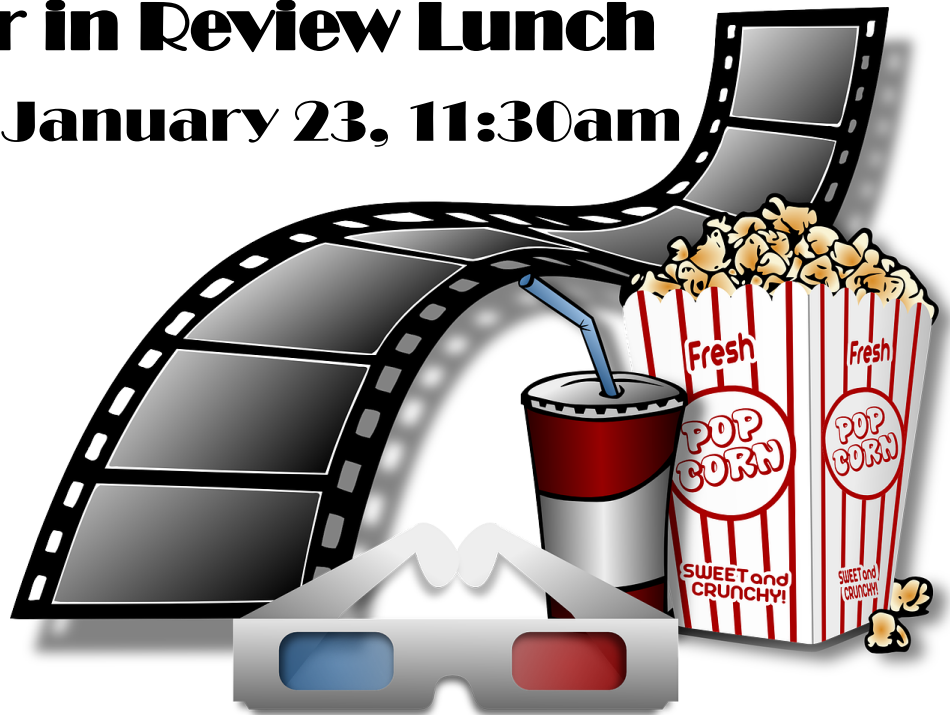
[www.tempe.gov/pyle](http://www.tempe.gov/pyle)

(480)350-5211  
TTY: (480)350-5050

**HOURS**  
Mon-Thu 8am-9pm  
Fri 8am-5pm  
Sat 9am-4pm  
Sun Closed

## Year in Review Lunch

**January 23, 11:30am**



**Happy 2025!**

### **Celebrate the new year at Pyle**

**See yourself on the big BIG screen! We will be showing the best pictures from 2024. Photos will be printed and available for pick up at the event. Slide show will start at 11:30am.**

Menu: Baked Ziti, salad, bread & dessert

RTA Members: \$6, Non-members: \$7

**Code: 83399**





**December Birthdays:  
Tiffany, Ted Sanchez &  
Mary Paschal**

# Pyle Special Events

**T**hursday special events start at **11:30 a.m.** unless stated otherwise. Advance registration is required and you may register for the entire month, but payment in full is required at time of registration. Please sign up at the front desk.

- 01/02 Birthday Bingo** - Celebrate January Birthdays! BYO lunch, then enjoy cake, ice cream and play Bingo for fun prizes. RTA \$2; Non-members \$3. **Code: 83349**
- 01/16 Breakfast & Bunco** - **Code: 83356**
- 01/23 Year in Review** (pg. 1) - **Code: 83399**
- 01/30 Brown Bag** - **Code: 83360**

## Breakfast & Bunco

Join us for a delicious Breakfast and a friendly game of Bunco with prizes!



**Thursday, January 16**  
**10:00 am**  
**\$3 RTA, \$4 Non-Members**  
**Code: 83356**



## RTA Meeting

**Wednesdays, 10 am**  
January 8  
February 5  
March 5

**COLOR, CREATE  
& CONVERSE  
WITH FRIENDS**  
**Tuesdays**  
**9:30-11:00 am**  
**Free**

## Pyle Tuesday Lunch

This month's menu:



On Tuesdays, join your friends for a simple, low-cost lunch. *Registration is limited, so sign up early!*

**PLEASE NOTE: Lunch is served at 11:30 a.m.** Meals **will not** be held past 11:45am

RTA \$3; Non-member \$4

Due to inflation, food substitutes may be necessary.

- 01/07 - Philly Cheesesteak & potato chips  
**Code: 83351**
- 01/14 - Sweet & Sour Chicken  
**Code: 83352**
- 01/21 - Chicken Fajitas, refried beans & chips  
**Code: 83353**
- 01/28 - Pizza (Sam's) & salad  
**Code: 83354**



# Matter of Balance Class

**Fridays, January 17-March 7, 10 am-12 pm**  
**Active Code: 81621**

This free 8 week course emphasizes strategies for managing “controllable” falls. Conducted by students at A.T. Still University. Participants will learn how to reduce fall risks at home, exercises to increase strength and endurance, and setting goals for increased activity.



## FREE Card Making with Rey

Join Rey on the first Monday of the month to make beautiful birthday and holiday cards! No experience necessary. FREE! You must now pre-register for this program, which is limited to 10 participants. **In the Tucson Room**

**Monday, January 6**

**9:30-11:30 am**

**Code: 83350**



## Groups & Activities at Pyle

*If you have an idea for an activity or group that is not listed, please stop by Pyle's Front Desk and share it!*

### Groups

#### LOONEY TOONER KITCHEN BAND

Mondays, 9-11 a.m. Bring your instrument or listen and tap your toes! All levels welcome.

#### PYLE BLUEGRASS & FOLK JAM

Mondays, 12-3 p.m.  
 ALL players and listeners welcome.

#### NEEDLEWIELDERS

Tuesdays & Thursdays,  
 9 a.m.-1 p.m. Create hand-crafted items for charity in a fun, social environment.

#### MEN'S GROUP

Tuesdays, 1-3 p.m.  
 Informal discussion just for the guys.

#### CURRENT EVENTS DISCUSSION GROUP

Thursdays, 1-3p.m. Discuss current events, books, movies, etc. Meets virtually and in-person.

#### BOOK CLUB

Friday, January 31, 9-11 a.m. via In-person & Zoom. This month's book: The Sentence by Louise Erdrich. Call Pyle to get Zoom link and Meeting ID.

#### ADVANCED BLUEGRASS JAM

Fridays, 10:00 a.m.-12:00 p.m.

#### SEW SOCIAL

Fridays, 12:30-4:30 p.m.  
 Bring your own quilting, needlework, crochet or work on the group project.

#### SOCRATES CAFÉ

Saturdays, 1:30-3:30 p.m.  
 Join philosophical conversations with an open mind.

### Activities

#### CRIBBAGE

Mondays, 8:30 a.m.-12 p.m.

#### BEGINNER MAH JONGG

Mondays, 10 a.m.-12 p.m.

#### SCRABBLE

Mondays, 1-3 p.m.

#### COLOR & CONVERSATION

Tuesdays, 9:30-11 a.m.  
 Come visit with friends while coloring. Books, pencils, and markers are provided or bring your own.

#### PINOCHLE & GAMES

Tuesdays, 10 a.m.-3 p.m.

#### BINGO: (for 18+)

Wednesdays, 1 p.m.  
 Card sales begin at 12:15 p.m.  
 50¢ per card; 10 card limit.

#### PARTY BRIDGE

Thursdays, 10 a.m.-3 p.m.

#### MAH JONGG\*

Thursdays, 1-4:30 p.m. (\*intermediate / advanced)

#### TAI CHI Open Practice Drop-in

Mondays, 1-2 p.m. Open practice (no instructor). Please sign the drop-in waiver at the front desk.

## 50+ & 18+ Drop-In Classes at Pyle

Most classes are available for single day drop-in. This is based on each session and class availability. Please check the updated class drop-in information at the Pyle front desk. The cost for a single drop-in 50+ class is \$5 and for 18+ class is \$7.



### Medicare Benefits Assistance Program By Appointment

Offered by the **Area Agency on Aging**, this program provides objective information about insurance and benefits to seniors.

**Times are 9:30-11:30 am**

**Saturday, January 18**

**Code: 83362**

**Tuesday, January 28**

**Code: 83359**

Information regarding HMOs, managed care, Medicare Supplement plans (Medigap), and options under Medicare. This is a free service.

A trained Benefits volunteer will be available by **appointment:**

**Services include:**  
Assistance with organizing Medicare and Supplemental claims.  
Assistance on Medicare Part D prescription drug coverage.

**Please call or stop by the front desk to make an appointment and for future appointment dates.**

To make an appointment with **Johnny** our **Senior Advisor Intern** at Pyle call: 602-980-9748. He is available Thursdays, 8am-4pm for appointments.

### Apple Iphone and Ipad Help

Calling all beginners & seasoned techies! Sign up to give or receive help with operating iphones and ipads, ask a tech question, or offer answers from personal experience. Participants will be together during the session to learn from each other. Please note, new phone set up is not available. This activity is free.



**Tuesday,  
January 7**

**9:30-11:30 pm**

**Code: 83355**

**Tuesday,  
January 21**

**9:30-11:30 am**

**Code: 83363**

### Windows Laptop Tech Support

Register to get help with Windows on your laptop (No Apple/Mac help). Must bring laptop! FREE

**Tuesday, January 14**

**9:30-11:30 am**

**Code: 83358**

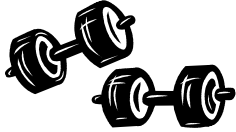
# Pyle Fitness Center

Take advantage of Pyle's fully equipped & affordable Fitness Center!

The Pyle Fitness Center is open during the following hours:

Monday - Thursday, 8am - 8:30pm; Friday, 8am - 4:30pm; Saturday, 9am - 3:30pm.

*Closed on City Holidays*



### Membership Fees:

One month - \$15	Three months - \$35
Six months - \$55	Single Day Drop-in - \$2

## AARP Smart Driver Program - A Refresher Course in Safety and Skills

Learn new driving techniques, rules of the road, defensive driving & how to minimize distractions. Trained volunteers instruct the AARP Smart Driver course, serving **ages 50+**. The course enables drivers to refresh their driving skills and understand how to adjust to age-related challenges. Materials included. Completion of the course may entitle you to an auto insurance discount (check with your insurer). **Please call Ms. Rose Morra at 480-220-0204 to register.**

**Friday, January 10, 12:30-4:30 pm**  
**Fee is \$20 for AARP Members, \$25 for Non-AARP Members**

**The City of Tempe does not directly or indirectly endorse any products or services presented, or to be presented, by the Brown Bag or Lunch and Learn Presenter. Presenters shall not state or imply any endorsement by the City of Tempe or any of its employees.**

## IMPROV!!

Improv is for everyone. It gives you the freedom to play, laugh and be silly in a supportive group setting. Unpack creativity you didn't know you had! Improv humor comes from truth and honesty, not gags and jokes. Come and surprise yourself! Register for both FREE program dates if you can!

**Wednesdays,**  
**January 22 & 29**  
**10 am - 12 pm**  
**Code: 83347 & 83348**

## Brown Bag: Calling All Wannabe Authors

Join Howard Gershkowitz, local author and poet, as part of a group called Always, they recently released Journeys to Authorship. It premiered on Amazon in March as their #1 best seller when it was released. The intent of the book is to help wannabe writers achieve their dreams. As a part of that effort, we are hosting free panel discussions by up to four of our authors to share their wisdom. Come on a Journey to Authorship with us!

**Thursday, January 30**  
**11:30 am**  
**Code: 83360**  
**\$1**

# Winter 2025 Classes

Classes are for 50+

Online Registration: [www.tempe.gov/play](http://www.tempe.gov/play)

**Winter Session**

**January 6  
to  
March 7**

Winter 2025 50+	Code	Begin	End	Day	Start	End Time	Fee
Ballroom Dance	81737	6-Jan	3-Mar	M	6:00 PM	7:00 PM	\$42.00
Bones and Balance	81738	10-Jan	7-Mar	F	10:30 AM	11:15 AM	\$36.00
Bones and Balance—Virtual	83401	10-Jan	7-Mar	F	10:30 AM	11:15 AM	\$36.00
Bones and Balance	81739	7-Jan	4-Mar	Tu	10:30 AM	11:15 AM	\$36.00
Bones and Balance	81740	7-Jan	4-Mar	Tu	9:30 AM	10:15 AM	\$36.00
Bones and Balance II: Functional Fitness	81742	8-Jan	5-Mar	W	10:45 AM	11:45 AM	\$45.00
Bones and Balance II: Functional Fitness	81743	6-Jan	3-Mar	M	10:30 AM	11:30 AM	\$35.00
Bones and Balance II: Functional Fitness	82329	10-Jan	7-Mar	F	11:30 AM	12:30 PM	\$45.00
Bones and Balance II: Functional Fitness - Virtual	81744	6-Jan	3-Mar	M	10:30 AM	11:30 AM	\$35.00
Bones and Balance II: Functional Fitness - Virtual	81745	8-Jan	5-Mar	W	10:45 AM	11:45 AM	\$45.00
Bones and Balance II: Functional Fitness - Virtual	82341	10-Jan	7-Mar	F	11:30 AM	12:30 PM	\$45.00
Chair Yoga	81746	8-Jan	5-Mar	W	9:15 AM	10:15 AM	\$36.00
Chair Yoga	81747	10-Jan	7-Mar	F	9:15 AM	10:15 AM	\$36.00
Chair Yoga - Virtual	81748	8-Jan	5-Mar	W	9:15 AM	10:15 AM	\$36.00
Chair Yoga - Virtual	81749	10-Jan	7-Mar	F	9:15 AM	10:15 AM	\$36.00
Gentle Yoga	81755	7-Jan	4-Mar	Tu	12:30 PM	1:30 PM	\$45.00
Line Dance Beginning	81756	7-Jan	4-Mar	Tu	4:00 PM	4:55 PM	\$45.00
Line Dance Intermediate	81757	7-Jan	4-Mar	Tu	5:00 PM	5:55 PM	\$45.00
Line Dance Intermediate/Advanced	81758	7-Jan	4-Mar	Tu	6:00 PM	6:55 PM	\$45.00
Mixed Media Dimensional Design	81759	9-Jan	6-Mar	Th	10:00 AM	1:00 PM	\$72.00
Oil (Acrylic accepted) Painting	81760	6-Jan	3-Mar	M	10:00 AM	1:00 PM	\$56.00
Seated Strength Training	81762	6-Jan	3-Mar	M	9:30 AM	10:15 AM	\$28.00
Seated Strength Training	81763	9-Jan	6-Mar	Th	10:15 AM	11:00 AM	\$36.00
Seated Strength Training - Virtual	81764	6-Jan	3-Mar	M	9:30 AM	10:15 AM	\$28.00
Tap Dance; Beginning	81771	6-Jan	3-Mar	M Th	10:40 AM	11:35 AM	\$64.00
Tap Dance; Intermediate	81772	7-Jan	6-Mar	Tu Th	9:10 AM	10:05 AM	\$72.00
Tap Dance; Performance	81773	7-Jan	6-Mar	Tu Th	10:10 AM	11:05 AM	\$72.00
Toners & Shapers	81774	10-Jan	7-Mar	F	9:30 AM	10:30 AM	\$45.00
Toners & Shapers	81775	6-Jan	3-Mar	M	9:30 AM	10:30 AM	\$35.00
Toners & Shapers	81776	8-Jan	5-Mar	W	9:30 AM	10:30 AM	\$45.00
Watercolor Painting; Intermediate/Adv.	81777	8-Jan	5-Mar	W	12:30 PM	3:30 PM	\$72.00
Watercolor Painting; Introduction/Cont.	81778	8-Jan	5-Mar	W	9:00 AM	12:00 PM	\$72.00
Zumba	81788	7-Jan	4-Mar	Tu	11:10 AM	12:05 PM	\$45.00
Zumba	81789	10-Jan	7-Mar	F	10:40 AM	11:35 AM	\$45.00
Zumba Toning	81790	6-Jan	3-Mar	M	8:15 AM	9:10 AM	\$35.00
Zumba Toning	81791	10-Jan	7-Mar	F	8:15 AM	9:10 AM	\$45.00
Zumba Toning	81792	8-Jan	5-Mar	W	8:15 AM	9:10 AM	\$45.00

## Diabetes Empowerment Education Program (DEEP)

Dignity Health presents a 6 Week workshop for adults with diabetes, pre-diabetes or if you are caring for someone with diabetes. Take control and get your life back! You can learn about preventing complications, medication options, glucose monitoring, dealing with symptoms, setting weekly plans, meal planning, nutritional concepts and MUCH MORE! Tucson Room. **FREE**

**Tuesdays,  
January 21-February 25  
1:30-4:30 pm  
Active Code: 82380**

## Basics of Medicare

Join us as we learn the Basics of Medicare, terminology, enrollment periods, plans, cost assistance and more!

**Wednesday,  
January 15  
11 am - 12 pm  
Active Code: 82460**



## AARP Tax Aide at Pyle

AARP Tax Aide volunteers will provide free tax return preparation service beginning on Wednesday, February 4 through Wednesday, April 9. Make an appointment through the Arizona website [aztax-aide.org](http://aztax-aide.org) or by calling 602-753-6990 and leaving a message. You may also make an appointment in person on Wednesday January 29 from 10:00 am to 12:00 pm, or on any Wednesday from February 4 to April 9 from 8:30 am to 3:00 pm.

After you have scheduled your appointment:

- Please remember to complete the intake form provided to you in person or electronically, and bring it with you to your appointment.
- Also bring all of your 2024 tax documents, your ID, Social Security cards for everyone on your return and your 2023 tax return.
- Any missing or incomplete documents could result in your tax return preparation being delayed or cause us to be unable to complete your tax return during this tax season.

## People of Pyle - Lynn Stevens

Lynn was born in 1943 in Toledo, Ohio. She enjoys being active and socializing. Lynn started coming to Pyle in 2002. She also enjoys Tap Dance and volunteering for the Assistance League Thrift Shop of the East Valley. Lynn was a secretary, bookkeeper and preschool teacher during her career. Her favorite memory is her destination wedding in Honolulu, HI. A fun fact about Lynn is that her first cousin is Country Singer Barbara Mandrell. Lynn has found joy in her community and time at Pyle!



# Pyle January 2025

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>Pyle will be closed at 5pm M-F</b></p> <p><b>the week of</b></p> <p><b>12/30</b></p> <p><b>There are no fitness classes</b></p> <p><b>during this week.</b></p>		<p>1</p> <p><b>Closed</b></p> 	<p>2</p> <p>9am-1pm Needlewielders 10am-3pm Party Bridge</p> <p><b>11:30am Birthday Bingo</b> (pg. 2)</p> <p>1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>3</p> <p>10am-12pm Advanced Bluegrass Jam 12:30-4:30pm Sew Social</p>
<p>6</p> <p>8:30am-12pm Cribbage 9am Card Making with Rey 9:30-11am Looney Tooner Kitchen Band 10-11am Beginner Mah Jongg 12-3:00pm Pyle Bluegrass Folk Jam 1-3pm Scrabble</p>	<p>7</p> <p>9am-1pm Needlewielders 9:30-11am Color &amp; Convo 9:30am I-Phone Help (pg.4) 10am-3pm Pinochle 11:30am Lunch (pg.2) 1-3pm Men's Group</p>	<p>8</p> <p><b>1pm BINGO</b></p>	<p>9</p> <p>9am-1pm Needlewielders 10am-3pm Party Bridge</p> <p>1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>10</p> <p>10am-12pm Advanced Bluegrass Jam 12:30-4:30pm Sew Social</p>
<p>13</p> <p>8:30am-12pm Cribbage 9:30-11am Looney Tooner Kitchen Band 10-11am Beginner Mah Jongg 12-3:00pm Pyle Bluegrass Folk Jam 1-3pm Scrabble</p>	<p>14</p> <p>9am-1pm Needlewielders 9:30-11am Color &amp; Convo 9:30am Windows Laptop Support (pg.4) 10am-3pm Pinochle 11:30am Lunch (pg.2) 1-3pm Men's Group</p>	<p>15</p> <p>11am-12pm Basics of Medicare (pg. 7)</p> <p><b>1pm BINGO</b></p>	<p>16</p> <p>9am-1pm Needlewielders</p> <p><b>10am Breakfast &amp; Bunco</b> (pg.2)</p> <p>10am-3pm Party Bridge 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>17</p> <p>10am-12pm Advanced Bluegrass Jam 10am-12pm Matter of Balance (pg.3) 12:30-4:30pm Sew Social</p>
<p>20</p> <p><b>Closed for MLK</b></p> 	<p>21</p> <p>9am-1pm Needlewielders 9:30-11am Color &amp; Convo 9:30am I-Phone Help (pg.4) 10am-3pm Pinochle 11:30am Lunch (pg.2) 1-3pm Men's Group 1:30-4pm Diabetes Program (pg.7)</p>	<p>22</p> <p>11am-12pm Improv (pg. 5)</p> <p><b>1pm BINGO</b></p>	<p>23</p> <p>9am-1pm Needlewielders 10am-3pm Party Bridge</p> <p><b>11:30am Year in Review Luncheon (pg.1)</b></p> <p>1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>24</p> <p>10am-12pm Advanced Bluegrass Jam 10am-12pm Matter of Balance (pg.3) 12:30-4:30pm Sew Social</p>
<p>27</p> <p>8:30am-12pm Cribbage 9:30-11am Looney Tooner Kitchen Band 10-11am Beginner Mah Jongg 12-3:00pm Pyle Bluegrass Folk Jam 1-3pm Scrabble</p>	<p>28</p> <p>9am-1pm Needlewielders 9:30-11am Color &amp; Convo 10am-3pm Pinochle 11:30am Lunch (pg.2) 1-3pm Men's Group 1:30-4pm Diabetes Program (pg.7)</p>	<p>29</p> <p>11am-12pm Improv (pg. 5)</p> <p><b>1pm BINGO</b></p>	<p>30</p> <p><b>11:30am Brown Bag</b> (pg.5)</p>	<p>31</p> <p>9am Virtual &amp; In Person Book Club 10am-12pm Matter of Balance (pg.3)</p>