



Minutes Tempe Family Justice Commission June 23, 2020

Minutes of the TEMPE FAMILY JUSTICE COMMISSION held on Tuesday, June 23, 4:00 p.m., via Microsoft Teams

(MEMBERS) Present:

Margaret “Peggy” Tinsley, Chair
Ilene Dode, Vice-Chair
Robin Nelson
Mary O’Grady
Kristen Scharlau
Patrick Foster
Jill Oliver
Karyn Lathan
Jeanette Costa

(MEMBERS) Absent:

Jeffery Glover
Patricia Riggs

City Staff Present:

Paul Bentley, Deputy Human Services Director
Melissa Placencia, Administrative Assistant

Guest Speakers

Nicole Lujan, Arizona State University Student

Public Appearances

None Present

Agenda Item 1 – Call to Order

Chair Margaret “Peggy” Tinsley called the meeting to order at 4:02 p.m.

Agenda Item 2 – Attendance

Agenda Item 3 – Public Appearances

None

Agenda Item 4 – Review and Approval of May 19, 2020 Minutes

MOTION: Commission Member Mary O’Grady moved to APPROVE the May 19, 2020 minutes.

SECOND: Motion Seconded by Commission Member Jeanette Costa; Motion passed on a 9-0 Vote

AYES: Chair Peggy Tinsley, Vice-Chair Ilene Dode, Commission Members Jeanette Costa, Robin Nelson, Mary O’Grady, Patrick Foster, Karyn Lathan, Kristen Scharlau, and Jill Oliver

NAYS: None

ABSENT: Commission Members Jeffrey Glover and Patricia Riggs

Agenda Item 5 – Chair Remarks

Deputy Human Services Director Paul Bentley and Commission Member Kristen Scharlau are scheduled to tour the City of Maricopa's Advocacy Center.

In an effort to prepare the upcoming memorandum for the next meeting, Peggy will draft a memo surrounding Domestic Violence month to review and edit at the June meeting.

Agenda Item 6 – Adolescents, Active Transportation, and Exploitation Presentation – Nicole Lujan (attachment)

Nicole Lujan, a student an adolescent development student, selected an issue that influences teens. Nicole chose to advocate for Tempe Union High School District (TUHSD) students to consider how students get to school. She suggests teens are vulnerable to sexual exploitation and suggests TUHSD make some changes for students.

Agenda Item 7 – Review Healing Arts: Recovering from Sexual Assault Through Creativity Article (attachment)

Peggy encouraged the Commission to review this article.

Agenda Item 8 – Memorandum to Mayor & Council regarding Sexual Assault Awareness Update (attachment)

- The Sexual Assault Awareness and Prevention Month memorandum was sent to Mayor & Council (final version attached)

Agenda Item 9 – Review and Update Strategic Plan Accomplishments

Peggy encouraged commission members to continue to update their Strategic Plan Accomplishments as necessary

1.0 Access to Justice/Safety

- 1.1 Family Justice Center (Tinsley) – MEMO COMPLETE
- 1.2 Less Fear More Reporting (Scharlau)

2.0 Wrap Around Services

- 2.1 An EMS Liaison - like A. Carbajal (Carbajal) - COMPLETE
- 2.2 Supporting Next Steps: Re-Entry Program (Lathan) - COMPLETE
- 2.3 Trauma Informed Department Champions (Scharlau)
- 2.4 Better Use of Existing Resources/Identify Partners/Identify Other Agencies Doing Trauma Informed Care_in Tempe [Combined Accomplishments] (Dode) - COMPLETE

3.0 Training

- 3.1 Simulation Strategies – (Kastenbaum)
- 3.2 Outreach and Training for Justice, Health Community, Public Officials – (Oliver/O'Grady)
- 3.3 All Departments Use Organization Assessment Tool (Scharlau)
- 3.4 Supervisor Trained to Recognize and Respond to Traumatized Staff (Oliver)

4.0 Education & Opportunity

- 4.1 Education and Outreach – (Tinsley/Lathan)
- 4.2 Outreach, Networking and Training Activities (Foster)
- 4.3 Identify the Populations that are Vulnerable – (O'Grady)

Agenda Item 10 – Commission Member Updates

Melissa Placencia announced her resignation from the City of Tempe.

Agenda Item 11 – Future Agenda Items

- Review Domestic Violence Awareness Memorandum
- Report on Field Trip to Maricopa Victim Services Center

Agenda Item 12 – Adjournment

Meeting adjourned at 7:31 p.m

Next meeting will be on July 21, 2020

Minutes Prepared by: Melissa Placencia

Reviewed by: Paul Bentley

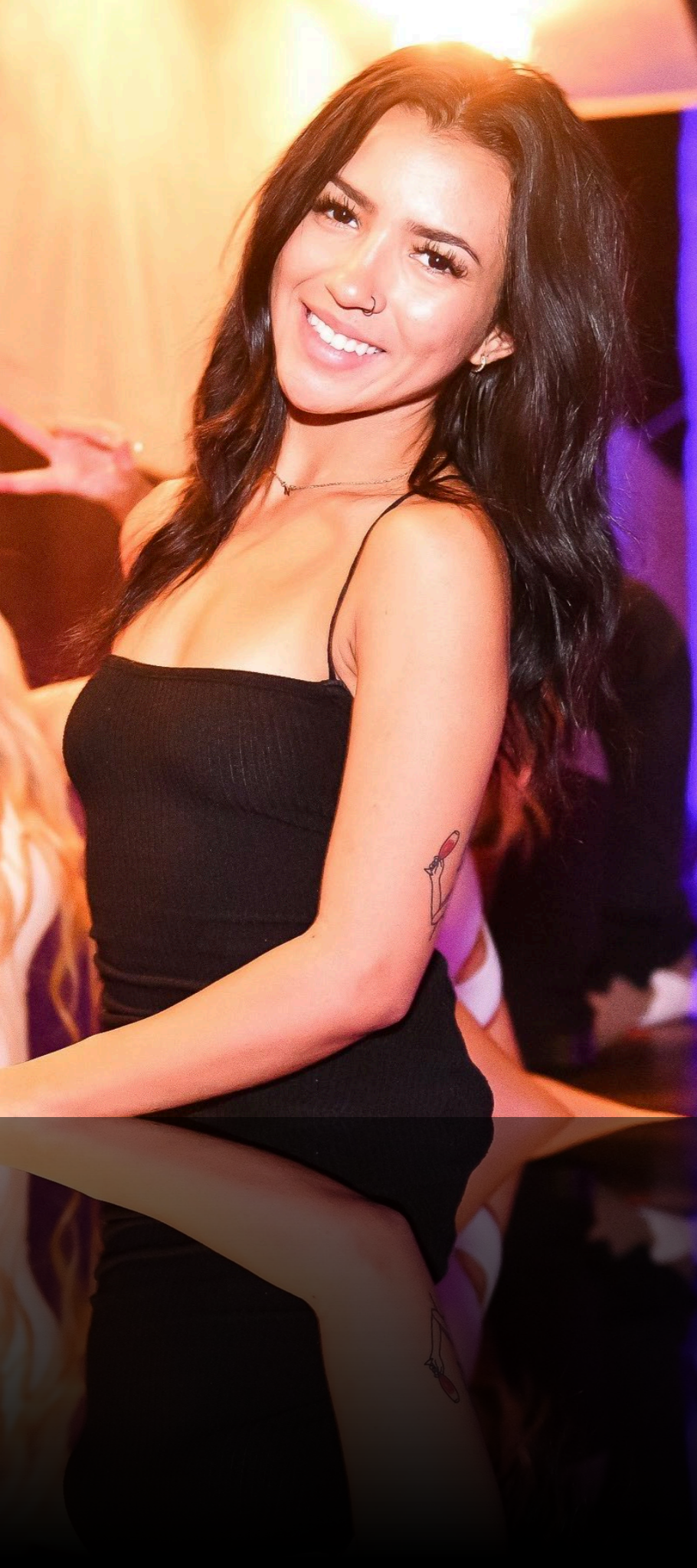
Margaret “Peggy” Tinsley, Chair
Tempe Family Justice Commission

ADOLESCENTS, ACTIVE TRANSPORTATION, & EXPLOITATION.

AN OVERVIEW OF & PROPOSAL TO OVERCOME SUCH ADVERSITY

THE AGENDA

1. About Me
2. S M A R T Goal(s)
3. What is Active School Transport?
4. Exploitation: Before Our Very Eyes
5. Home Is Where the Heart Is...
6. Current Policies (TUHSD)
7. A Plan for Change
8. Stay Connected
9. Resources



ABOUT ME

- Nicole Lujan, Senior @ ASU
- Global Studies (BA) & Educational Studies (Minor)
- Active member of AXΩ Sorority;
 - PHA Executive Council's Dir. Health, Wellness, & Sustainability
 - Walk/Ride to school initiatives
 - Sorority Liaison/Intern for ASU Sexual Violence Prev. & Edu. Program
 - 3 years experience working in Scottsdale's night life district (ages 19-21)

SMART GOAL(S)

1. Increase public awareness surrounding:
 - adolescents using active modes of transportation to/from school
 - the risks of exploitation/abuse/injury faced while in transit
2. Encourage school-sponsored specialized education (workshops, assemblies, infographics)
3. Emphasize concern for safety & wellbeing of students while they are not physically on campus

WHAT IS ACTIVE SCHOOL TRANSPORT?

Active school transport (AST) is a strategy that emphasizes adolescents utilizing active modes of transportation to/from school

(e.g. skating, bicycling, methods on foot, multi-modal efforts & public transportation)

BENEFITS of AST

- Health/Wellness
 - habitual, consistent PA
 - increases PA levels overall (*Faulkner, 2009*)
 - reduced risk of obesity, heart disease, & T2
 - Improves endurance, flexibility, & muscle strength
 - Improves mood overall
 - reduces anxiety/stress
 - greater safety awareness, alertness, concentration
 - enhances child maturation, accountability,
 - opp. for social interaction
- Enviro
 - less costly; more cost effective
 - minimizes traffic noise & congestion
 - less gas emission; less air pollution
 - nature appreciation

WHAT IS ACTIVE SCHOOL TRANSPORT?

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*Please take the following into consideration before engaging in specific AST methods:

- child's age & level of fitness
- total distance to be travelled
- availability & maintenance of safe walking routes

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 - habitual, consistent PA
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EXPLOITATION: BEFORE OUR VERY EYES

Child exploitation involves a perpetrator using a minor for: labor, profit, sexual gratification, or other means of personal advantage (*Team, 2015*). Often, cruel & harmful treatment is initiated towards the child, exhibiting: harassment, aggressive use of force/coercion, invasion of space, stalking, indecent exposure, sexual assault, & unfortunately...

...the list goes on.

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Generally...

- adolescents feel most vulnerable to experiencing sexual harassment by adults while on public transportation *(Leach, 2007)*
 - exposure to such greatly reduces overall desire to attend school
- enduring such adversity during childhood may produce psychosocial problems or stunt natural social growth *(Hall, 2011)*
 - higher levels of depression, guilt & shame, eating disorders, anxiety, repression, denial, dissociative patterns, sexual/relationship problems
 - one study notes only 12.1% of childhood victims examined did not display psychiatric symptoms *(Yüce, & Karabekiroglu, 2015)*

In Arizona...

- Maricopa County
 - reviewed 3,057 cases of child abuse from June 2018 to July 2019 *(Montgomery, 2019)*
 - is home to 4,617 registered sex offenders *(Maricopa County, AZ Sex Offenders Registry, 2020)*

HOME IS WHERE THE HEART IS...

TEMPE UNION HS DISTRICT

- 7 campuses
 - 14,500 students
 - most living within a three-mile radius of their institution (City of Tempe, AZ., n.d.)
 - approximately 30% come from low-income families (City of Tempe, AZ., n.d.)

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- Family Life Education Program
 - 11/13/2017 — District Gov. Board Summit
 - most students participate (as long as they have their permission form)
 - students are eager to learn more than teachers are allowed to present
 - need updated information
 - lacking a social/emotional aspect

“Sex relieves depression. Sex can affect the suicide rate—if kids have sex they may feel better about themselves. Sex is companionship and love.”

— Ms. Berdetta Hodge

CURRENT POLICY IN ACTION

TEMPE UNION HS DISTRICT

- Security Layering (*Safe Secure Schools [In] TUHSD, 2018*)
 - Prevent, Deter, Detect, Delay, Assess, Respond
 - On campus measures:
 - perimeter fencing & visitor access points w/ guards & staff
 - Required visitor check-in & badges to distinguish from faculty
 - high-tech video surveillance
- Emergency Protocol
 - 3 C's: Coordination, Communication, Calm

SAFE ROUTES PARTNERSHIP (*Safe Routes Partnership, n.d.*)

(accepted by Maricopa County Dept. of Public Health, Office of Health Promotion & Education)

- non-profit org. working alongside 800+ partners to:
 - advance safe transport to & from school everyday
 - improve well-being for people of all races, incomes, & abilities
 - build healthy & thriving communities
 - advance policy change

A PLAN FOR CHANGE

- **OFFER INTERACTIVE OPPORTUNITIES TO EDUCATE**
 - Nurses, Counselors, Educators
 - 4 sessions of educational workshops (*most in depth, understanding warning signs, risk factors, emphasis on survivor support*)
 - Parents, Administrative Team, Support Staff
 - 2 workshop sessions (*less group interaction, more information focused than self-discovery/exploratory*)
 - Students
 - voluntary, after-school program (*1 meeting/week, 7 weeks*)
 - Introductory level, *open environment for ?'s*
 - *Discovery-focused*
 - *“Pen Pals” (FSL Peer Educators, SVLP participants, AXΩ)*
 - *Separate M/F groups*
 - *joint group discussion for conclusion (community action planning)*
- **DISTRIBUTE/DISPLAY INFOGRAPHICS & RESOURCES**
- **IMPLEMENT SCHOOL-WIDE FOCUS ASSEMBLIES**
- **CREATE & UTILIZE SAFETY AMBASSADORS**
 - *On campus (students, faculty, “no inactive bystanders!”)*

A PLAN FOR CHANGE

(CONT'D)

- STUDENT TOPICS:
 - *Introductions*
 - *It's All About YOU!*
 - introspection (*self-love, self-confidence, self-respect, self-worth*)
 - the Golden Rule
 - *Health, Wellness, & Sustainability*
 - personal H&W booklet
 - active school transport
 - SAFETY PRECAUTIONS & strategies
(*commuting, risky business behavior, self-protection, etc.*)
 - discuss major laws, consequences, & how *NOT to speak to authorities*)
 - *Consent, Consent, Consent!*
 - what IS considered sexual assault?
 - *Healthy Sexuality*
 - healthy vs. unhealthy relationships
- *boundary setting*
- *sex-education & "myth-busting"*
- *How to be an Active Bystander/Supporter*
 - common barriers to stepping up
 - active listening
 - survivor support tips
- *Community Action Planning*
 - goal setting (*taking action to stand up against/prevent violence*)

A PLAN FOR CHANGE

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 - survivor support tips
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 - goal setting (*taking action to stand up against/prevent violence*)
- ADULT TOPICS:
 - *RISK FACTOR AWARENESS*
 - *INDICATORS/WARNING SIGNS*
 - *CONFIDENTIALITY*
 - *PROVIDING SUPPORT & RESOURCES*
 - *TALKING TO KIDS ABOUT SEX*
 - *SIGNS OF AN UNHEALTHY RELATIONSHIP*
 - *RIDESHARING & CARPOOL INFO*
 - *DON'T DRIVE DISTRACTED*

STAY CONNECTED.

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ALPHA CHI OMEGA (ZETA PI CHAPTER)

ASUAXOPRESIDENT@GMAIL.COM (GRACE BURRY)

DIRECTLY SUPPORTS *THE FIGHT AGAINST*

DOMESTIC VIOLENCE & LOCAL SHELTER,

A NEW LEAF (MESA, AZ)

RESOURCES

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SOCIAL JUSTICE ([HTTPS://CRONKITENEWS.AZPBS.ORG/CATEGORY/SOCIAL-JUSTICE/](https://cronkitenews.azpbs.org/category/social-justice/))

Healing arts: Recovering from sexual assault through creativity

By **Emily Dean** (<https://cronkitenews.azpbs.org/people/emily-dean/>)/Cronkite News

Feb. 18, 2020



Art Against Assault offers workshops that explore technology and gender violence. According to the organization's website, one work provided a "hands-on wearable robotics activity where students can explore their feelings of safety in public and private space." (Phot of Julia O Test)

PHOENIX – Mirabelle Jones took action against sexual assault in an unconventional way.

Jones, a queer, nonbinary artist who uses the pronoun "they," founded [Art Against Assault](https://www.artagainstassault.com) (<https://www.artagainstassault.com>) in 2011 after they were assaulted during the second year of graduate school.

"I was faced with this really intenable decision of either staying in school and trying to push through, or dropping out. I went through a really rough time," Jones recalled. "The thing that got me through was working through my experience as a part of the artwork I was creating in college."

Art Against Assault strives to break the silence around sexual assault and domestic violence through visual, performance and other creative works to raise funds for national and local survivors.

[Every 73 seconds](https://www.rainn.org/statistics/victims-sexual-violence) (<https://www.rainn.org/statistics/victims-sexual-violence>), an American is sexually assaulted. Each year, an average of 433,648 people, age 12 or older, endure rape and other forms of sexual assault in the United States, according to the Rape, Abuse and Incest National Network.

Increasingly, art therapy is being used as a recovery mechanism.

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(<https://cronkitenews.azpbs.org/2020/07/20/civil-rights-leader/>)

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“Art gives people a way of getting what happened to them out there without necessarily having to say it,” she said. “Pictures speak a thousand words, and art is a universal language. In that way, people are finally able to represent something with so much shame attached to it.”

Unlike other therapy methods, an art-based approach gives assault survivors the chance to translate their pain into images and metaphorically show what something felt like without having to say it explicitly.



Mirabelle Jones created Art Against Assault, which stemmed from Jones' graduate school project, "Jarring III," a series of three handmade books that detailed the true stories of 22 survivors of sexual assault. (Photo courtesy of Alex Brown)

“It’s, to a degree, about displacing energy from oneself into the picture,” Foster said. “We don’t have to talk about you, we’re talking about the picture.”

CounterAct, a 2018 Arizona State University initiative, sought to create 880 acts of art to counter the 880 acts of sexual violence that happen every day in the U.S. The initiative was founded through ASU’s Herberger Institute for Design and the Arts.

Steven Tepper, Herberger dean, said CounterAct was conceived when an ASU task force was assigned to create innovative ways to address sexual violence on campus. Tepper said the group began to think of the role art plays in changing culture.

“Whether it’s sexual violence, sustainability, issues of health, issues of migration/immigration... we want artists to be in the middle of all of that,” he said. “We want for their work to engage all different kinds of publics to being part of the solution, for their work to respond to these issues.

“Our goal is not to showcase the arts, it’s about integrating the arts into day to day, ground-level strategy.”



Art can help survivors of sexual assault tap into emotions that would otherwise be unreachable or too painful to experience, artist and assault survivor Mirabelle Jones says. (Photo courtesy of Casey Horsfield)

Jones shared that mindset when creating Art Against Assault, which stemmed from Jones' graduate school project, "Jarring III," a series of three books they made by hand that detailed the true stories of 22 survivors of sexual violence.

Through art, Jones said, survivors can tap into emotions that would otherwise be unreachable or too painful to feel.

"Art can be anything that people need it to be," said Jones, who formerly lived in the Southwest.

"Through the process of making art, we really tap into a lot within us that we didn't know existed. Some things, like words, are more concrete. Art can be abstract, and process those feelings in softer ways as we need to."

Tiara Cash participated as an artist in CounterAct by creating a mantra for assault survivors to sing in group sessions.

Cash, who works as the program manager for the Center for Mindfulness Compassion and Resilience at ASU, said the-three minute mantra gives survivors the opportunity to reclaim their inner dialog.

"Some of the wording is 'I am light, I am strength, I am resolution, I am enough,'" Cash said. "It helps people to really tune into the pieces of ourselves that we might not always think about when we are victims of sexual violence or trauma."

Cash incorporated local artists' music to create a healing experience. It works because of the endless possibilities that art holds as a communication tool for communication, she said.

"When we see visual art or listen to musical art or whatever the art may be, it taps into a different part of ourselves that conversations or words can't, necessarily," Cash said.

Cash has carried the mantra through her work outside CounterAct and recently used it at a convention for female athletes at ASU.

"We had an 'overcome to become' workshop for female student athletes," she said. "There was very sensitive information talked about in that environment, so we used the mantra to close it out, give people a safe space to tune back into themselves and practice some self-compassion and words of kindness before departing."






Jones, who takes Art Against Assault to college campuses, said such work inadvertently can spur traumatic memories.

"When I visited North Carolina, it was the same month that a pretty violent assault had happened on campus," Jones said, "It was a tricky conversation to have, it's thinking of how to have a conversation without it being triggering."

Foster recognizes the importance of new avenues for addressing the stigma around sexual violence, but she stressed expertise and experience.

"I've seen art therapists who aren't trained art therapists, therapists who like art, or worse, artists who like therapy. That's where I see misuse, which can be very dangerous to clients and survivors," Foster said. "Art is very powerful, so it brings up a lot. If you don't know what materials you're using at with whom, it can be very triggering."



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Emily Dean (<https://cronkitenews.azpbs.org/people/emily-dean/>)

Social Justice Reporter, Phoenix

<https://cronkitenews.azpbs.org/people/emily-dean/>  (https://www.twitter.com/emily_mae_dean_)  (<mailto:emdean1@asu.edu>)

dean/

Trauma Responsive Mantra by Tiara Cash (Center for Mindfulness)

LEAVE A COMMENT



MEMORANDUM

TO: Mayor and Council
THROUGH: Naomi Farrell, Human Services Director
FROM: City of Tempe Family Justice Commission
DATE: June 12, 2020
SUBJECT: Sexual Assault Awareness and Prevention Month



Purpose

April is designated as Sex Assault Awareness and Prevention Month. To recognize the prevalence and severity of this crime in Tempe, and in support of the City Council's Safe and Secure Communities, the Tempe Family Justice Commission (TFJC) presents the following information based on its research and makes these recommendations for action. The TFJC intended to provide this memorandum to Mayor and Council in advance of April 2020, but as you are aware, COVID-19 has had direct impact on the Commission's ability to meet. More importantly, COVID-19 has had a direct and negative impact on incidents of sexual violence in Tempe. Shelter in Place orders coupled with financial pressures have led to tension in the home. Families are now together twenty-four hours a day seven days a week, dealing with a variety of mixed emotions and stressors. Isolation from others in partnership with forced togetherness in the home has led to increased sexual, physical and emotional abuse.

Context

According to the Centers for Disease Control and Prevention, sexual violence is a serious problem that can have lasting, harmful effects on victims and their family, friends, and communities. The goal of sexual violence prevention is to stop these crimes from happening in the first place. The solutions are just as complex as the problem. Preventing sexual violence requires addressing factors at all levels of the social ecology - the individual, relational, community, and societal levels.

The Tempe Police Department has had to adapt with the increase in reporting. In 2019 there were 141 sexual assaults reported. Currently, there are six specialty detectives that investigate sexual assaults, two that address internet crimes against children, one sex offender notification detective and one detective who investigates child physical abuse and neglect. All of these detectives are required to receive extensive training in these specific areas which can take up to a year to receive with continued annual trainings.

Best Practices for Assisting Victims of Sexual Violence

The City of Tempe, consisting of city government, non-profit organizations, schools, faith community, business community and families must band together in coordination to address this issue and apply the following best practices:

1. Promote social norms to protect against violence, including bystander approaches and mobilizing as many allies as possible. Although men and boys can be targeted for education, they are also victims and should understand the importance of reporting these crimes.
2. Teach skills to prevent sexual violence, including social-emotional learning, teaching healthy, safe dating and intimate relationship skills to teens, promoting healthy sexuality, and empowerment-based training.
3. Provide opportunities to empower and support victims by strengthening economic supports for women and families and promoting leadership opportunities for youth and especially girls.
4. Create protective environments by improving safety and monitoring in schools, establishing and consistently applying workplace safety policies, and addressing community-level risks through environmental approaches.
5. Support victims to lessen harm, with victim-centered services at a trauma-sensitive facility, including treatment for victims of sexual violence and treatment for at-risk children and families to promote healthy behavior.

Current City of Tempe Practices

The City of Tempe incorporates many, if not all, of these best practices through the actions of the Police Department, Human Services Department and CARE 7. Examples include a robust victim assistance program that has embedded advocates in both the Domestic Violence Unit and the Special Victim Unit of the Tempe Police Department. CARE 7 also provides daily advocacy services for Tempe Municipal Court including assistance with obtaining Orders of Protection. Additionally, CARE 7 has placed Youth Specialists in all seven Tempe high schools and four middle schools to provide supportive social-emotional

services and connection to resources. The Youth Specialists are able to directly connect school-aged victims to advocates who can guide the student and their family through the criminal justice system. The CARE 7 program also provides clinical counseling for victims, free of charge. All victim services, including counseling services, can be accessed remotely, via computer or phone.

The Tempe Police Department (TPD) is part of the Maricopa County Sexual Assault Multidisciplinary Team which works together to provide resources to victims through victim advocates and investigate reports of sexual assaults, collect evidence and ultimately prosecute offenders. The #MeToo movement along with proactive measures taken by Tempe Police to include additional law enforcement trainings and awareness, have continued to ease the process for victims of sexual assault to come forward resulting in rising numbers of reports. The investigations move forward when the victim is ready and at the pace they are comfortable with/can control. The majority of reports involve known suspects and many cases involve DNA and the use of technology (social media and/or devices), both of which can take time to process and analyze. TPD utilizes the Arizona Department of Public Safety (AZDPS) crime lab for DNA processing which can take up to a year depending on the case and resources available at AZDPS.

However, services to victims of sexual violence could be enhanced if the Mayor and City Council consider and implement the recommendations set forth below:

Recommendations

1. Expand the purview of the City Council led workgroup on Sex Trafficking to include exploring best practices toward providing centralized services to victims of sex crimes. Centralized trauma-sensitive services at the local level are proven to result in more positive outcomes for victims. Mayor and Council recently approved a Community Services Complex (CSC) Master Plan. We recommend that centralized victim services be included in that planning process. Examples of such services can be found in surrounding jurisdictions such as Phoenix, Scottsdale, Mesa, Glendale, Chandler and Maricopa.
2. Televisе existing CDC sexual violence awareness videos on Channel 11.
3. Duplicate the City's recent public awareness video campaign on Domestic Violence for Sexual Assault Awareness.
4. Discuss this issue both officially and in casual conversation.
5. Issue a city proclamation acknowledging retroactively this month-long observation.
6. Display a teal blue light on city hall in honor of this event.

Resources:

<https://www.cdc.gov/violenceprevention/sexualviolence/prevention.html>

<https://www.cdc.gov/violenceprevention/intimatepartnerviolence/index.html>

<https://www.rainn.org/SAAPM#Week 1: Speak Out>

<https://www.nsvrc.org/saam/graphics>

<https://www.childwelfare.gov/topics/preventing/prevention-programs/sexualabuse/>

<https://pcaaz.org/>