



MYAC Newsletter

The Mayor's Youth Advisory Commission is a program of the City of Tempe

tempe.gov/MYAC

480-858-2460

SAVE THE DATE

2-24-2022

THE
MAYOR'S
YOUTH
ADVISORY
COMMISSION

Tempe

JOIN US FOR THE 41ST

YOUTH
TOWN HALL

Registration to come!

ESCALANTE COMMUNITY CENTER

YOUTH TOWN HALL

MYAC's annual Youth Town Hall (YTH) is coming up! YTH gives MYAC a chance to talk about important issues in our community with other teens. After YTH we compile a report and present it to the Mayor. These reports have had a big impact in the past and resulted in real change. This year MYAC wants to know what you want to discuss.

Click the survey below!

About MYAC

Tempe's **M**ayor's **Y**outh **A**dvisory **C**ommission (MYAC) is a city commission established in 1980 made up of 30 teens from various areas of Tempe to talk about issues facing youth today. We provide a youth voice in local government and report directly to the Mayor.

VISIT TEMPE.GOV/MYAC TO LEARN MORE

What should we talk about at Youth Town Hall?

[Click here to tell us!](#)

(or use the QR code)





We are in the process of planning a MYAC fundraiser, so keep your eyes out for more details!

Winter Break Self Care

If you're looking to practice some self care over break, try using this Self Care BINGO! Just print it, fill out the squares, and see how many Bingo's you can get.

If you need some self care ideas, [click this link](#). Use the QR code to download the Bingo sheet.

MONTHLY MOTIVATION

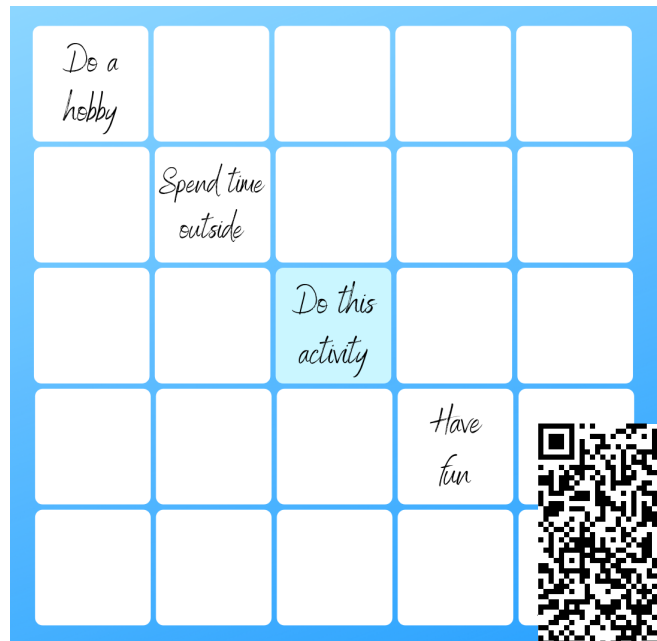
By MYAC Commisioner Johanna Villanueva

It's nearing the holiday season and I would like to congratulate everyone on making it through the semester. Good job! Despite the adversity we are facing in the world today, you are still persevering.

When we get to winter break, take time for yourself and recharge doing things you love. Try staying active! Or pick up an old hobby! Think about all the fun things this time of year brings, including nicer weather, holidays, fun movies, and time with family. Let's use this break to take some well deserved time for ourselves and celebrate. We earned it! Happy Holidays and a Happy New Year from MYAC!

"As long as you keep going, you'll keep getting better. And as you get better, you gain more confidence. That alone is success."

Tamara Taylor



If you connected with one of **CARE 7's Youth Specialists** during the semester, you can still talk with them over the break. [Learn more here.](#)



HAVE A SAFE AND HAPPY HOLIDAYS!



Students are welcome to visit a MYAC meeting! MYAC meets on the 2nd and 4th Tuesday of the month from 4:30-5:30pm. Visit tempe.gov/myac for more information.

For more program details, contact Senior Social Services Coordinator Adrian Cascio at adrian_cascio@tempe.gov

